

NEWSLETTER

January 2025

Diamond House 700 Ballesteros Cres Warman SK S0K 4S4



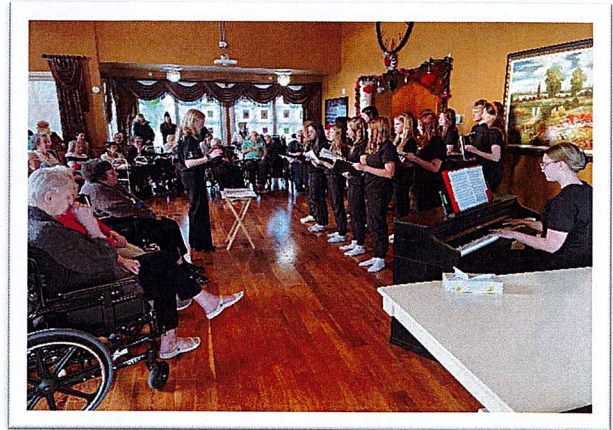
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What We've Been Up To

Christmas Choir

Hague school brought some lovely voices for us to enjoy.



Big Birthdays

Zora P was our only December birthday, but it was a big one!



Christmas Fun

Santa and Mrs. Claus came to our Christmas party! They handed out gifts and took pictures with us.

January 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

Crops that take a longer growing season, including **celery** and **parsley** should be started indoors earlier in the month. It's also a good idea to start **onion** indoors since it takes a long time to develop enough to be transplanted in the garden. By the end of January, you can also sow other cool-season crops indoors, including **cabbage**, **cauliflower**, **broccoli**, **kale**, and **lettuce**.

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	<p>Everyday is a chance to start over. Let each passing moment go. Feel new beginnings bloom out of your soul.</p> <p>- Barbara</p>	

A Poem to Share

The New Year

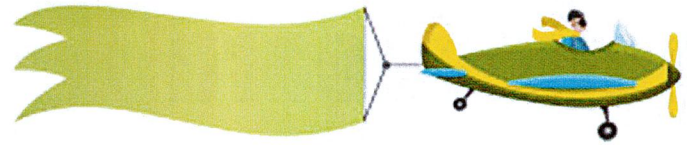
by Ella Wheeler Wilcox

"What can be said in New Year rhymes,
That's not been said a thousand times?
The new year comes, the old year goes,
We know we dream, we dream we know.

We rise up laughing with the light,
We lie down weeping with the night.
We hug the world until it stings,
We curse it then and sigh for wings.

We live, we love, we woo, we wed,
We wreath our brides, we sheet our dead.
We laugh, we weep, we hope, we fear,
And that's the burden of a year."

Noticeboard



NEW RESIDENTS

A very warm welcome to:

Rudy K	Thomas S
David P	Olga A
Linda V	

We look forward to getting to know you!

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- Anette Y
- Arie V



FIND US AND GIVE US A FOLLOW

We have expanded our media presence!

We can be found on:

Facebook: Diamond House

Instagram: Diamond_Crew2016

ToITok: Diamond_Crew2016



CULTURAL CELEBRATION

We celebrate Ukraine on January 9th at 2:00pm in the Great Room.

Please join us for food, facts, drinks and fun as we explore the Ukrainian culture.

DOCTOR AND LAB

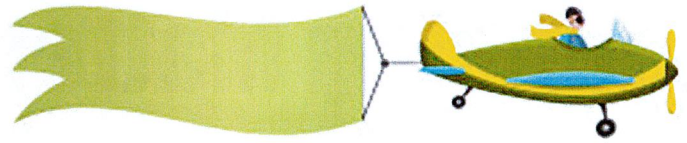
We offer the service of having an in-house doctor and lab services.

Our in-house doctor rounds are every Wednesday.

If you would like a doctor's appointment or require lab services, please contact the Nurse on duty.

Phone: (306)-955-1300 Ext 3

Noticeboard



FOOTCARE

We are pleased to offer in suite foot care to our residents at Diamond House. We have added additional foot care support to enhance your foot care experience. The foot care nurses offer direct billing, in-suite services, and have flexible booking options. Please contact the foot care nurse directly to book your appointment.

CRACKED SOLES

Call Laura or Tanya to book your appointment.

Phone: (306)-715-7280

ADVANCED FOOT CARE

Call Megan to book your appointment.

Phone: (306)-914-3436

BEYOND CARE HOME HEALTH

Call to book your appointment.

Phone: (306)-715-3308

Nursing For The Sole

Call to book your appointment.

Phone: (306) 914-3436

Email: m_haynes7@hoymail.com

ESTHETICS BY JOELY

I have been providing foot and nail care for seniors for 25 years, and I am currently offering in suite service at Diamond House. **I am experienced in diabetic and problematic foot care.**

Call to book your appointment.

Phone: (306) 229-9200

The Letter J Quiz

All the answers to this quiz start with the letter J!

- Caretaker of a building J _____
- A medical condition that turns the skin yellow J _____
- A knitted garment with long sleeves J _____
- A person who writes for newspaper and magazines J _____
- A portable pneumatic hammer or drill J _____
- Specialized vocabulary J _____
- Weary from excuses J _____
- Highest lottery prize J _____
- Fruit spread J _____
- Knees, hips and elbows etc. J _____
- Cheerful and friendly J _____
- A place where scrap is collected J _____
- A short tune used in advertising J _____
- Japanese self-defense method J _____
- Fatigue from air travel J _____
- Dense tropical forest with tangled vegetation J _____
- An Indonesian Island J _____
- Woodworking trade J _____
- Scoff rudely J _____
- Seller of gems and precious metals J _____

- 1 Janitor
- 2 Jaundice
- 3 Jersey
- 4 Journalist
- 5 Jackhammer
- 6 Jargon
- 7 Jaded
- 8 Jackpot
- 9 Jam
- 10 Joints
- 11 Jovial
- 12 Junkyard
- 13 Jingle
- 14 Jujitsu
- 15 Jetlag
- 16 Jungle
- 17 Java
- 18 Joinery
- 19 Jeer
- 20 Jeweler

January 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**ACTIVITIES SUBJECT
TO CHANGE**

No Activities Today **1**

Happy New Year!



10:00am Core & Balance (GR) **2**
10:45am Hymn Singing (GR)

2:00pm Men's Club (PR)



2:00pm Brain Teaser: True or False Quiz (GR)



10:00am Chair Cardio (GR) **3**
10:45am Hymn Singing (GR)

2:00pm Entertainment: Memory Lane (GR)



4

9:30am Catholic Communion & Devotion (GR) **5**



10:00am Core & Balance (GR) **6**
10:45am Hymn Singing (GR)

2:00pm Tea Social (GR)



2:30pm Bingo (GR)

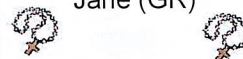


No Activities Today **7**
Christmas Clean Up

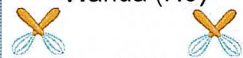


10:00am Chair Cardio (GR) **8**
10:45am Hymn Singing (GR)

1:30pm Rosary with Jane (GR)



1:30pm Baking with Wanda (H5)



3:15pm Sing Along with AI (GR)



10:00am Strength Straining (GR) **9**
10:45am Hymn Singing (GR)

2:00pm Cultural Day: Ukraine (GR)

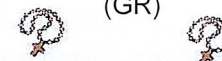


10:00am Chair Dancing: Contemporary (GR) **10**
10:45am Hymn Singing (GR)

2:00pm Entertainment: The Pied Piper (GR)



3:30pm Communion with Father Peter (GR)



11

26

10:00am Strength 27
Straining (GR)
10:45am Hymn
Singing (GR)

2:00pm Happy Hour
Social (GR)



2:30pm Bingo (GR)



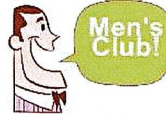
10:00am Chair 28
Cardio (GR)
10:45am Hymn
Singing (GR)

2:00pm Did You
Know? All About
Birds (GR)



10:00am Chair 29
Yoga & Guided
Meditation (GR)

2:00pm Men's Club
(PR)



2:00pm Alligator
Snap (GR)



10:00am Chair 30
Dancing: Jive
(GR)
10:45am Hymn
Singing (GR)

2:00pm Resident
Birthday Party &
Bingo (GR)



10:00am Core & 31
Balance (GR)
10:45am Hymn
Singing (GR)

2:00pm
Entertainment:
DonLin Country (GR)



GR- Great Room

H1- House 1

H2- House 2

H3- House 3

H4- House 4

H5- House 5

H6- House 6

PR- Poker Room-
House 4