

March 2025 Activity

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|---|--|---|--|--|
| 2  | 3 Individual exercise 09:45 Sit N' Be Fit 1:30 Travelogue "Switzerland"  | 4 Get Crackin' H1 09:15 Group Exercise H3 10:00 Group Exercise H4 1:30 Baking Class H4 "Sunshine Muffin"  | 5 Get Crackin' H3 Individual exercise 09:45 Sit N' Be Fit 10:00 United Church 1:30 Birthday Party H4  | 6 Get Crackin' H4 09:15 Group Exercise 10:00 Catholic Church 10:30 Crossword  1:30 BINGO | 7 Individual exercise 09:45 Sit N' Be Fit 1:30 International Women's Day "Bracelet Making"  | 1/8  |
| 9  | 10 Individual exercise 09:45 Sit N' Be Fit 10:30 Dominoes H3 1:30 St. Patrick Day Decoration 1:45 Dominoes H3  | 11 Get Crackin' H1 09:15 Group Exercise H3 10:00 Group Exercise H4 1:30 Card & Games  | 12 Get Crackin' H3 Individual exercise 09:45 Sit N' Be Fit 10:30 Word Scramble H1 1:30 Entertainment "The Old Timers"  | 13 Get Crackin' H4 09:15 Group Exercise 10:00 Anglican Church 10:30 Hangman 1:30 Men's Afternoon  | 14 Individual exercise 09:45 Sit N' Be Fit 10:30 Cribbage H3 1:30 BINGO  | 15  |
| 16  | 17 Individual exercise 09:45 Sit N' Be Fit 10:30 SkipBo 1:30 Fun Games "Pool Noodles Balloon Toss" | 18 Get Crackin' H1 09:15 Group Exercise H3 10:00 Group Exercise H4 1:30 Wine Makin' 1:30 Card & Games  | 19 Get Crackin' H3 Individual exercise 09:45 Sit N' Be Fit 10:30 Word Scramble H3 11:00 Bakin 1:30 Birthday Party H3  | 20 Get Crackin' H4 09:15 Group Exercise 10:30 Crossword 1:30 Video Concert "Celtic Women" | 21 Individual exercise 09:45 Sit N' Be Fit 10:30 Wine Bottling 1:30 BINGO  | 22  |
| 23  | 24 Individual exercise 09:45 Sit N' Be Fit 10:30 Dominoes 1:30 Canteen 1:30 Card & Games  | 25 Get Crackin' H1 09:15 Group Exercise H3 10:00 Group Exercise H4 1:30 Travelogue "Canada"  | 26 Get Crackin' H3 Individual exercise 09:45 Sit N' Be Fit 11:00 WELLNESS H1 10:30 Word Scramble H4 1:30 Bible Study | 27 Get Crackin' H4 09:15 Group Exercise 10:30 Hangman 11:00 WELLNESS H3 11:00 WELLNESS H4 1:30 Movie Afternoon | 28 Individual exercise 09:45 Sit N' Be Fit 10:30 Kasier H4 1:30 BINGO  | 29  |
| 30  | 31 Individual exercise 09:45 Sit N' Be Fit 1:30 Card & Games  |  | | Fred Schmidt March 5, 1928 Meda King March 13, 1934 Rose Heidel March 19, 1937 Alice Heppner March 31, 1935 |  | |