

Harwood Manor		April 2025					Activity Calendar
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 Get Crackin' H1 9:15 Group Exercise H3 10:00 Group Exercise H4 1:30 Easter Decoration 2:00 Cribage H3 	2 Get Crackin' H3 Individual Exercise 09:45 Sit N' Be Fit 10:30 Word Scramble H3 1:30 Card and Games 	3 Get Crackin' H4 9:15 Group Exercise 10:00 Catholic Church 10:30 Crossword 1:30 Spa Day 	4 Individual Exercise 09:45 Sit N' Be Fit 1:30 BINGO 	5 **Activities are subject to change without prior notice**	
6 	7 Individual Exercise 09:45 Sit N' Be Fit 10:00 United Church 11:00 Bakin' H3 1:30 Birthday Party H3 	8 Get Crackin' H1 9:15 Group Exercise H3 10:00 Group Exercise H4 10:30 Cribbage H3 1:30 Travelogue "Maldives" 	9 Get Crackin' H3 Individual Exercise 09:45 Sit N' Be Fit 10:30 Hymn Sing H1 1:30 Entertainment "The Old Timers" 	10 Get Crackin' H4 9:15 Group Exercise 10:00 Anglican Church 11:00 Bakin' 1:30 Birthday Party H1 	11 Individual Exercise 09:45 Sit N' Be Fit 1:30 BINGO 	12 	
13 	14 Individual Exercise 09:45 Sit N' Be Fit 10:30 Word Scramble H1 10:30 Dominoes H3 1:30 Bible study 1:45 Canteen 	15 Get Crackin' H1 9:15 Group Exercise H3 10:00 Group Exercise H4 10:30 Hangman 1:30 Karaoke Afternoon 	16 Get Crackin' H3 Individual Exercise 09:45 Sit N' Be Fit 10:30 Hymn sing H3 1:30 Entertainment "Doug Sylvester" 	17 Get Crackin' H4 9:15 Group Exercise 11:00 Crossword 1:30 BINGO 	18 No Recreation	19 	
20 	21 Individual Exercise 09:45 Sit N' Be Fit 10:30 Word Scramble H1 10:30 kaiser H4 1:30 Easter Egg Hunting 	22 Get Crackin' H1 9:15 Group Exercise H3 10:00 Group Exercise H4 1:30 Video Concert "Daniel O'Donnell"	23 Get Crackin' H3 Individual Exercise 09:45 Sit N' Be Fit 1:30 Multicultural Day "Ukraine" 	24 Get Crackin' H4 9:15 Group Exercise 11:15 Casino Lunch 2:00 Cribbage 	25 Individual Exercise 09:45 Sit N' Be Fit 1:30 BINGO 	26 	
27 	28 Individual Exercise 09:45 Sit N' Be Fit 10:30 WELLNESS H1 11:00 WELLNESS H3 1:30 Outdoor Fun 	29 Get Crackin' H1 9:15 Group Exercise H3 10:00 Group Exercise H4 10:30 WELLNESS H4 1:30 Movie Afternoon 	30 Get Crackin' H3 Individual Exercise 09:45 Sit N' Be Fit 10:30 Hymn Sing H4 1:30 Entertainment "Eagle West Valley Band" 	 <p> Agnes Lucarz April 7, 1924 Roman Buziak April 16, 1932 Bill Swistun April 16, 1934 </p> <p style="text-align: center;">Happy Birthday</p>			

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