



***Cypress House  
2135 Scott Street  
Swift Current, Sask.  
S9H 5N2***

**hello**  
**May**



*Steiva – May 1<sup>st</sup>*

*Joan J – May 3<sup>rd</sup>*

*Evelyn – May 24<sup>th</sup>*

*Ray – May 25<sup>th</sup>*

*Jeanine – May 29<sup>th</sup>*

*Howard – May 31<sup>st</sup>*



## OBITUARY OF JOYCE SCOTT

Joyce Scott passed away peacefully in Swift Current on April 16<sup>th</sup> 2024 at the age of 93. She was predeceased by her husband Ewart. Beloved mother of Bill (Ann), Sheila and Heather (Floyd Jensen). Nana to Douglas Scott (Katelyn), James Scott (Stephanie) and Amy Jensen. Great grandmother to Aubrey Scott.

Joyce was born in Roblin, Manitoba July 25<sup>th</sup> 1930. After moving to Swift Current and raising her family Joyce returned to the workforce. She spent many happy years working in the office at the Pioneer Coop.

In her retirement she enjoyed reading, visiting friends, spending time with family and a spirited game of Scrabble. She also enjoyed volunteering and spent many hours teaching English and making friends with new residents to Canada.

**The family would like to thank the staff at Cypress House and Dr. Steenkamp for their kind care. A memorial service will be held at a future date.**



# The Best Benefit of Believing

BY RICK WARREN — APRIL 26, 2024  
FROM [DARING FAITH](#)

*“I am the one who raises the dead and gives them life again. Anyone who believes in me, even though he dies like anyone else, shall live again. He is given eternal life for believing in me and shall never perish.”*

**John 11:25-26 (TLB)**

There are a lot of benefits to believing in Jesus and having a relationship with him. But even if God removed all the other benefits, there would still be this, and it’s a pretty big deal: When you believe in Jesus Christ, you are guaranteed eternal life. Your eternity is sealed because of Jesus’ resurrection.

You see, Jesus bringing himself back to life changed everything. It literally split history into A.D. and B.C. It’s the most important event ever. And, it proves three things.

First, it proves that Jesus is exactly who he claimed to be. He repeatedly said he was the Son of God who came to die for our sins. And he did just that.

Jesus’ resurrection is one of the most well documented events in history. It would stand up in any court of law. In fact it has many, many times throughout centuries.

The resurrection also proves that Jesus keeps his promises. Jesus told his disciples that he was going to let the people kill him and that he would come back to life. If he kept that promise, then you know you can trust the thousands of other promises God makes in his Word.

The third thing the resurrection proves is that there is life after death. If Jesus Christ hadn’t resurrected, you would have no hope for the future.

This life on earth would be all there is—and that’s not worth placing your hope in!



There are a lot of **benefits to believing** in Jesus and having a relationship with him.

**PASTOR RICK'S**  
DAILY HOPE

Jesus said in John 11:25-26, *“I am the one who raises the dead and gives them life again. Anyone who believes in me, even though he dies like anyone else, shall live again. He is given eternal life for believing in me and shall never perish”* (TLB).

Where else are you going to get a promise like that? Nowhere! Who else can give that to you? No one! If you don't get the promise of eternal life from Jesus, then you won't have it.

That is an amazing benefit, and it's available to you today. What's the qualification? You only have to believe.

[PLAY today's audio teaching from Pastor Rick](#)

### **Talk It Over**

- Why do you think God wants you to choose to believe in him?  
Why is salvation not automatic?
- What does it mean to you that God keeps his promises?
  - How does your salvation give you hope?

#### **What is your choice about Jesus?**

The Bible says you can only get to heaven by trusting in God's Son, Jesus Christ. You can't earn your way into heaven: *“It is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—not by works, so that no one can boast”* (Ephesians 2:8-9 NIV).

If you're ready to commit your life to Jesus, start by praying this prayer:

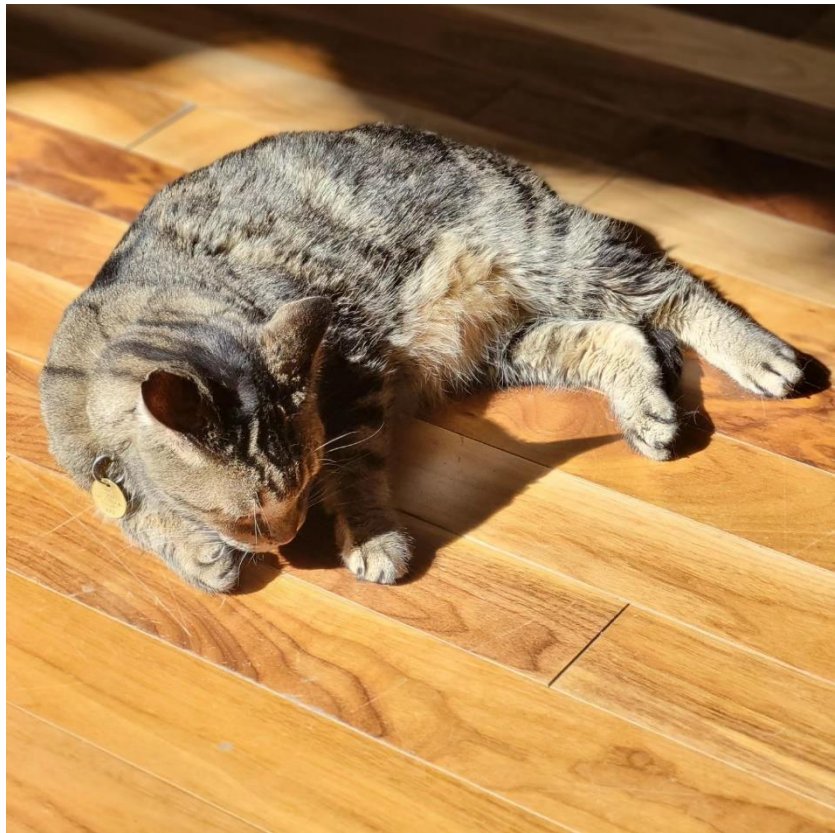
“Dear God, you have promised that if I believe in your Son, Jesus Christ, everything I've ever done wrong will be forgiven, and you will accept me into your eternal home in heaven one day.

“I confess I have sinned, and I ask for your forgiveness. I believe that Jesus died to take away my sins and that you raised him to life. I want to trust Jesus as my Savior and follow him as Lord from this day forward. Guide my life and help me to do your will. In Jesus' name I pray. Amen.”

If you just prayed to accept Jesus, please email me at [Rick@PastorRick.com](mailto:Rick@PastorRick.com) and let me know about it. I'd like to send you some free materials to help you start your journey with Jesus.













# Happy Mother Day

Happy Mother's Day to the most amazing mom in the world. You are the glue that holds our family together and I am so grateful for everything you do. Thank you for being my role model, my best friend, and my biggest supporter.





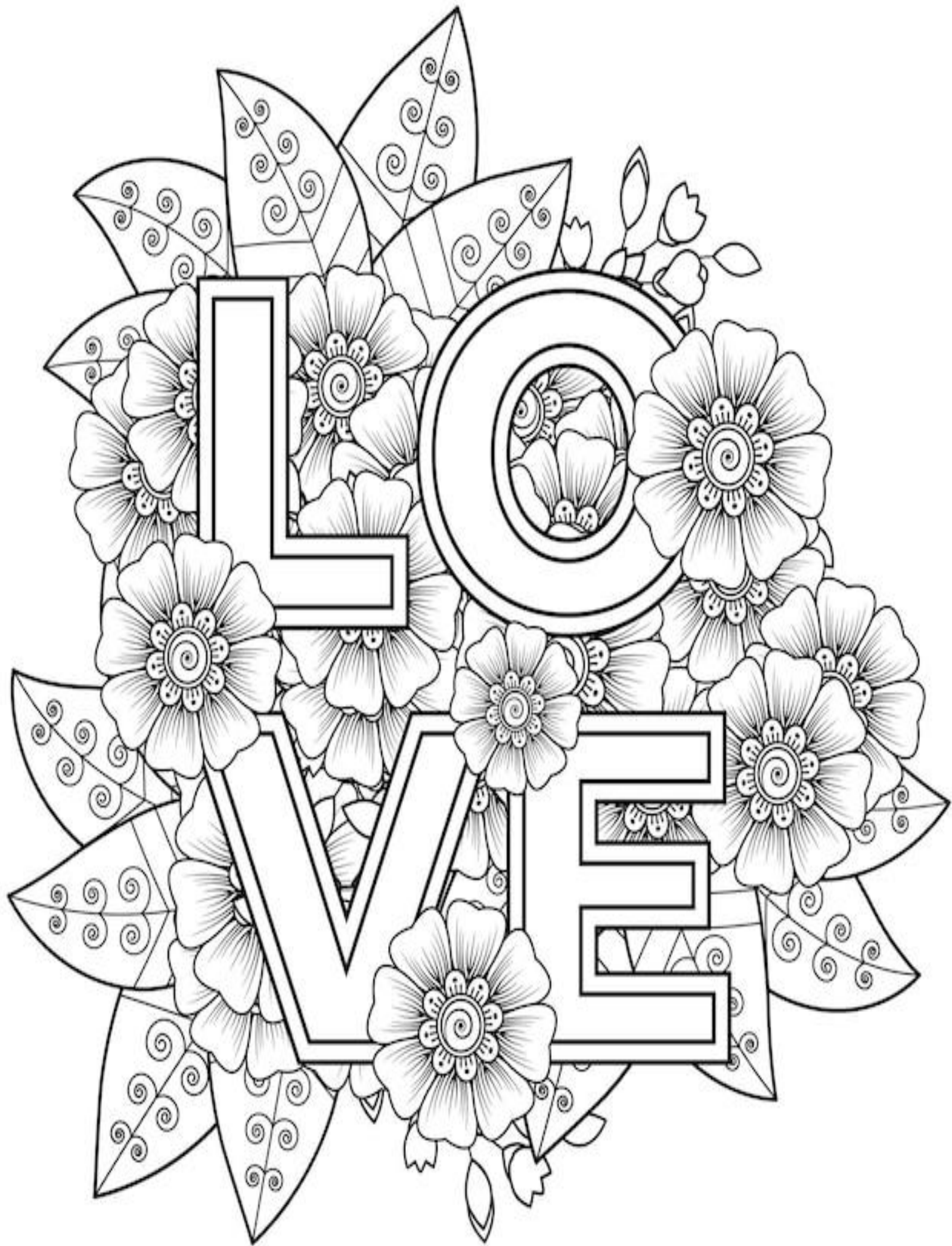
Spring



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## **“Mother”**

Your love was like moonlight  
turning harsh things to beauty,  
so that little wry souls  
reflecting each other obliquely  
as in cracked mirrors...  
beheld in your luminous spirit  
their own reflection,  
transfigured as in a shining stream,  
and loved you for what they are not.  
You are less an image in my mind  
than a luster  
I see you in gleams  
pale as star-light on a gray wall...  
evanescent as the reflection  
of a white swan  
shimmering in broken water.

**LOLA RIDGE**

A photograph of a woman and a young child walking away from the camera on a wide, sandy beach. The woman is wearing a long, light-colored dress and a wide-brimmed hat. The child is wearing a light-colored dress. They are walking towards the ocean, where gentle waves are breaking on the shore. The sky is overcast with soft, white clouds. The overall mood is peaceful and nostalgic.

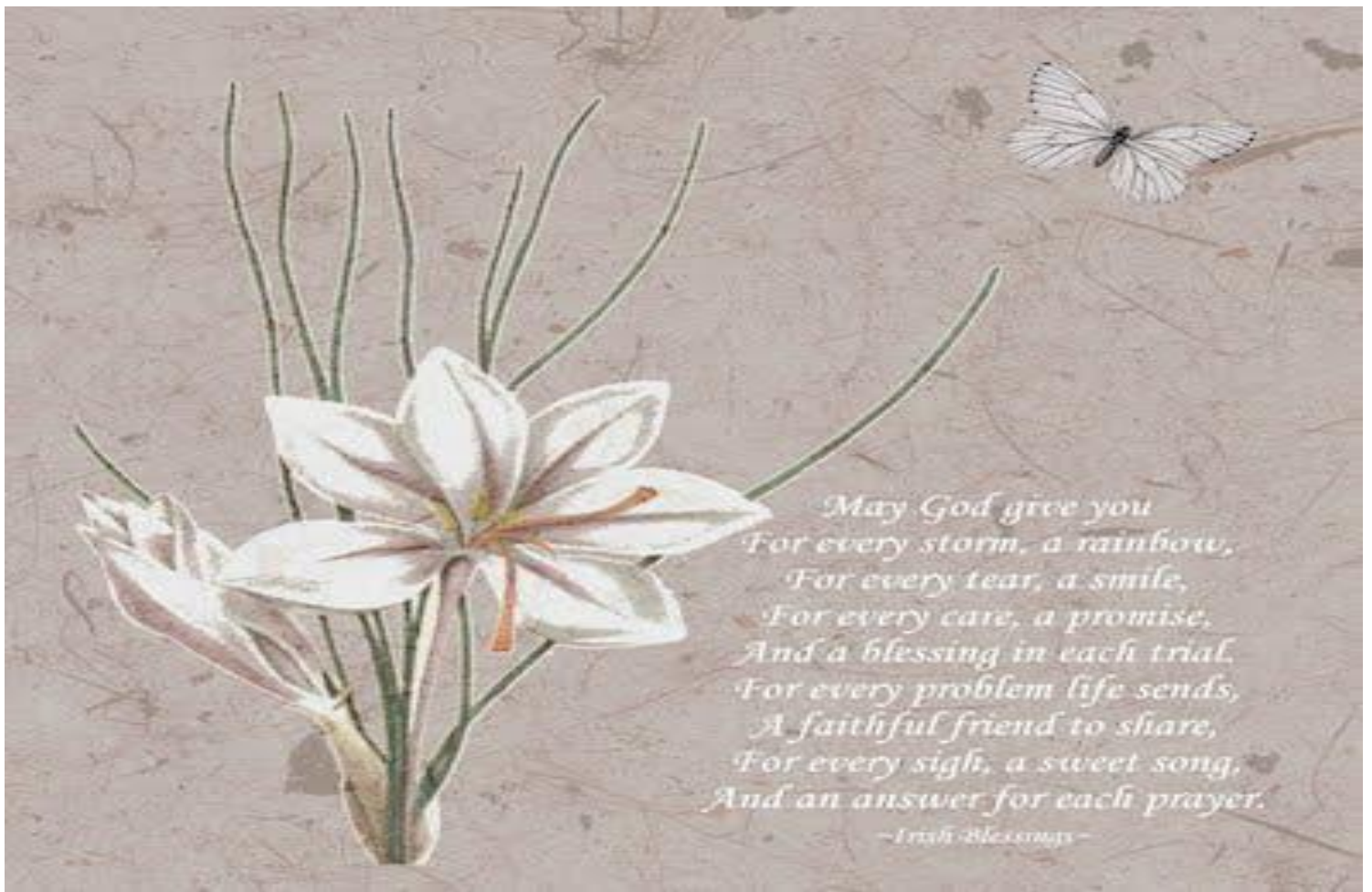
**woman's day**



# Flowers for Mother: A Daughter's Wishes

*(A Mothers Day Poem by Injete Chesoni)*

I wish you sunshine on your cloudy days  
A burst of yellow to pierce the gray  
I wish you spring's flowers on winter days  
A burst of color in the midst of pale  
I wish you rain when your fields are dry  
A blossoming of life where flowers die  
I wish you joy every single day  
And smiles to wash your pain away  
I wish you wings so that you can fly  
With the angels in heaven's skies  
I wish you the fulfillment  
of dreams unfulfilled  
And the contentment  
that fulfillment brings  
My dearest mother you see  
I wish you all  
that you have wished for me  
On this and every single day  
I wish you flowers  
to brighten up your days.



May God give you  
For every storm, a rainbow,  
For every tear, a smile,  
For every care, a promise,  
And a blessing in each trial,  
For every problem life sends,  
A faithful friend to share,  
For every sigh, a sweet song,  
And an answer for each prayer.

~Irish Blessings~

## Forever My Mother, My Angel, My Love

*(An Angel Poem about Mothers by Injete Chesoni)*

When my mother wraps her arms around me  
I am encircled by the love of God  
And when she speaks words of wisdom to me  
I hear the whisper of the Lord  
When she wipes away my tears  
I am touched by the hand of God  
I know that she is an angel sent to me  
specially from up above  
She is always beside me

Forever my angel, forever my love

## Who created Mother's Day?



As universal as Mother's Day is, the holiday has surprisingly modern roots. While celebrations honoring mother goddesses have existed for thousands of years, it wasn't until the beginning of the 20th century that the modern version of Mother's Day came to be. American activist Anna Jarvis created the holiday in honor of her own mother, who had organized women's groups to promote health and friendship in the West Virginia community. Jarvis's mother had dreamed of a memorial day honoring all mothers' work. Jarvis promised to fulfill those wishes after her mother's death in 1905 to honor her memory. On May 10, 1908, Jarvis held what is considered by many to be the first Mother's Day celebration. In addition to conducting a memorial service in Philadelphia to honor all mothers, Jarvis sent 500 white carnations to her late mother's church in West Virginia, a flower that would come to be a symbol of the holiday. The celebration rapidly caught on, and President Woodrow Wilson officially designated the second Sunday of May as Mother's Day on May 9, 1914. The holiday's appeal to businesses played a significant role in its success, as florists, card companies, and other industries promoted the day. Jarvis saw this commercialization as a stark departure from her original intent for Mother's Day, and she spent the last years of her life attempting to abolish the holiday. Today, Mother's Day is celebrated around the world, with billions of dollars spent yearly in the U.S. alone on cards, flowers, and gifts to celebrate mothers.

# Dementia and Eating Habits

Dementia can cause significant changes in eating habits, from forgetting mealtimes to losing the ability to identify what's edible, experts say.

Lillian Hung recalls the confusion that ensued when dining staff at her [long-term-care home](#) served mushroom soup to patients — only for many to return their bowls, still full and untouched.

It wasn't that her patients had suddenly developed an aversion to mushrooms, Hung, the Canada Research Chair in [senior care](#) and a professor of nursing at the University of British Columbia, told the Star.

Rather, the answer lay in the tableware.

"It was served in a white bowl, and it was a white soup," she explained. "And people simply couldn't see the mushroom soup in there."

"We were asking the patients, 'Why didn't you finish your soup?' And they were saying, 'What do you mean, there's nothing in the bowl?'"

[Alzheimer's disease](#) and [dementia](#) can have dramatic impacts on our ability to feed ourselves, a facet that is often overlooked. Yet the behaviour is "very, very common" in those experiencing cognitive decline, according to Hung and other experts — and can range from forgetting to eat meals to being unable to identify what is edible.

"The person living with the condition may not understand themselves that they have these changes — but their family, loved ones, care partners may report it," said Dr. Roger Wong, a clinical professor of geriatric medicine at UBC.

The experts say sudden dietary changes can be an important [warning sign of dementia](#). Here are some signs to look out for.

## **Dementia and forgetting to eat**

According to Wong, the many diseases responsible for driving cognitive decline — collectively known as [dementia](#) — usually start changing our eating habits by way of forgetfulness.

“Because of a loss of memory, very commonly, family and care partners may report that the person living with dementia may forget to eat ... And that could be problematic because it can lead to involuntary weight loss, it could lead to malnutrition,” he explained

People may also forget that they’ve already eaten, and continue to snack or eat meals past the point of fullness.

“For example, they may get up in the middle of the night and try to get food,” Wong said. “ ... Obviously, this is going to be a concern (especially for) individuals, for example, who have other long-standing health conditions such as diabetes.”

Hung warns this behaviour could spark tensions with caregivers, especially as dementia could lead to emotional changes making one more argumentative.

“Sometimes it causes family conflict. Your family will say ‘wait, you just had your lunch.’ And then you’ll get in an argument ... It’s very common,” she said, urging patience and flexibility in family members — it’s all right to seek help if needed.

“I’ve heard of women caregivers getting very afraid (during meal time), because sometimes they’ll get hit by their (dementia-stricken) husband.”

## **Forgetting old dining habits**

Memory loss can lead one to revert on old habits — Wong gave the example of a lactose-intolerant man suddenly drinking milk despite avoiding dairy for years. He may have forgotten about his condition.

Then again, this could be related to aging-related changes in smell and taste, and have nothing to do with dementia, he continued: “There is no clear evidence to suggest that people living with dementia are more prone to developing aging-related changes to smell and taste.”

Look for other [warning signs of dementia](#), he warned, before assuming your grandpa has Alzheimer’s disease because he suddenly became fond of pickles — or figured a cheese pizza was worth the bowel pain.

## **Dementia and not recognizing food**

If you find yourself unable to recognize what you’re seeing, smelling or hearing, despite feeling like you should and your senses otherwise working fine, you may be experiencing agnosia.

Known as one of the cardinal features of Alzheimer’s disease, agnosia is not caused by memory loss, Hung explained. Patients become unable to identify objects or people with their senses — leading one person she knew to brush her hair with a fork, for example.

“They may see salads, vegetables, and they don’t know what it is,” she said. “They might be vegetarians, and then they start eating, like, a steak”

This becomes especially problematic when people eat objects that are not edible. “I have seen patients, during Christmas time, who would eat Christmas ornaments,” Hung said. “It can be pretty risky.”

While agnosia is rare in the early stages of the disease, families and loved ones may not realize one has dementia until it has already progressed to

that point, Wong added. But again, look for more signs before leaping to conclusions after a dietary change.

Interestingly, cultural foods agnosia patients grew up with can often spark recognition. Hung recalled a patient who would refuse to eat any food the hospital gave her. But when her daughter snuck her a Tupperware of steamed chicken feet — a difficult-to-eat traditional dish with many little bones — the woman regained her appetite for the first time in weeks and spat out every tiny bone.

“I went into long term care homes and asked people what they’re eating,” Hung said. “The majority of people, they had no idea what they’re eating.”

## **Dementia and motor difficulties**

Around the mid-stages of cognitive decline, patients may develop apraxia — the inability to carry out a learned motor act, despite being physically able, Wong explained.

“People living with dementia may have difficulty using cutlery, for example, or use other means of eating. So in Asians, they use chopsticks — so they may be more likely to use their fingers” once they’re no longer able to hold chopsticks, he said.

It may also impact one’s ability to prepare food for themselves, and lead to significant safety risks if they’re living alone, Wong continued. “For example, they may leave the burner on causing a fire hazard.”

When it gets to this stage, Hung recommends caregivers feed people with dementia snack-sized finger foods throughout the day, rather than having them sit down for a full meal.

“You just have to adapt as the person changes. It’s really important to understand the disease,” she said. “The needs of the person changes according to how the disease progresses.”

### **Inability to feed self**

In the very last stages of dementia, “usually when a person is on their way out,” patients may find it difficult or impossible to feed themselves, Wong said.

“By the time someone cannot feed themselves, and this is clearly related to eating, that is considered to be a very late stage change,” he continued, describing it as one of the last functions to go.

Patients with advanced dementia may not eat or drink, and can develop dysphagia, a condition that prevents swallowing.

“If someone is not able to feed themselves, then there needs to be a very careful assessment of how feeding can continue to take place,” he said. “Feeding is important not only because it is about ingestion of nutrients, but it’s also a social experience. There is enjoyment in the mouth.”

In the end, dementia is a very complex group of disorders that can affect people in dramatically different ways. There is no one warning sign of the illness, Wong said.

Where there is one sign, there are likely others. Dementia can go undetected for years, he continued — if you notice something wrong in a loved one, it may be time to pay them more mind.



Regarding your loved one's Medications or Care Plans, please call the office to arrange an appointment with The Nurse. Thank You!

Office; 306-778-3500



Please remove all muddy Outdoor footwear, FOR the safety of our residents thank you very much!

Wellness Foot Care

**May 6th 2024**



\$5.00 PER Apt.  
Make Arrangements can be made  
**with the office** or the nurse on duty.

*Cypress House Hair Dresser*

*Lori Dueck*



*call or text - 306-741-632*