

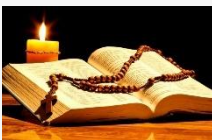
# November 2024

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

## Activities Subject to Change

**3**

9:30am Catholic Communion & Devotion (GR)



**4**

10:00am Chair Yoga & Guided Meditation (GR)

2:00pm Wine Social (GR)



2:30pm Bingo (GR)



**5**

10:00am Chair Cardio (H1)

10:45am Hymn Singing (H1)

2:00pm Did You Know? Inventor's Day (GR)

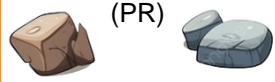


**6**


10:00am Strength Training (GR)

10:45am Hymn Singing (GR)


1:30pm Men's Club: All Things Rocks (PR)



2:00pm Reading Corner: Chicken Soup for the Soul (H1 & H6)



3:15pm Sing Along with AI (GR)



**7**

10:00am Chair Dancing: Pop (GR)


10:45am Hymn Singing (GR)

2:00pm Resident Council Meeting (GR)



**No Morning Activities**


2:00pm Entertainment: Memory Lane (GR)




**2**

**8**

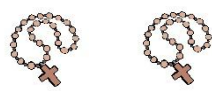
10:00am Remembrance Day Gathering (GR)



2:00pm The Pied Piper (GR)



3:30pm Communion with Father Peter (GR)



**9**

10

Remembrance 11 Day

No Activities Today



3:00pm Bible Fellowship Service (GR)



10:00am 12 Strength Training (GR)  
10:45am Hymn Singing (GR)

2:00pm Hot Chocolate Social (GR)



2:30pm Bingo (GR)



10:00am Chair 13 Dancing: Salsa (GR)  
10:45am Hymn Singing (GR)

1:30pm Rosary with Jane (GR)

1:30pm Baking with Wanda (H1)



1:30pm Men's Club: All Things Rocks (PR)



10:00am Chair 14 Yoga & Guided Meditation (GR)

2:00pm Cultural Day: Poland (GR)

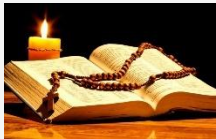


10:00am Chair 15 Cardio (GR)  
10:45am Hymn Singing (GR)

2:00pm Entertainment: The Wine Not Band (GR)



9:30am Catholic 17 Communion & Devotion (GR)

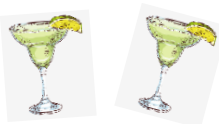


3:00pm Diamond House Fellowship Service (GR)



10:00am Core & 18 Balance (GR)  
10:45am Hymn Singing (GR)

2:00pm Margarita Social (GR)



2:30pm Bingo (GR)



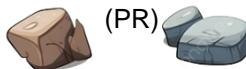
10:00am Chair 19 Dancing: Hip Hop (GR)  
10:45am Hymn Singing (GR)

2:00pm Coffee Talk: Is Water Water (GR)

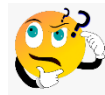


10:00am Chair 20 Cardio (GR)  
10:45am Hymn Singing (GR)

1:30pm Men's Club: All Things Rocks (PR)



2:00pm Brain Teaser: Odd One Out (H3 & H5)



3:15pm Sing Along with AI (GR)



10:00am 21 Strength Training (GR)  
10:45am Hymn Singing (GR)

2:00pm Pie Tasting (GR)



10:00am Chair 22 Yoga & Guided Meditation (GR)

2:00pm Entertainment: Norm & The Golden Aces (GR)



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23

24

10:00am Chair Dancing: Jive (GR)  
10:45am Hymn Singing (GR)

2:00pm Entertainment: Aven Grace (GR)



25

10:00am Chair Yoga & Guided Meditation (GR)

2:00pm Cider Social (GR)



2:30pm Bingo (GR)



10:00am Core & Balance (GR)  
10:45am Hymn Singing (GR)

1:30pm Men's Club: All Things Rocks (PR)

1:30pm Rosary with Jane (GR)

3:15pm Sing Along with AI (GR)



10:00am Chair Cardio (GR)  
10:45am Hymn Singing (GR)

2:00pm Resident Birthday Party & Bingo (GR)



10:00am Strength Training (GR)  
10:45am Hymn Singing (GR)

2:00pm Entertainment: DonLin Country (GR)



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# Activities Subject to Change

GR- Great Room  
H1- House one  
H3- House Three  
H5- House Five

PR- Poker Room  
House 2- House Two  
H4- House Four  
H6- House Six