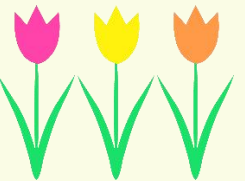


Harwood Manor						Activity Calendar
May 2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Norma Squair Annie Burnouf Elsa Holtzhausen Ken Meena Victori McCoy	May 6, 1934 May 18, 1934 May 19, 1940 May 20, 1934 May 24, 1933		1 Get Crackin' H4 9:15 Group Exercise H3 10:00 Group Exercise H4 10:00 Catholic Church 1:30 Travelogue "Australia" 	2 Individual Exercise 9:45 Sit N' Be Fit 10:30 Cribbage H3  1:30 BINGO	3 **Activities are subject to change without prior notice**
4 	5 Individual Exercise 9:45 Sit N' Be Fit 10:30 Kaiser H4 1:30 Multicultural Day "Vietnam" 	6 Get Crackin' H1 9:15 Group Exercise H3 10:00 Group Exercise H4 1:30 Pool Noodles Balloon Toss 	7 Get Crackin' H3 Individual Exercise 9:45 Sit N' Be Fit 10:00 United Church 1:30 Birthday Party H1 	8 Get Crackin' H4 9:15 Group Exercise H3 10:00 Group Exercise H4 10:00 Anglican Church 1:30 BINGO 	9 Individual Exercise 9:45 Sit N' Be Fit 10:30 Dominoes H3 1:30 ENTERTAINMENT "Mother's Day Celebration with Joan & Wilf Rice" 	10 
11 	12 Individual Exercise 9:45 Sit N' Be Fit 10:00 Gardening Preparation 1:30 Birthday Party H4 	13 Get Crackin' H1 9:15 Group Exercise H3 11:00 Hangman 1:30 BINGO 	14 Get Crackin' H3 Individual Exercise 9:45 Sit N' Be Fit 10:00 Hymn Sing H3 1:30 ENTERTAINMENT "The Old Timers" 	15 Get Crackin' H4 9:15 Group Exercise H3 10:30 Crossword 1:15 Volunteer Day 	16 Individual Exercise 9:45 Sit N' Be Fit 10:30 Cribbage H3 1:30 Gardening 	17 
18 	19 No Recreation	20 Get Crackin' H1 9:15 Group Exercise H3 1:30 Gardening 	21 Individual Exercise 9:45 Sit N' Be Fit 10:30 Hymn Sing H1 1:30 Entertainment "Curtis Avery" 	22 9:15 Group Exercise H4 11:00 Baking 1:30 Birthday Party H3 	23 Individual Exercise 9:45 Sit N' Be Fit 10:30 Hymn Sing H3/H4 1:30 BINGO 	24 
25 	26 Individual Exercise 9:45 Sit N' Be Fit 10:30 Hymn Sing H1 1:30 Cards & Games 	27 Get Crackin' H1 9:15 Group Exercise H3 10:00 Group Exercise H4 1:30 Painting Class with Dorothy Schmidt 	28 Get Crackin' H3 Individual Exercise 9:45 Sit N' Be Fit 10:30 Hangman 1:30 Video Concert "Engelbert Humperdinck" 	29 Get Crackin' H4 9:15 Group Exercise H3 10:00 Group Exercise H4 10:30 WELLNESS H1 1:30 Outdoor Activities 	30 Individual Exercise 9:45 Sit N' Be Fit 10:30 WELLNESS H3 11:00 WELLNESS H\$ 1:30 BINGO 	31 

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May 2025						
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