

# NEWSLETTER

# December 2024

Diamond House 700 Ballesteros Cres Warman SK S0K 4S4



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## December Trivia

Babies born the last month of the year are more likely to live the longest!

Zodiac signs: Sagittarius & Capricorn

Birthstone: Turquoise

Flower: Holly

## Quote of the Day

*It is not how much we have, but how much we enjoy, that makes happiness.*

*-- Charles Spurgeon*

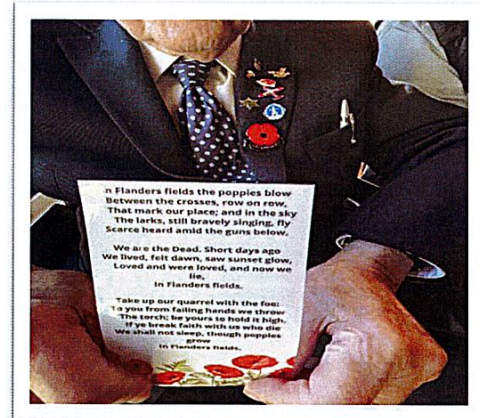
## Fun Fact

All the gifts in the 12 days of Christmas would equal 364 gifts.

# November Spotlight

## We Remember

We had a great turn out as we honored those who have served and serve currently.

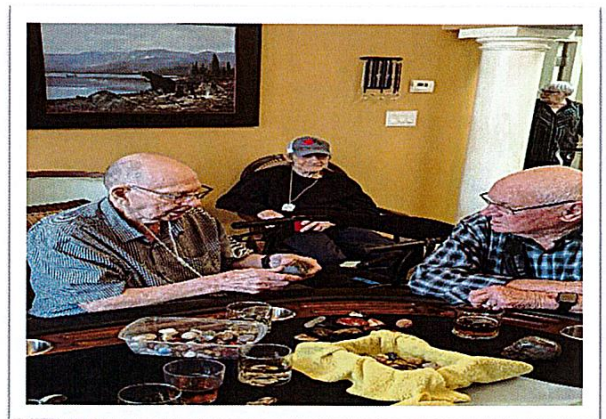


## Sharing Culture

This month we learned about Poland with fresh made food, drink made by Santanna.

## Gentlemen's club

We are pleased to offer men's club to promote comradery, shared learning, and did we mention we have snacks!



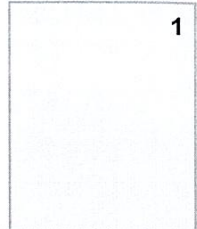
# November in Review






# December 2024

MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY      SATURDAY      SUNDAY

This month is an excellent [time to prune](#) your evergreen trees and shrubs, but don't waste the clippings because they can be useful. Instead, become festive and turn the clippings into a DIY garland. You can [make your own natural evergreen garland](#).



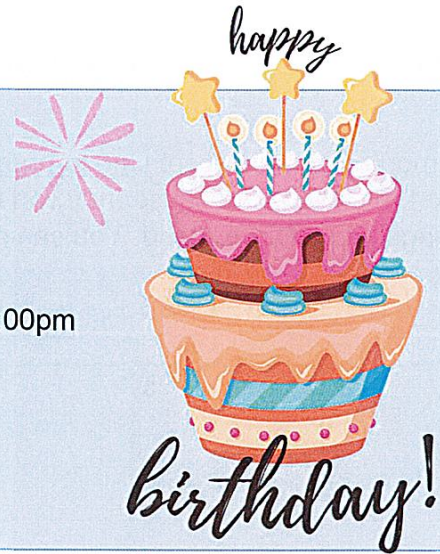
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	Christmas Day  25	Boxing Day  26	27	28	29
30	New Year's Eve  31	<p>"This December, let gratitude be your guiding star, lighting up your path with positivity and joy." – Unknown</p>				

# December Birthdays

In December, we celebrate a birthday with:

- **Zora P**

Please join us in the Great Room on December 19<sup>th</sup> at 2:00pm to celebrate!  
All Houses welcome.



## Birthday Spotlight:

Frank Sinatra (Born December 12, 1915)

Frank Sinatra, born on December 12, 1915, was one of the greatest entertainers of the 20th century. Known for classics like "My Way" and "New York, New York," Sinatra's smooth voice and charisma made him a music legend.

He also had a successful acting career, winning an Academy Award for From Here to Eternity. Sinatra's influence on music and film remains timeless.

## Sagittarius (Nov 23 - Dec 21)

Sagittarians are artistic, loyal, sophisticated, independent, and kind!

## Capricorn (Dec 22 – Jan 19)

Capricorns are responsible, and disciplined and have good managers

## Spotlight of the Month: The Invention of Radio

In December 1906, Canadian inventor Reginald Fessenden made the first radio broadcast of a human voice, playing "O Holy Night" and reading a Bible passage. This marked the start of public radio, a technology that still connects and enriches lives today.

WOW!

# Poem to Share

## A Time to Believe

B.J. Gallagher

To believe is to know that  
Every day is a new beginning.  
It is to trust that miracles happen,  
And dreams really do come true.

To believe is to see angels  
Dancing among the clouds,  
To know the wonder of a stardust sky,  
And the wisdom of the man in the moon.

To believe is to embrace the values  
Of caring and sharing,  
To know the gift of a loving heart,  
It is to know we are never really alone.

To believe is to find the strength  
And courage that lies within us  
When it is time to pick up  
The pieces and begin again.

To believe is to know  
We are wonderful works in progress,  
To trust that we have within us  
The power to heal and grow.

To believe is to continue to pursue  
Our hopes and dreams,  
For as long as there is a dream,  
There is hope,  
And as long as there is hope,  
There is joy in living.



## Mobile Canteen Prices

<u>Chocolate Bars</u>	
3 Musketeers	\$1.00
Aero Milk Chocolate	\$1.00
Aero Mint	\$1.00
Aero White Chocolate	\$1.00
After Eight	\$1.00
Bounty	\$1.00
Caramel	\$1.00
Coffee Crisp	\$1.00
Crispy Crunch	\$1.00
Dairy Milk	\$1.00
Eatmore	\$1.00
Glossets Raisins	\$1.00
Hershey's Cookies & Cream	\$1.00
Hershey's Milk Chocolate	\$1.00
Hershey's Whole Almonds	\$1.00
KitKat	\$1.00
Mars	\$1.00
Mirage	\$1.00
M&Ms	\$1.00
M&Ms Peanut	\$1.00
Mr. Big	\$1.00
Oh Henry	\$1.00
Oh Henry Peanut Butter	\$1.00
Reese's Peanut Butter Cups	\$1.00
Reese's Pieces	\$1.00
Skor	\$1.00
Smarties	\$1.00
Snickers	\$1.00
Toblerone	\$1.00
Twix	\$1.00

<u>Chips</u>	
All Dressed	\$1.00
BBQ	\$1.00
Cheetos	\$1.00
Doritos	\$1.00
Ketchup	\$1.00
Regular	\$1.00
Salt & Vinegar	\$1.00
Sour Cream & Onion	\$1.00

<u>Peanuts</u>	
BBQ	\$1.00
Honey Roasted	\$1.00
Salted	\$1.00
Trail Mix	\$1.00

<u>Candy</u>	
Mints - Spearmint	\$2.00
Mints - Peppermint	\$2.00
Twizzlers	\$2.00

<u>Gum</u>	
Halls	\$1.00
Excel Peppermint	\$1.00
Excel Polar Ice	\$1.00
Excel Spearmint	\$1.00
Excel Winterfresh	\$1.00

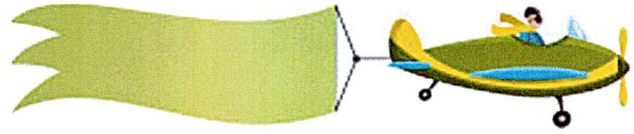
<u>Beverages</u>	
Coke	\$1.00
Cream Soda	\$1.00
Diet Coke	\$1.00
Diet Gingerale	\$1.00
Diet Pepsi	\$1.00
Dr. Pepper	\$1.00
Gingerale	\$1.00
Grape Soda	\$1.00
Ice Tea	\$1.00
Lemonade	\$1.00
Mountain Dew	\$1.00
Orange Crush	\$1.00
Pepsi	\$1.00
Root Beer	\$1.00
Sprite	\$1.00
7-up	\$1.00

<u>Hygiene Products</u>	
Ladies Antiperspirant	\$3.00
Men's Antiperspirant	\$3.00
Bar Soap	\$2.00
Handsoap	\$3.00
Shampoo	\$5.00
Conditioner	\$5.00
Ladies Bodywash	\$5.00
Men's Bodywash	\$5.00
Men's Shaving cream	\$3.00
Body Lotion	\$4.00
Mouth Wash	\$4.00
Regular Toothpaste	\$2.00
Sensodyne Toothpaste	\$4.00
Toothbrush	\$2.00
Floss picks	\$3.00
Hair Spray	\$3.00

Items Subject to availability



# Noticeboard



## NEW RESIDENTS

A very warm welcome to:

- Marci T
- Orest & Molly R
- Nicole P

We hope that you enjoy your time here!

## FIND US AND GIVE US A FOLLOW

We have expanded our media presence!

We can be found on:

Facebook: Diamond House

Instagram: Diamond\_Crew2016

ToITok: Diamond\_Crew2016



## IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- Annie C
- Mary K
- Shirley B

## CULTURAL CELEBRATION

We celebrate Germany on December 12<sup>th</sup> at 2:00pm in the Great Room.

Please join us for food, facts, drinks and fun as we explore the German culture.

## DOCTOR AND LAB

We offer the service of having an in-house doctor and lab services.

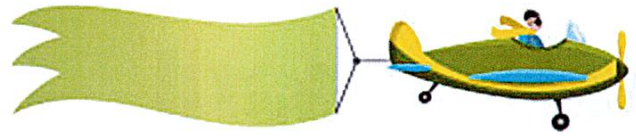
Our in-house doctor rounds are every Wednesday.

If you would like a doctor's appointment or require lab services, please contact the Nurse on duty.

Phone: (306)-955-1300 Ext 3



# Noticeboard



## SALON

Woman's hair cut - \$40.00

Shampoo & Set - \$30.00

Perms - \$90.00

Hair Color - \$80.00

Men's hair cut - \$30.00

Payment can be cash, cheque, or e-Transfer to your stylist, or you can charge your appointment to your comfort fund.

To make an appointment you can contact:

Tracey (306)-222-9481

Tuesday & Thursday – Tracey's Availability

Karen (306)-227-4132

**Please note that all salon services are an additional cost.**

## MASSAGE SERVICES

We are pleased to offer in suite massage therapy by Self Wellness. Please contact Self Wellness directly to book your appointment.

Phone: (306)-244-7873

## Dental Hygiene

We are pleased to welcome back Abbey. Abbey is a RDH and offers in house dental hygiene and teeth whitening services for our residents at Diamond House. Please contact Abbey directly to book your appointment.

Phone: (306)-380-5472

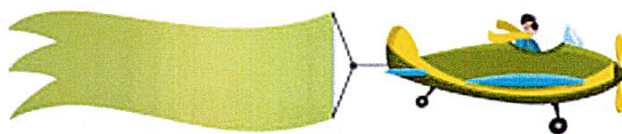
Email: [abbeyhowe@sasktel.net](mailto:abbeyhowe@sasktel.net)



@Smile2UMobileDentalHygiene



# Noticeboard



## FOOTCARE

We are pleased to offer in suite foot care to our residents at Diamond House. We have added additional foot care support to enhance your foot care experience. The foot care nurses offer direct billing, in-suite services, and have flexible booking options. Please contact the foot care nurse directly to book your appointment.

### CRACKED SOLES

Call Laura or Tanya to book your appointment.

Phone: (306)-715-7280

### ADVANCED FOOT CARE

Call Megan to book your appointment.

Phone: (306)-914-3436

### BEYOND CARE HOME HEALTH

Call to book your appointment.

Phone: (306)-715-3308

### Nursing For The Sole

Call to book your appointment.

Phone: (306) 914-3436

Email: [m\\_haynes7@hoymail.com](mailto:m_haynes7@hoymail.com)

## ESTHETICS BY JOELY

I have been providing foot and nail care for seniors for 25 years, and I am currently offering in suite service at Diamond House. **I am experienced in diabetic and problematic foot care.**

Call to book your appointment.

Phone: (306) 229-9200

# Laughing Matters



## Nice Tie

A man walks into a nearly empty bar and orders a drink. He's sitting alone at the end of the bar, sipping away, and he hears a voice.

"Nice shirt."

He looks around and sees no one nearby. He forgets about it and continues drinking.

"Nice tie," the voice says again.

He looks around a second time. The bartender and all other customers are at the other side of the room. Confused, the man calls the bartender over and asks about the mysterious voice that admired his clothing.

"Oh, that's the peanuts," the bartender said.

"The peanuts?" asked the man.

"Yeah, they're complimentary."

## The Grocery Store

I went down the street to the 24-hour grocery. When I got there, the guy was locking the front door.

I said, 'Hey, the sign says you're open 24 hours.'

He said, 'Yes, but not in a row.'

*Word Search*

HOLIDAY MOVIE CHARACTERS



C T G E O R G E B A I L E Y E F  
H D G R I N C H G V Z I Y V Q K  
A H B U D D Y T H E E L F Y G R  
R S C I S S O R H A N D S Z U I  
L O U E L I Z A B E T H G B X S  
I R U D O L P H M K E V I N M K  
E S I I B Q V I R G I N I A D R  
B F R O S T Y G R I S W O L D I  
R O U B O B C R A T C H I T O N  
O Q D Y V O J I M H A R D Y R G  
W A O E H N E A L P A G E P R L  
N R A L P H I E C L A R E N C E  
F B E T T Y A N D J U D Y E L Y  
O Y M A R Y C O R N E L I U S C

Find the underlined words

<u>Rudolph</u>	<i>Rudolph the Red-Nosed Reindeer (1964)</i>
<u>Grinch</u>	<i>How the Grinch Stole Christmas (2000)</i>
<u>Frosty</u>	<i>Frosty the Snowman (1969)</i>
<u>Buddy the Elf</u>	<i>Elf (2003)</i>
<u>Virginia</u>	<i>Yes, Virginia, There is a Santa Claus (1991)</i>
<u>Betty and Judy</u>	<i>White Christmas (1954)</i>
<u>Bob Cratchit</u>	<i>A Christmas Carol (1984)</i>
<u>Kevin</u>	<i>Home Alone (1990)</i>
<u>George Bailey</u>	<i>It's a Wonderful Life (1946)</i>
<u>Griswold</u>	<i>National Lampoon's Christmas Vacation (1989)</i>
<u>Ralphie</u>	<i>A Christmas Story (1983)</i>
<u>Kris Kringle</u>	<i>Miracle on 34th Street (1947)</i>
<u>Jim Hardy</u>	<i>Holiday Inn (1942)</i>
<u>Charlie Brown</u>	<i>A Charlie Brown Christmas (1965)</i>
<u>Clarence</u>	<i>It's a Wonderful Life (1946)</i>
Yukon <u>Cornelius</u>	<i>Rudolph the Red-Nosed Reindeer (1964)</i>
<u>Elizabeth</u> Lane	<i>Christmas in Connecticut (1945)</i>
Edward <u>Scissorhands</u>	<i>Edward Scissorhands (1990)</i>
<u>Neal</u> Page	<i>Planes, Trains, and Automobiles (1987)</i>
<u>Mary</u> Quite Contrary	<i>Babes in Toyland (1986)</i>