

# HILLVIEW MANOR NEWSLETTER 2025



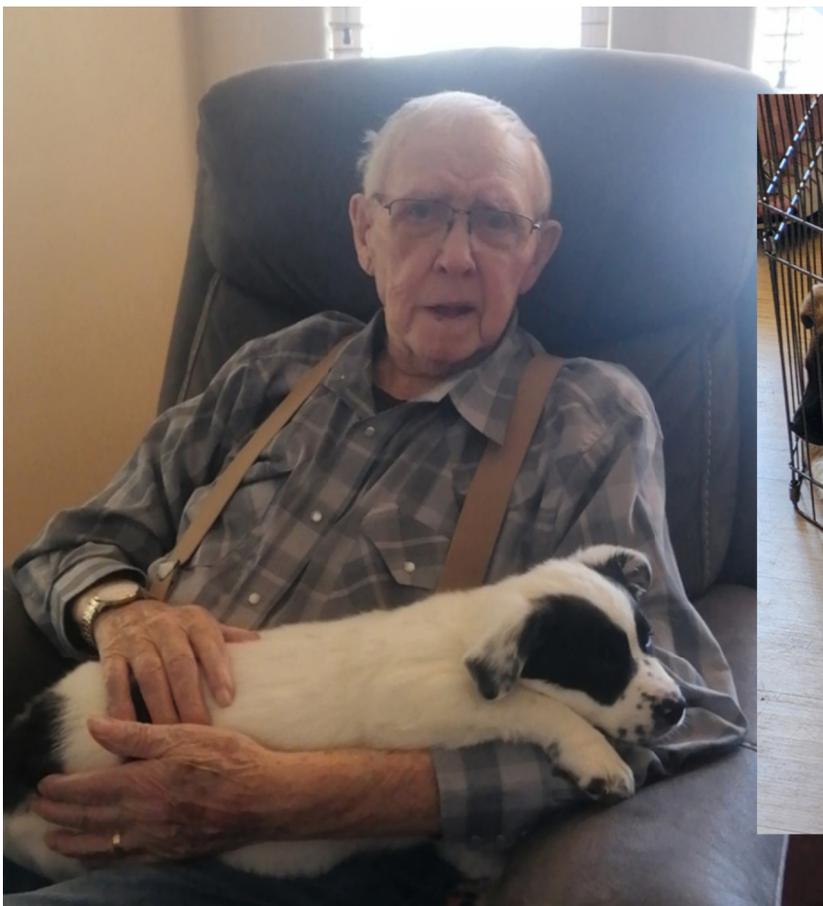
**ISSUE TWO**



Well February arrived with a vengeance!! We were in a deep freeze where temps were -40C to -50C with windchill. To say it was cold was an understatement. It finally warmed up the last week. However we all know that is not the end of the cooold weather

The monthly calendar was filled with the usual assortment of activities. A brand new activity is Drumming. The music is cranked and they can drum along to the beat. The folks are enjoying their time although they say drumming is hard work....their arms are sore and stiff!

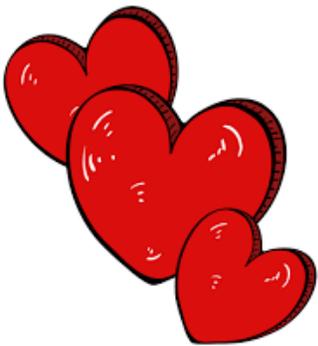
Chantel brought her 9 puppies to spend an hour with our residents. Between the staff and residents those puppies got lots of love and cuddles. More then one resident would have loved to be able to keep them.....right Ron?



A group of ladies worked on a couple of crafts geared toward Valentines. We saw a lot of creativity and hard work go into their projects



Our residents gathered on the 14<sup>th</sup> to celebrate Valentines Day. Music, games, songs, laughter and goodies were on the adjenda. But the highlight was the crowning of the King and Queen of Hillview Manor 2025. Congratulations to Ken Geisel and Margorie Stepp



Four of our lovely folks celebrated Birthdays in February.

Feb 10<sup>th</sup>.....Allan Davis

Feb 17<sup>th</sup>.....Irene McKinney

Feb 22<sup>nd</sup>.....Grace Carlson

Feb 24<sup>th</sup>.....John Dyck



The birthstone for Feb is the Amethyst, a purple variety of quartz. They can range in colour from lilac to deep wine.

The birth flowers for Feb are Violets and Irises. These flowers symbolize faithfulness, loyalty and wisdom.

Allan and Irene share the birth sign of Aquarius. They say people born under this sign are known for being intelligent, unpredictable, unique and creative.

Grace and John share the birth sign of Pisces. Pisces are said to be sensitive, empathetic, artistic and creative. They are often seen as the “agony aunts or uncles” of the group because they often knew what people needed before they knew themselves.



We need to acknowledge and celebrate Grace Carlson this month.

Grace celebrated her 100<sup>th</sup> Birthday!!!!

Grace doesn't let her age slow her down. She is front and center for all our entertainers. She is a force to be reckoned with at games like BeanBag Toss or Curling. Games like Snakes and Ladders and SkipBo are lots of fun and she is always happy when there is time for one more game. Grace is always the first to arrive for Bingo. I mean who doesn't like to win a little cash? I speak for everyone when I say it is our privilege to know Grace.

Also a big thank you to Susan Shephard who came out of retirement to provide the music for Graces' party.

**HAPPY 100TH BIRTHDAY**



Grace was born February 22<sup>nd</sup>, 1925 on a farm in the Estevan area. She was one of 10 children, 4 girls and 6 boys, Sadly baby#10 passed away at an early age. She said they grew up poor as church mice but as kids didn't really know it at the time. Her fondest memories as a child took place on the farm, there was no sitting around inside, they played lots of hours outside. But it wasn't all fun and games. Grace said she always had chores to do ever since she was "knee-high to a grasshopper." Some of those chores included scrubbing floors, picking weeds, and milking cows since she was the age of 8.

School was a one room with 49 students all of different grades. Grace said her favourite subject was arithmetic. The school was heated with a coal burning furnace that her brothers were in charge of. The family lived about 2 miles from the school. They walked in the warm months and her dad took them by team and sleigh in the winter. In the spring/summertime they played softball in the schoolyard. When the weather was cold they played some indoor curling. The rocks were made of blocks of wood. In the winter the school had a big Christmas concert. Everyone looked forward to it and everyone took part. The evening would end with the arrival of Santa. Everyone got a bag with an orange and some candy. Christmas was focused on the family. Everyone was very happy, they were all treated equally. The farm was about 15 miles from Estevan so every Sunday the family gathered together in their home for prayer and rosary. Grace met her husband Milo when she was 19 or 20 years old. They had a short engagement before getting married. Milo wanted to travel to the coast to see his folks. In those days, unlike today, it wasn't proper to travel together unless you were a married couple. They travelled by train to the coast. It was much faster than driving.

Grace and Milo had two children, a son and a daughter. The family was raised on the farm until 1975. Sadly their son passed away unexpectedly at the age of 62. Grace has 3 grandchildren and 3 greats. Unfortunately none of them live terribly close so she doesn't get to see them that often.

Grace said things were different years ago. Nowadays Grace spends her free time on her Ipad. That was something you couldn't even have imagined many years ago. So definitely technology is near the top of the list. Grace says goodness we didn't even have electricity. Even the simplest of things have evolved. Growing up they grew as much of their food as was possible. Gardening wasn't a hobby but a necessity. She would bake 8 loaves of bread at a time. The whole house would smell wonderful. Of course now you can go to the store and buy everything ready made. A luxury not readily available 100 years ago.

Being raised on a farm sometimes there were situations that arose that required you to step out of your comfort zone and get to work. As a farm wife there was the occasion Grace helped a cow deliver her calf. Mother and calf were both fine. This was the last calf born on the farm and she has the distinction of being able to say she helped bring it safely into the world.

As a young girl on the farm and as a wife the mantra was the same....work hard and work together and you will get there

She said right now politics are devastating as we see what is going on between Trump and Trudeau. But she does like to know what is going on in the world and with her family. And that's where technology and her Ipad come in handy.

*Worrying is like paying a debt you don't owe*

Don't get all weird  
about getting older!

Our age is merely  
the number of years  
the world has been  
enjoying us!



**Our monthly outing to Make Music With Friends had to be cancelled. It was just way to cold to take out our seniors. In fact on the 19<sup>th</sup> Estevan had the distinction of being the 5<sup>th</sup> cold place in the world! Even the North Pole was 10 degrees warmer**



We had some of our entertainers come visit us. The Szackas Family, Caragana Ramblers, Wilma and Val along with a couple of the Grandkids, and Susan Shepard who came especially to entertain for Graces' Birthday.

On a somber note we must acknowledge the sudden passing of Keith Olson. He was part of entertainers Keith and Gary. He suffered a heart attack on Feb 7<sup>th</sup> and passed away in Regina. Keith had this deep rich voice that was easy to listen to. He also had a great sense of humour. He and Garry travelled the countryside providing music and entertaining folks for over 50 years. I think I speak for everyone when I say they will be missed.

We want to welcome Thelma and Alford Fracke to House 1 and Hillview Manor. Its great to see them taking part in various activities.

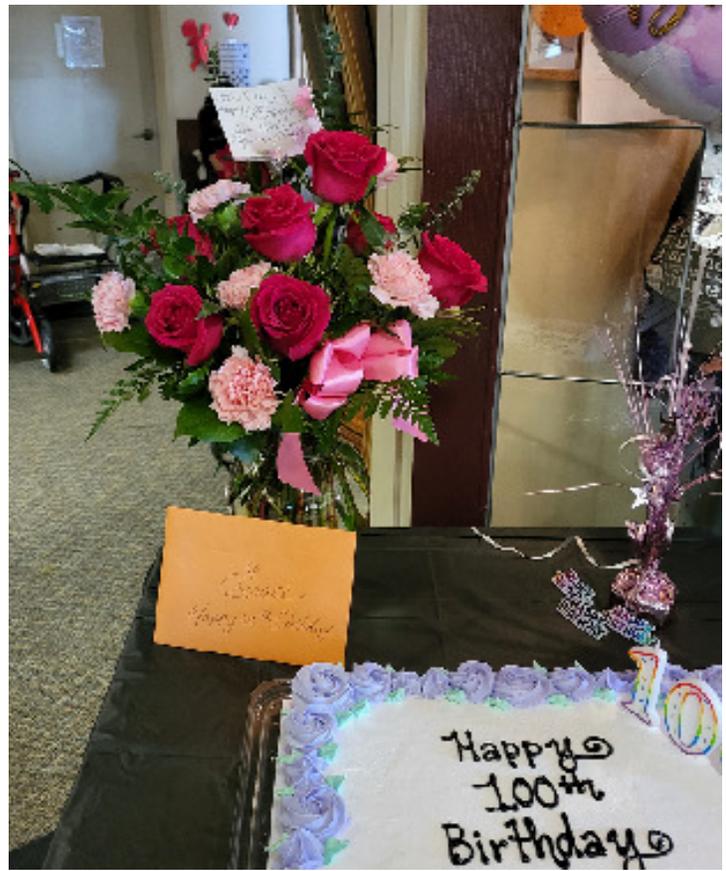


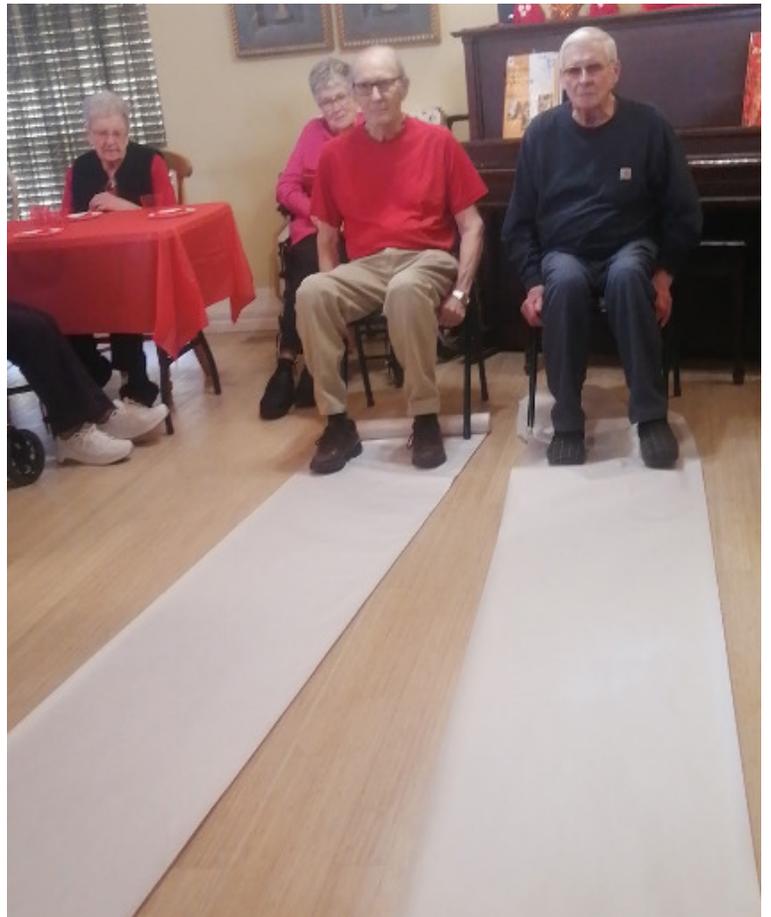
*When older people say, "Enjoy them while they are young". They are talking about your knees and hips, not your kids.*

*Kindness is the language which the deaf can hear and the blind can see*

Mark Twain











# 2025



**Gospel Chapel**  
1:30

17  
10:00- Communion  
10:30- One on One  
11:00- Manicures  
2:00-**St. Patrick's Day Coin Hunt**  
4:00-Skip Bo  
**Happy St. Patrick's Day**

18  
10:00-Exercise  
11:00- Card Bingo  
1:15 SR (H1&2)  
2:00-Bean Bag Toss  
3:45-Drumming (FR)

19  
10:00- Exercise  
11:00- Card Bingo  
2:00-Indoor Curling  
4:00- Devotions (FR)

20  
9:30-1:00-  
**Walmart/Fired Up Grill**  
2:00 Card Bingo  
3:45- Snakes & Ladders (FR)

21  
10:00-Exercise  
11:00-Bean Bag Toss  
1:45- Bingo  
3:45- Skip Bo



23  
10:00-Communion  
10:30-Baking  
11:00- Manicures  
2:00-Card Bingo  
3:45-SkipBo

24  
10:00-Exercise  
11:00- Card Bingo  
2:00-**Crafts with the Public Library (FR)**  
3:45-Snakes & Ladders (FR)

25  
10:00- Exercise  
11:00- Card Bingo  
1:15 SR (H1&2)  
2:00- Bean Bag Toss  
3:45-Drumming (FR)

26  
10:00- Exercise  
11:00- Card Bingo  
2:00- Indoor Curling  
3:45-Yahzee (FR)

27  
10:00- Exercise  
11:00- Card Bingo  
2:00- Indoor Curling  
3:45-Yahzee (FR)

28  
10:00- Exercise  
11:00- Bean Bag Toss  
1:45-Loonie Bingo  
3:00- Wine & Cheese (FR)  
3:45-Skip Bo

29  
10:00Communion  
10:30- Monthly BP's  
11:00- manicure  
1:15-SR(H1&2)  
2:00- Card Bingo  
3:45- Skip Bo

30  
10:00-Exercise  
11:00- Card Bingo  
2:00- **Public Library (FR)**  
3:45-Snakes & Ladders (FR)

31  
10:00- Exercise  
11:00- Card Bingo  
2:00- Indoor Curling  
3:45-Yahzee (FR)

32  
10:00- Exercise  
11:00- Bean Bag Toss  
1:45- Bingo  
3:45- Skip Bo

33  
10:00- Exercise  
11:00- Bean Bag Toss  
1:45- Bingo  
3:45- Skip Bo

34  
10:00- Exercise  
11:00- Bean Bag Toss  
1:45- Bingo  
3:45- Skip Bo

35  
10:00- Exercise  
11:00- Bean Bag Toss  
1:45- Bingo  
3:45- Skip Bo

\*Activities subject to change\*

(FR)-Family Room (H)- House

6  
10:30- **Resident Meeting (FR)**  
2:00-Card Bingo  
3:45-Yahzee (FR)

7  
10:00- Exercise  
11:00-Bean Bag Toss  
1:45- Bingo  
3:45-SkipBo

5  
10:00-**Catholic Mass**  
11:00-Exercise  
1:15- **Trinity Lutheran (H3)**  
2:00-Card Bingo  
3:45-Drumming (FR)

13  
10:00- Exercise  
11:00- Card Bingo  
1:15 SR (H1&2)  
2:00-**Wilma & Val (Monthly Birthdays)**  
3:45-Snakes & Ladders (FR)

14  
10:00- Exercise  
11:00-Bean Bag Toss  
2:00- **Szackas Family**  
3:45-SkipBo  
**Janet Termes 83**

15  
10:00- Communion  
10:30- One On One  
11:00- Manicures  
1:30-4:30-**Make Music with Friends**

4  
10:00-Exercise  
11:00-Card Bingo  
2:00 Indoor Curling  
3:45-Snakes & Ladders (FR)

12  
10:00-Exercise  
11:00-Card Bingo  
2:00-**Caragana Ramblers**  
3:45-Yahzee (FR)

11  
10:00-Exercise  
11:00-Card Bingo  
2:00- Indoor curling  
3:00- **Public Library Book Exchange**

10  
10:00- Communion  
10:30- One On One  
11:00- Manicures  
1:30-4:30-**Make Music with Friends**

9  
10:00- Communion  
10:30- One on One  
11:00- Manicures  
2:00-**St. Patrick's Day Coin Hunt**  
4:00-Skip Bo  
**Happy St. Patrick's Day**

8  
10:00- Communion  
10:30- One on One  
11:00- Manicures  
2:00-**St. Patrick's Day Coin Hunt**  
4:00-Skip Bo  
**Happy St. Patrick's Day**

3  
10:30-Baking  
11:00-Manicures  
1:15-SR(H1&2)  
2:00-Card Bingo  
3:45-SkipBo

2  
10:30-Baking  
11:00-Manicures  
1:15-SR(H1&2)  
2:00-Card Bingo  
3:45-SkipBo

1  
10:30-Baking  
11:00-Manicures  
1:15-SR(H1&2)  
2:00-Card Bingo  
3:45-SkipBo

