

Views From
the
Hill Top



MARCH 2025



**According to the ground hogs around Saskatchewan,
we're due for an Early Spring!**



If it were up to me, I'd hope that

March Comes in like a lion and



Goes out like lamb!

Speaking of which, is there any truth to that saying?? Weather sayings are as colorful as our imagination. While many sayings are based on careful observations and turn out to be accurate, others are merely rhymes or beliefs of the people who came before us. Those people often believed that bad spirits could affect the weather adversely, so they were cautious as to what they did or did not do in certain situations. Those beliefs often included ideas that there should be a balance in weather and life. So; if a month came in bad (like a lion), it should go out good and calm (like a lamb). With March being such a changeable month, in which we can see warm spring-like temperatures or late-season snowstorms, you can understand how this saying might hold true in some instances. We can only hope that if March starts off cold and stormy that it will end warm and sunny, but the key word is hope. However, this saying seems to be more of a rhyme rather than a true weather predictor.

Some other March related lore includes:

- *A dry March and a wet May? Fill barns and bays with corn and hay.*
- *As it rains in March, so it rains in June.*
- *March winds and April showers? Bring forth May flowers.*

According to the Weather Almanac – March weather

March 1–9 – Rain and snow eat, snow west; chilly

March 10–14 – Sunny, mild

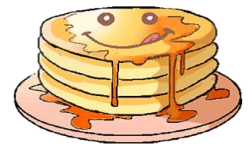
March 15–18 – A little rain and snow, turning cold

March 19–21 – Sunny; cold then mild

Special Days and Holidays in MARCH

March 4th – Shrove Tuesday

Shrove Tuesday, also known as Pancake Tuesday, is the last day before the long fast for Lent for some Christians in Canada. It often coincides with a fall close to the dates for the winter carnival celebrations that occur in the January/February period.



Shrove Tuesday

March 5th – Ash Wednesday

Many Christians in Canada mark Ash Wednesday as the first day of Lent.

It is preceded by Shrove Tuesday. It is the beginning

Fast; the six weeks of penitence b



March 8th – International Women’s Day



International Women's Day (IWD), originally called International Working Women's Day, is marked on the 8th of March every year. It is a major day of global celebration of women. In different regions the focus of the celebrations ranges from general celebration of respect, appreciation and love towards women to a celebration for women's economic and social achievements.



March 9th – *Daylight Saving Time starts*

In the regions of Canada that use daylight saving time, it begins

On the second Sunday of March at 2:00 am and ends on the

First Sunday in November. As a result, daylight saving time

Lasts in Canada for total of 34 weeks, about 65% of the entire year. Our

province; Saskatchewan and Yukon remain on standard time throughout the

year, which means of course that we do not have worry about changing our

clocks!

March 10th – *Commonwealth Day*

Commonwealth Day is celebrated on the second Monday of March. It is the day when Commonwealth countries, which represent a quarter of all humanity, acknowledge their common bonds and the contribution of the Commonwealth of Nations to the creation of a harmonious global environment. The holiday is celebrated with a different theme every year.

The second Monday in March was chosen as Commonwealth Day because it is a day when all schools throughout the Commonwealth are in Session.

Commonwealth leaders agreed that the day should be used to promote

knowledge of the Commonwealth, particularly among the young people of their countries.

March 17th – *St. Patrick's Day*

St. Patrick's Day is a public holiday in the Canadian province of Newfoundland and Labrador on the nearest Monday to March 17th each year.



This event commemorates the life of St. Patrick, a missionary who worked in Ireland and is said to have died on March 17 in the fifth century. He played an important role in converting the inhabitants of Ireland to Christianity. Now, his feast day is an opportunity to celebrate Irish culture.

To all who claim Irish heritage, you are wished a Happy St. Patrick's Day!!

March 20th – *First Day of Spring*



In Canada and the rest of the northern hemisphere, the first day of the spring season is the day of the year when the Sun crosses the celestial equator moving northward (on March 20th or 21st). This day is known as the Vernal Equinox.

A common misconception is that the earth is further from the sun in winter than in summer. Actually, the earth is closest to the sun in December which is winter in the Northern hemisphere.

Happy Birthday



To the following Hill Top Manor Residents:

March 16th – Harvey Johnson

March 25th – Elma McCormick



For each petal on the shamrock, this brings a wish your way.
Good health, good luck, and happiness for today and everyday.

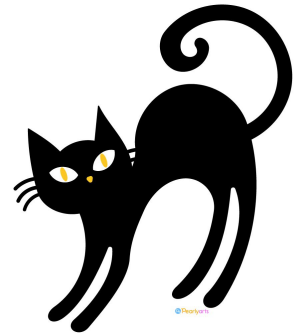
Happy Birthday!



Resident Birthday Party on March 27th at 3:00pm!

♣ Do you remember these “Bad Luck” superstitions?

- ♣ Finding a four leaf clover means good luck, but if you lose it, you lose your luck.
- ♣ **A black cat walking in front of you is bad luck.**
- ♣ It is bad luck to close a knife that someone has opened.
- ♣ Breaking a mirror will give you bad luck.
- ♣ To refuse a kiss under the mistletoe causes bad luck.
- ♣ Placing a hat on your bed will give you bad luck.
- ♣ It is bad luck to walk under a ladder.
- ♣ It is unlucky to sit with crossed legs while playing cards.
- ♣ Placing keys on a table will give you bad luck.
- ♣ It is bad luck to change a horse’s name.
- ♣ Turning a loaf of bread upside down after someone has taken a slice from it is bad luck.
- ♣ It is bad luck to take a broom with you when you move; you should throw it away.
- ♣ You will have bad luck if you start a trip on Friday.
- ♣ It is unlucky to open an umbrella inside a house.
- ♣ It is unlucky to cut your nails on Friday and Saturday.
- ♣ You can break a bad luck spell by turning seven times in a clockwise circle.
- ♣ To give someone a purse or wallet without money in it will bring that person bad luck.



♣ Now for some “Good Luck” superstitions..

- ♣ A horseshoe hung above a door brings good luck.

- ♣ If a frog enters your home it is a sign of good luck.
- ♣ If a spider spins its web in the morning it's a sign of good luck.
- ♣ A lock of hair from a baby's first haircut should be kept for good luck.
- ♣ If the first butterfly you see in the year is white you will have good luck all year.
- ♣ Never mention you have good luck without knocking on wood.
- ♣ Wearing your birthstone will bring you good luck.
- ♣ A rabbit's foot brings good luck.
- ♣ Clothes worn inside out will bring you good luck.



Things an Irishman might say ...

- ♣ Of a tall, large woman – “That’s a fine door full of a woman.”
- ♣ Of a gossip – “She has a tongue that would clip a hedge.”
- ♣ Of very bad music – “Aw, that’s the tune the old cow died of.”
- ♣ Of one who overstays their welcome – “If that man went to a wedding, he’d stay for the christening.”
- ♣ Of a talkative person – “That man would talk the teeth out of a saw.”
- ♣ Of a person who paid too much for a cow – “He bought every hair in her tail.”
- ♣ Of a thief – “He’d steal the sugar out of your punch.”
- ♣ Of bad aim in shooting – “He wouldn’t hit a hole in a ladder.”
- ♣ Of very wet weather – “It’s a fine day for young ducks.”
- ♣ Of someone who always plans carefully – “If he’s not fishing, he’s mending his nets.”



Anagrams (a word or a phrase made from rearranging the letters of another word or phrase)... Very Clever!

- **PRESBYTERIAN:** When you rearrange the letters: **BEST IN PRAYER**
- **ASTRONOMER:** When you rearrange the letters: **MOON STARER**
- **THE EYES:** When you rearrange the letters: **THEY SEE**
- **THE MORSE CODE:** When you rearrange the letters: **HERE COME DOTS**
- **DORMITORY:** When you rearrange the letters: **DIRTY ROOM**
- **ELECTION RESULTS:** When you rearrange the letters: **LIES- LETS RECOUNT**
- **SNOOZE ALARMS:** When you rearrange the letters: **ALAS! NO MORE Z'S**
- **A DECIMAL POINT:** When you rearrange the letters: **I'M A DOT IN PLACE**
- **ELEVEN PLUS TWO:** When you rearrange the letters: **TWELVE PLUS ONE**
- **SLOT MACHINES:** When you rearrange the letters: **CASH LOST IN ME**

Bingo Beginnings

Bingo has been around for centuries, but was not always known as bingo. Bingo owes its origins to Italy during the 1500s and eventually the game caught on in France where it was lotto game.



known as a

As individuals immigrated to North America or visited European countries, the lotto game spread. A variation of the game was a hit at carnivals across the United States. Players were given numbered cards for a fee, and a 'caller' would pull numbered disks out of a bag. If a player had the number called, he/she would

place a bean on a card. When a row of numbers on the card was filled with beans, the player would shout 'Beano'!

A toy company owner named Edwin Lowe came across a carnival in Georgia where he observed the game. He crafted the game for his own personal play. He invited friends to try their luck at the game. One excited player stood up and called 'Bingo' instead of 'Beano' when she won. Lowe knew the game — with a name change— would be a hit. He marketed the game and it caught on quickly.

Over time, there weren't enough numbered card variations to meet the needs of big crowds. Lowe hired a university mathematician to come up with a greater amount of numbered cards.

Today Bingo is still very popular and it remains an effective way for churches and other groups to raise funds. While beans or chips have been replaced with Bingo markers and fancy calling systems, the original concept still remains close to the same game invented many years ago!



MARCH

The moon of March comes roughly riding in,
Spring sitting on its shoulders like a child;
With frisky lambs, unseasonably mild,
And roaring lions with their cubs and kin.
March has the wit to lose, the wit to win,
With north and south winds hardly reconciled;
But in the bush the maple sticks are piled,
Ready to help the sugaring begin.
A month of contradictions: snowdrops rise
To find their bloom betrayed by colder snow.
The early robin takes us by surprise
To shiver in a storm's unkindly blow;
But then the shamrock, lovely to the eyes,
Greenly reminds us winter has to go.

In Loving Memory of

Our sympathy and prayers to the family and friends of **Rita Sidloski** who passed away on February 1st at the age of 91.

Our sympathy and prayers also to Birdene Keefe and the family and friends of **Gary Keefe** who passed away on February 11th at the age of 82 years.

We will miss them both very much!

We have a **PRIVATE** Facebook page.

This page is for the family members of our residents. To gain access on Facebook, go to **Hill Top Manor Weyburn** and request to join the group. Once approved, you will have access to information and pictures showing your loved ones in their daily activities. We hope to see you there soon! There is a required question that **must** be answered to be approved!



P.S. Family is most welcome to share your photos to the group also! You may also share them by emailing them to activities.htm@sasktel.net

Did you know...?

We

have in-house pedicures available to our residents! Marnell Eagles comes every few weeks and offers a range of foot care services. To ask about pricing or to book an appointment, call Marnell at 306-421-7691.



**HEARING AID
CLINIC**

Friday March 28th
in the family room
at **10:15am.**

See you there!

HILLTOP HAIR SALON – open on **Tuesdays** from 9:00 am – 5:00 pm

(Sign up for appointments on the white board by the salon door)

Kathy Piel (306) 891 - 1990



St. Patrick's Day Word Search



P O T O F G O L D B E E T S L
O S F R A C H G C U I V E L U
S O H B O W S C L O V E R E W
T A M A R C H R A D O W S P I
L R U C M U C K Y L O E P R A
U C W I K R A I N B O W K E Y
K A T R S G O N D U R L U C K
T H E T G O S C P L E R P H A
C T O I R N T D K O G M R A I
C O R N E D B E E F R C A U R
E T I R E L A N D O S H E N I
W O W N N D O W T L K Y D O S
L E A I S T H P A R A D E T H
T R A D I T I O N R O P C E D
A P A T R I C K M A F C T H A



CLOVER
COINS
CORNERED BEEF
TRADITION
GREEN

IRELAND
IRISH
LEPRECHAUN
LUCK
MARCH

PARADE
PATRICK
POT OF GOLD
RAINBOW
SHAMROCK



IT'S SPRINGTIME!

Everything starts to come back to life in the Spring! From the birth of baby animals to the blooming of vegetation to the rebirth and revitalization of just about everything.

ALLERGY
BEES
BLOOM
BREEZE
BUTTERFLIES
CHIRPING
DAFFODIL
EARTHWORM
FERTILIZE
FRESHNESS
FROGS
GARDENING
GRASS
GREENERY
GROWTH
KITE
NESTING
POLLEN
RENEWAL
SEEDLING
SHOWERS

M	M	I	C	C	X	G	Y	M	F	G	S	S	O	M	Z	Z	H	L
L	M	M	U	F	Z	Q	H	F	L	P	J	G	T	F	B	W	W	C
A	G	R	K	G	L	Q	I	A	F	J	P	O	A	A	E	K	N	U
M	O	O	L	B	A	T	N	Y	T	Q	E	R	O	O	M	F	B	S
W	J	W	B	V	W	R	T	U	Z	N	R	F	Q	T	T	P	T	R
J	P	H	J	S	E	B	V	L	K	N	A	H	T	M	R	A	W	E
M	S	T	A	V	N	U	X	U	N	A	G	R	G	S	F	A	O	W
S	E	R	R	P	E	T	E	V	R	G	K	E	B	P	R	Q	C	O
W	E	A	D	A	R	T	N	G	I	N	E	S	T	I	N	G	A	H
D	D	E	B	K	C	E	I	Q	N	Z	Y	P	L	V	W	L	S	
A	L	Y	B	U	R	R	H	X	K	I	F	R	X	U	J	Z	L	E
F	I	K	W	H	J	F	S	U	G	C	N	N	E	T	P	C	E	B
F	N	E	T	I	K	L	N	J	R	M	I	E	E	N	R	I	R	U
O	G	X	O	S	S	I	U	T	O	X	M	L	D	T	E	E	G	U
D	V	J	L	Z	N	E	S	B	W	D	R	L	U	R	E	E	Y	B
I	V	P	Y	G	I	S	Y	V	T	E	J	O	O	Z	A	R	R	I
L	A	X	G	N	I	P	R	I	H	C	R	P	E	U	L	G	J	G
S	S	A	R	G	P	B	B	F	T	P	A	K	U	Q	H	Z	M	R
F	E	R	T	I	L	I	Z	E	S	F	R	E	S	H	N	E	S	S

SPROUT
SUNSHINE
TULIPS
VERNAL
VIBRANT
WARMTH

