

May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Dorothy Cubbon Bertha Delaine Annie Burnouf Ken Meena Lucille Shutra Jean Golemba	May 3, 1936 May 12, 1934 May 18, 1934 May 20, 1934 May 29, 1935 May 31, 1929	1 Get Crackin' H3 Individual Exercise 10:30 Sit N' Be Fit 1:30 CANTEEN 1:30 Kaiser	2 Get Crackin' H4 09:30 Group Exercise 10:00 Catholic Church 10:30 Crossword 11:00 Bakin' 1:30 Birthday Party H1	3 Individual Exercise 10:30 Sit N' Be Fit 1:30 BINGO 	4 
5 	6 Get Crackin' H1 Individual Exercise 10:30 Sit N' Be Fit H3 1:30 Book Sharing H3 1:30 Cards & Games 	7 Get Crackin' H2 09:30 Group Exercise 10:00 United Church 1:30 Entertainment "Eagle Valley West Band" 	8 Get Crackin' H3 Individual Exercise 10:30 Sit N' Be Fit 1:30 Entertainment "The OLD TIMERS" 	9 Get Crackin' H4 09:30 Group Exercise 10:00 Anglican Church 1:30 Mother's Day Celeration "Aven Grace"	10 Individual Exercise 10:30 Sit N' Be Fit 1:30 BINGO 	11 
12 	13 Get Crackin' H1 Individual Exercise 10:30 Sit N' Be Fit 1:30 Cards & Games 1:30 Gardening Preparation 	14 Get Crackin' H2 09:30 Group Exercise 10:00 Hangman H2 1:30 Gardening 	15 Get Crackin' H3 Individual Exercise 10:30 Sit N' Be Fit 1:30 Gardening 	16 Get Crackin' H4 09:30 Group Exercise 11:00 Porta Bella Lunch 	17 Individual Exercise 10:30 Sit N' Be Fit 1:30 BINGO 	18 
19 	20 NO RECREATION	21 Get Crackin' H2 09:30 Group Exercise 10:00 Cribbage H3 1:30 Cards & Games 	22 Get Crackin' H3 Individual Exercise 10:30 Sit N' Be Fit 1:30 Karaoke Afternoon 	23 Get Crackin' H4 09:30 Group Exercise 10:30 Crossword 11:00 Bakin' 1:30 Birthday Party H2	24 Individual Exercise 10:30 Sit N' Be Fit 1:30 BINGO 	25 
26 	27 Get Crackin' H1 Individual Exercise 10:30 Sit N' Be Fit 11:00 WELLNESS H1 12:30 WELLNESS H2	28 Get Crackin' H2 09:30 Group Exercise 10:30 Crossword 1:30 Spring Roll Makin'	29 Get Crackin' H3 Individual Exercise 10:30 Sit N' Be Fit 1:30 Spring Roll Makin' 1:30 Bakin'	30 Get Crackin' H4 09:30 Group Exercise 10:30 Crossword 1:30 Bakin'	31 Individual Exercise 10:30 Sit N' Be Fit H3 1:30 Garage Sale Preparation	

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1:30 BINGO 					