

Views From
the
Hill Top

2025
happy new year



JANUARY 2025

NEW YEAR TRADITIONS



Traditions of the season include the making of New Year's resolutions. That tradition also dates back to the early Babylonians. Popular modern resolutions might include the promise to lose weight or quit smoking. The early Babylonian's most popular resolution was to return borrowed farm equipment.

The Tournament of Roses Parade dates back to 1886. In that year, members of the Valley Hunt Club decorated their carriages with flowers. It celebrated the ripening of the orange crop in California.

Although the Rose Bowl football game was first played as a part of the Tournament of Roses in 1902, it was replaced by Roman chariot races the



following year. In 1916, the football game returned as the sports centerpiece of the festival.

The tradition of using a baby to signify the New Year was begun in Greece around 600 BC. It was their tradition at that time to celebrate their god of wine, Dionysus, by parading a baby in a basket, representing the annual rebirth of that god as the spirit of fertility. Early Egyptians also used a baby as a symbol of rebirth.

Although the early Christians denounced the practice as pagan, the popularity of the baby as a symbol of rebirth forced the Church to reevaluate its position. The Church finally allowed its members to celebrate the New Year with a baby, which was to symbolize the birth of the baby Jesus.

The use of an image of baby with a New Years banner as a symbolic representation of the New Year was brought to early America by the Germans. They had used the effigy since the fourteenth century.



New Year's Resolutions?

It's not easy...

To apologize,

To begin over,
To be unselfish,
To take advice,
To admit error,
To face a sneer,
To be charitable,
To avoid mistakes,
To endure success,
To profit by mistakes,
To forgive and forget,
To think and then act,
To keep out of a rut,
To make the best of little,
To subdue an unruly temper,
To shoulder a deserved blame,
To recognize the silver lining
BUT IT ALWAYS PAYS.

AS THE YEAR ENDS, AND ANOTHER YEAR BEGINS, WE SHOULD

GIVE OUR SINCERE THANKS—

TO HEATHER AND JIM FOR PROVIDING US WITH A GOOD HOME.

TO ALL THE NURSES AND CARE GIVERS WHO GAVE US TENDER CARE.

TO THE COOKS WHO PROVIDE US WITH MEALS.

TO THOSE WHO CLEAN AND MAINTAIN OUR ABODE.

JANUARY

Regal Red Garnet, the birthstone of January, and symbolizes constancy, truth, and faith. But did you know that it is mined in a rainbow of colors. From the fiery orange of Mandarin Garnet to the rich green of Tsavorite Garnet and to the most widely recognized color of Rubellite (red)



Happy Birthday to the following Hill Top Resident:

January 15th – Jim York

January Hill Top Happenings.

Jan. 1st – NEW YEARS DAY – No Activities

Jan. 3rd – starting up our recent new game “POKENO Cards” every other week after coffee time!

Jan. 9th – Catholic Church Service at 10:00am

Jan 14th – The Weyburn Public Library is bringing their Floor Curling Kit for us to play at 2pm!

Jan 15th – Happy Birthday Jim York! And United Church Service at 10:30am

Jan. 16th – Lutheran Church Service at 10:00am

Jan. 17th – “The Ukululu’s” are coming back to play for us at 2:00pm –

WEATHER PERMITTING!

Jan. 21st – Resident Council Meeting – 1st meeting of the year 2025! Come down and voice your opinion!

Jan. 24th – “Two Stepp” are coming back to play for us at 2:00pm!

Jan. 28th – Are you an avid Crib Player? Let’s test your card skills and play small group Cribbage!

Jan. 31st – At 2pm until our hands get sore, come gather in the family room and help Ashley label puzzle pieces! There will be music playing and chatting!

‘Twas THE MONTH AFTER CHRISTMAS

‘Twas the month after Christmas
When all through the house,
Nothing would fit me,
Not even a blouse!
The cookies I’d nibbled,
The eggnog I’d tasted’
At the holiday parties,
Had gone to my waist!
I remember the marvelous meals all prepared:
The gravies and the sauces,
The beef nicely rared,
The wine and the rum balls,
The bread and the cheese,
And the way I NEVER said, “No, thank you, please.”
As I dressed myself in my husband’s old shirt,
And prepared once again to do battle with dirt,



I said to myself (as only I can), "You can't spend a winter disguised as a MAN!"

SO — away with the last of the sour cream dip,
Get rid of the fruit cake, every cracker and chip!

Every last bit of food I like must be banished,
Til' all of the additional "ounces" have vanished!

I won't have a cookie, not even a lick!

I'll want only to chew; on a celery stick!

I won't have hot biscuits, or corn bread or pie.

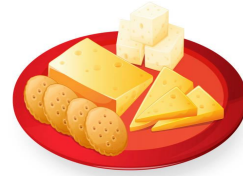
I'll munch on a carrot, and quietly CRY.

I'm hungry... I'm lonesome... and life is a bore!

But isn't that what January is for?

Unable to giggle, no longer a riot!

HAPPY NEW YEARS TO ALL, AND TO ALL A GOOD DIET!



**"Write it on your
heart that every
day is the best day
in the year."**

RALPH WALDO EMERSON

HOW TO BE HAPPY ALL THROUGH THE YEAR

Keep your heart free from hate,
Your mind free from worry.
Live simply, expect little,
Give much, sing often, pray always.
Fill your life with love, scatter sunshine.
Forget self, think of others.
Do as you would be done by.
These are the tried links
In contentment's golden chain.

Auld Lang Syne.

Should auld acquaintance be forgot,
And never brought to mind,
Should auld acquaintance be forgot,
And days o' auld lang syne.

For auld lang syne, my dear,
For auld lang syne,
We'll take a cup o' kindness yet,
For auld lang syne.

We twa ha'e run about the bras,
And pu'd the gowans fine,
But we've wander'd many a weary foot,
Sin' auld lang syne.
For auld lang syne, &c.

We twa ha'e paidlet i' the burn,
Frae morning sun till dine;
But seas between us braid ha'e roared,
Sin' auld lang syne.
For auld lang syne,

And there's a hand, my trustie feire,
And gies a hand o' thine;
And we'll take a right gude willie-waught,
For auld lang syne.
For auld lang syne, &c.

And surely you'll be your pint-stoup,
And surely I'll be mine,
And we'll take a drop o' kindness yet,
For old lang syne.
For old lang syne, &c.

THOMAS G. DOYLE,
BOOKSELLER, STATIONER, SONG & HYMN PUBLISHER,
No. 297 GAY STREET, BALTIMORE, MD.

A Recipe for a Happy New Year

Take twelve whole months.

Clean them thoroughly of all bitterness, hate, and jealousy.

Make them just as fresh and clean as possible.

Now cut each month into twenty-eight, thirty, or thirty-one different parts, but

Don't make the whole batch at once.

Prepare it one day at a time out of these ingredients.

Mix well into each day one part of faith, one part of patience, one part of

Courage and one part of work.

Add to each day one part of hope, faithfulness, generosity, and meditation,

And one good deed.

Season the whole with a dash of good spirits, a sprinkle of fun,

A pinch of play, and a cupful of good humor.

Pour all of this into a vessel of love.

Cook thoroughly over radiant joy, garnish with a smile, and

Serve with quietness, unselfishness, and cheerfulness.

You're bound to have a Happy New Year.

All I need to know about life, I learned from a snowman...

- It's okay if you're a little bottom heavy.
- Hold your ground, even when the heat is on.
- Wearing white is always appropriate.
- Winter is the best of the four seasons.
- It takes a few extra rolls to make a good midsection.
- There's nothing better than a foul weather friend.
- The key to life is to be a jolly, happy soul.
- Were all made up of mostly water.
- You know you've made it when they write a song about you.
- Accessorize! Accessorize! Accessorize!
- Avoid yellow snow; and don't get too much sun.
- It's embarrassing when you can't look down and see your feet.



- It's fun to hang out in your front yard.
- Always put your best foot forward.
- There's no stopping you once you're on a roll.



Answers for the **“Match the Snow Facts”** (on page 9)

1. Snowboard – surfs on snow
2. Snow fences – intentional drifts for roads
3. Snowmobile – called “snow machine” by Alaskans and others
4. Snowman – Frosty
5. Snow Blindness – causes by intensified UV rays reflected from the snow
6. Snowflakes – the largest on record was 15” wide
7. Snowdrifts – hills of powdery snow formed by wind
8. Snow Cannons – creates artificial snow
9. Snow Job – a lie
10. Snowplow – clears roadways
11. Snowball – winter weapon of choice for kids
12. Snow Day – no work or school
13. Snow Pillows – special scale for measuring
14. Snowfall – its density is determined by visibility
15. Snowshoes – help your feet stay on top of snow



Congratulations to our 'Decorate the Door's'

****WINNERS****

Great job to everyone who decorated – they all were VERY



“Most Christmassy”
Decorated by her family



“Most Beautiful”
Decorated by Terry



“Most Decorated”
Decorated by Shaunna

Thank you to EVERYONE to came out to support our annual Christmas Fundraiser. And a very special thank you to those who generously donated items for the auction table, raffle table and bake sale, and to those who donated money to our Resident Activity & Comfort Fund! It was all very much appreciated! This year we raised \$999.25 and that money will go directly to purchasing a new TV to be utilized in our



family room!



Match The Snow Facts

MATCH THE SNOW PHRASE TO ITS MEANING!

Answers on page two.

- | | |
|------------------|--|
| 1 SNOWBOARD | the largest on record was 15" wide |
| 2 SNOW FENCES | special scales for measuring the depth of snowpack |
| 3 SNOWMOBILE | hills of powdery snow formed by the wind |
| 4 SNOWMAN | its density is determined by visibility |
| 5 SNOW BLINDNESS | intentional drifts built to protect roadways |
| 6 SNOWFLAKES | no school or work |
| 7 SNOWDRIFTS | help your feet stay on top of the snow |
| 8 SNOW CANNONS | winter weapon of choice for kids |
| 9 SNOW JOB | caused by intensified UV rays reflected from snow |
| 10 SNOWPLOW | create artificial snow |
| 11 SNOWBALL | a lie |
| 12 SNOW DAY | Frosty |
| 13 SNOW PILLOWS | clears roadways |
| 14 SNOWFALL | surfs on snow |
| 15 SNOW SHOES | called "snow machine" by Alaskans and others |

Name: _____

Happy New Year

M H P Y H J H F Y V G F V N F O D Y A E Y S W E
I H Q M V T L W L W L H F E D T F O R K T S K Z
D Q Q X J C Y B A B S R A E Y W E N K R S A O A
N H K C N B E Q T C K Q C A W N I Z E L G L Y B
I M U C O G N L T D T E H Q Q Z E A J D J G D V
G E L C L B R S E V M A S H O B M E S V M R K S
H R F N L A D Y W B P T X A A E B M M A J U C R
T O D M G H Y G E P R V K L R S I Q C N D O T O
F R I E N D S R Y A D A L S Q C B Y Q C B H R K
H D V W Z Q N N D K G O T V L B L H M T O Q H N
J J L M B O E I I T O L T I A Q L D R E D T O P
M H V L H W T A N N Q R Z L O U K Z F E D I M D
B Q A I Y I J B S O K H L S H N O C C L S G U K
R W D E O V N W G S I D P N K I T O R E X Y J L
L X A N U O N H F B R T U J T Z R K M A U J Y V
B R P A R T Y K A O K C U T A A E A E X F Z Y E
Q Y S Z H R C Z P G N R E L T N K N D J V T F D
C M L H C O H U T K F F O I O E U M Y Z U N L A
H F H I L W Z H G P N W O Y R S B A Z F I N G R
E L H C M L E B U O X N F L W L E X R I B R J A
E V H I X A I J C D S C T W Q E K R Q Y I I S P
R Z K N B W F E Z S P S W P G M N X Q Q F R I E
S D V R U N P F I R E W O R K S A N X E C P U Y
C I D B H I Q D R I X N W O D T N U O C P X W H

Happy New Year
Noisemaker
Hourglass
Balloons
Midnight
Parade

New Years Baby
Resolution
Fireworks
New York
Friends
Family

Decorations
Tradition
Ball Drop
Confetti
January
Clock

Celebration
Streamers
Countdown
December
Cheers
Party