## P

MONDAY

TUESDAY

WEDNESDAY

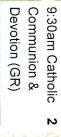
THURSDAY

FRIDAY

SATURDAY

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## Every Morning at 10:45am Hymn Singing (Except After Chair Yoga)





Balance (GR) 10:00am Core &

> Drumming (GR) 10:00am Chair

Yoga & Guided 10:00am Chair

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Social 2:00pm Lemonade



2:00pm Brain Teaser: Who am I?



2:30pm Ice Cream (Patio 2 & 3)

2:30pm Bingo (GR)



with AI (GR)

10:00am

10

10:00am Chair

10:00am Core & 12

Cardio (GR)

Balance (GR)

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Strength

Training (GR)

Meditation (GR)











10:00am Chair







No Morning Activities

World Oceans

1:00pm- 4:00pm Country Drive House 1 & 2



Entertainment: Old Time Rhythm





13

10:00am Chair

4



Meditation (GR) Yoga & Guided 10:00am Chair

2:00pm Garden



Day: Travel to the 2:00pm Cultural

(GR)

2:30pm Bingo (GR)

(Courtyard 1 & 2)

Wanda (H5)

1:30pm Baking with

Painting

Craft: Water Gun

Jane (GR)

1:30pm Rosary with

2:00pm Summer

BLNG O

Colada Social 2:00pm Pina

3:00pm Bible Fellowship Service



3:15pm Sing Along with AI (GR)









