

# October 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

10:00am Chair Cardio (GR) 1  
10:45am Hymn Singing (GR)



2:00pm International Music Day (GR)



10:00am Strength Training (GR) 2  
10:45am Hymn Singing (GR)



2:00pm Space Painting (H1)



3:15pm Sing Along with AI (GR)



**No Activities this Morning (GR) 3**

2:00pm World Animal Day (GR)



10:00am Chair Dancing: Hip Hop (GR) 4

10:45am Hymn Singing (GR)



1:00pm- 4:00pm Fall Country Drive (H1 & H2)



2:00pm Entertainment: The Pied Piper (GR)



**\*ACTIVITIES SUBJECT TO CHANGE\***

9:30am Catholic  
Communion &  
Devotion (GR)



10:00am Strength  
Training (GR)  
10:45am Hymn  
Singing (GR)



2:00pm Blueberry  
Lemonade Social  
(GR)



2:30pm Bingo (GR)



10:00am Chair  
Dancing: Salsa  
(GR)  
10:45am Hymn  
Singing (GR)



2:00pm Toss the  
Turkey (GR)



10:00am Chair  
Yoga & Guided  
Meditation (GR)



2:00pm Coffee  
Talk: Curious  
Events  
(H1, H4 & H6)



10:00am Chair  
Cardio (GR)  
10:45am Hymn  
Singing (GR)



2:00pm Cultural  
Day: Austria (GR)



10:00am Core &  
Balance (GR)  
10:45am Hymn  
Singing (GR)



1:00pm- 4:00pm  
Fall Country Drive  
(H3 & H4)



2:00pm  
Entertainment: Old  
Time Rhythm  
Makers (GR)



3:30pm Communion  
with Father Peter  
(GR)



3:00pm Bible Fellowship Service (GR)



No 14  
Activities Today



10:00am Core & Balance (GR)  
10:45am Hymn Singing (GR)



2:00pm Thanksgiving Social (GR)

Give thanks with a GRATEFUL heart

10:00am Chair Cardio (GR)  
10:45am Hymn Singing (GR)



1:30pm Baking with Wanda (H4)



3:00pm Bingo (GR)



10:00am Chair Dancing: Pop  
10:45am Hymn Singing (GR) (GR)



2:00pm Brain Teasers: Word Rhyme (H2, H3 & H5)



10:00am Strength Training (GR)  
10:45am Hymn Singing (GR)



1:00pm- 4:00pm Fall Country Drive (H5 & H6)



2:00pm Entertainment: The Wine Not Band (GR)



9:30am Catholic  
Communion &  
Devotion (GR)



3:00pm Diamond  
House Fellowship  
Service (GR)

10:00am Chair  
Yoga & Guided  
Meditation (GR)



2:00pm Cider Social  
(GR)



2:30pm Bingo (GR)



10:00am Strength  
Training (H1)  
10:45am Hymn  
Singing (H1)



2:00pm Pumpkin  
Carving (GR)



10:00am Chair  
Dancing:  
Country (GR)  
10:45am Hymn  
Singing (GR)



1:30pm Rosary  
with Jane (GR)



3:15pm Sing Along  
with AI (GR)



10:00am Core &  
Balance (GR)  
10:45am Hymn  
Singing (GR)



2:00pm Travel  
Cinema: Alaska  
(GR)



10:00am Chair  
Cardio (GR)  
10:45am Hymn  
Singing (GR)



2:00pm  
Entertainment:  
DonLin Country  
(GR)



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27 10:00am Core &  
Balance (GR)  
10:45am Hymn  
Singing (GR)



2:00pm Wine Social  
(GR)



2:30pm Bingo (GR)



10:00am  
Resident Birthday  
Party  
House 2, 4 & 6  
(GR)



2:00pm Resident  
Birthday Party  
House 1, 3, 5  
(GR)

10:00am Chair  
Cardio (GR)  
10:45am Hymn  
Singing (GR)



1:30pm Baking with  
Wanda (H5)



3:15pm Sing Along  
with AI (GR)



10:00am  
Strength  
Training (GR)  
10:45am Hymn  
Singing (GR)



2:00pm Halloween  
Party (GR)



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