

## January 2025 Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>John Savostianik</b> <b>Olga Nikiforuk</b></p>	<p><b>Happy Birthday</b> January 17, 1929 January 27, 1927</p>	<p><b>HAPPY BIRTHDAY</b> </p>	<p><b>1</b> <b>HAPPY NEWYEAR</b> </p>	<p><b>2</b> Get Crakin' H4 09:15 Group Exercise H3 10:00 Catholic Church 10:30 Crossword 1:30 Cookie/Coffee Social Activities</p>	<p><b>3</b> Individual Exercise 09:45 Sit N' Be Fit 1:30 BINGO </p>	<p><b>4</b> <b>**Activities are subject to change without prior notice**</b></p>
<p><b>5</b> </p>	<p><b>6</b> Individual Exercise 09:45 Sit N' Be Fit 1:30 Card &amp; Games </p>	<p><b>7</b> Get Crakin' H1 09:15 Group Exercise H3 10:00 Group Exercise H4 10:30 Hangman 1:30 Bible Study 1:30 Crib H3</p>	<p><b>8</b> Get Crakin' H3 Individual Exercise 09:45 Sit N' Be Fit 1:30 Wine Makin' </p>	<p><b>9</b> Get Crakin' H4 09:15 Group Exercise H4 10:00 Anglican Church 10:30 Crossword 1:30 Travelogue "Thailand"</p>	<p><b>10</b> Individual Exercise 09:45 Sit N' Be Fit 10:30 Crib H3 1:30 BINGO </p>	<p><b>11</b> </p>
<p><b>12</b> </p>	<p><b>13</b> Individual Exercise 09:45 Sit N' Be Fit 10:00 United Church 1:30 Christmas Clean -Up </p>	<p><b>14</b> Get Crakin' H1 09:15 Group Exercise H3 10:00 Group Exercise H4 1:30 Christmas Clean -Up </p>	<p><b>15</b> Get Crakin' H3 Individual Exercise 09:45 Sit N' Be Fit 1:30 Christmas Clean -Up </p>	<p><b>16</b> Get Crakin' H4 09:15 Group Exercise 10:30 Crossword 1:30 Entertainment "Joan &amp; Wilf Rice"</p>	<p><b>17</b> Individual Exercise 09:45 Sit N' Be Fit 10:30 Hangman 1:30 BINGO </p>	<p><b>18</b> </p>
<p><b>19</b> </p>	<p><b>20</b> Individual Exercise 09:45 Sit N' Be Fit 1:30 Card &amp; Games </p>	<p><b>21</b> Get Crakin' H1 09:15 Group Exercise H3 10:00 Group Exercise H4 10:30 Hangman 1:30 Travelogue "Mexico"</p>	<p><b>22</b> Get Crakin' H3 Individual Exercise 09:45 Sit N' Be Fit 1:30 Fun Games (Shuffleboard, Baloon Toss, Ring Toss)</p>	<p><b>23</b> Get Crakin' H4 09:15 Group Exercise 10:30 Crossword 11:00 Bakin' 1:30 Birthday Party H3</p>	<p><b>24</b> Individual Exercise 09:45 Sit N' Be Fit 10:30 Crib H3 1:30 BINGO </p>	<p><b>25</b> </p>
<p><b>26</b> </p>	<p><b>27</b> Individual Exercise 09:45 Sit N' Be Fit 1:30 Card &amp; Games </p>	<p><b>28</b> Get Crakin' H1 09:15 Group Exercise H3 10:00 Group Exercise 1:30 Valentine's Table Centerpiece </p>	<p><b>29</b> Get Crakin' H3 Individual Exercise 09:45 Sit N' Be Fit 10:30 WELLNESS H1 1:30 Canadian Trivia </p>	<p><b>30</b> Get Crakin' H4 09:15 Group Exercise 10:30 WELLNESS H3 11:00 WELLNESS H4 1:30 canteen</p>	<p><b>31</b> Individual Exercise 09:45 Sit N' Be Fit 10:30 Kaiser H4 1:30 BINGO </p>	<p></p>

