

May 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

ACTIVITIES SUBJECT TO CHANGE

10:00am Musical Weights (H1)

10:00am Chair Drumming (H1)

10:00am Chair Cardio (GR)
10:45am Hymn Singing (GR)

10:00am Chair Yoga & Guided Meditation (GR)

2:00pm Resident Council Meeting (GR)

2:00pm Entertainment: The Wine Not Band (GR)



2:00pm Coffee Talk: Facts about Space (P3)



9:30am Catholic Communion & Devotion (GR)



10:00am Walking Club (H1/ H2)

10:00am Strength Training (GR)
10:45am Hymn Singing (GR)

2:00pm Cinco de Mayo Social (GR)



2:30pm Bingo (GR)



10:00am Parachute Fun (H1)

10:00am Core & Balance (GR)
10:45am Hymn Singing (GR)

2:00pm Coffee Talk: Springtime Reminiscing (P2)



10:00am Walking Club (H3/ H4)

10:00am Chair Dancing: Disco (GR)
10:45am Hymn Singing (GR)

2:00pm Men's Club (PR)



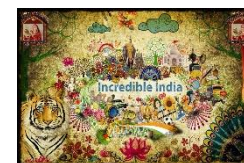
3:15pm Sing Along with AI (GR)



10:00am Music & Movement (H1)

10:00am Chair Yoga & Guided Meditation (GR)

2:00pm Cultural Day: India (GR)



10:00am Walking Club (H5/ H6)

10:00am Chair Cardio (GR)
10:45am Hymn Singing (GR)

2:00pm Entertainment: The Pied Piper (GR)



3:30pm Communion with Father Peter (GR)



<p>11</p> <p>Happy Mother's Day</p>	<p>10:00am Walking Club (H1/ H2) 12</p> <p>10:00am Chair Yoga & Guided Meditation (GR)</p> <p>2:00pm Mother's Day Celebration (GR)</p> <p>MOTHER'S DAY CELEBRATION</p>	<p>10:00am Bean Bag Exercises (H1) 13</p> <p>10:00am Strength Training (GR)</p> <p>10:45am Hymn Singing (GR)</p> <p>2:00pm Ice Cream Floats (GR)</p> <p>2:30pm Bingo (GR)</p>	<p>10:00am Walking Club (H3/ H4) 14</p> <p>10:00am Chair Cardio (GR)</p> <p>10:45am Hymn Singing (GR)</p> <p>1:30pm Rosary with Jane (GR)</p> <p>1:30pm Baking with Wanda (H4)</p> <p>2:00pm Men's Club (PR)</p> <p>3:15pm Sing Along with AI (GR)</p>	<p>10:00am Frisbee Toss (H1) 15</p> <p>10:00am Core & Balance (GR)</p> <p>10:45am Hymn Singing (GR)</p> <p>2:00pm Sewing with Marlene (GR)</p>	<p>10:00am Walking Club (H5/ H6) 16</p> <p>10:00am Chair Dancing: Salsa (GR)</p> <p>10:45am Hymn Singing (GR)</p> <p>2:00pm Entertainment: The Old Time Rhythm Makers (GR)</p>	<p>17</p>
<p>9:30am Catholic Communion & Devotion (GR) 18</p> <p>3:00pm Diamond House Fellowship Service (GR)</p>	<p>Victoria Day 19</p> <p>No Activities Today</p>	<p>10:00am Walking Club (H1/ H2) 20</p> <p>10:00am Core & Balance (GR)</p> <p>10:45am Hymn Singing (GR)</p> <p>2:00pm Lemonade Social (H4)</p> <p>2:30pm Bingo (H4)</p>	<p>10:00am Walking Club (H3/ H4) 21</p> <p>10:00am Strength Training (GR)</p> <p>10:45am Hymn Singing (GR)</p> <p>2:00pm Men's Club (PR)</p> <p>3:15pm Sing Along with AI (GR)</p>	<p>10:00am Musical Weights (H1) 22</p> <p>10:00am Chair Dancing: Pop (GR)</p> <p>10:45am Hymn Singing (GR)</p> <p>2:00pm Did You Know? Facts About Bees (GR)</p>	<p>10:00am Walking Club (H5/ H6) 23</p> <p>10:00am Chair Yoga & Guided Meditation (GR)</p> <p>2:00pm Entertainment: Memory Lane (GR)</p>	<p>24</p>

25

10:00am Walking
Club (H1/ H2)

10:00am Strength
Training (GR)
10:45am Hymn
Singing (GR)

2:00pm Pina Colada
Social (GR)

2:30pm Bingo (GR)



26

10:00am Ball Toss 27
(H1)

10:00am Chair
Dancing: Pop (GR)
10:45am Hymn
Singing (GR)

2:00pm Spa Day:
Foot Masks & Mojitos
(P2)

10:00am Walking 28
Club (H3/ H4)

10:00am Chair Yoga
& Guided Meditation
(GR)

1:30pm Rosary with
Jane (GR)



1:30pm Baking with
Wanda (H5)



2:00pm Men's Club
(PR)



3:15pm Sing Along
with AI (GR)



28

10:00am Balloon 29
Badminton (H1)

10:00am Core &
Balance (GR)
10:45am Hymn
Singing (GR)

2:00pm Resident
Birthday Party &
Bingo (GR)



29

10:00am Walking 30
Club (H5/ H6)

10:00am Chair Cardio
(GR)
10:45am Hymn
Singing (GR)

2:00pm
Entertainment: DonLin
Country (GR)



31

11:00am- 2:00pm
Diamond House
Car Show
Front Parking Lot

