## May 2024

SUNDAY MONDAY TUESDAY THURSDAY FRIDAY SATURDAY WEDNESDAY 10:00am Strength 1 10:00am Chair No Morning Training (GR) Yoga & Guided **Activities** Meditation (GR) 1:30pm Baking with \*Activities Subject to 2:00pm Wanda (H5) Entertainment: Don Balzer (GR) **Change\*** 2:00pm Garden Club (GR) 3:15pm Sing Along with AI (GR) 9:30am Catholic 5 10:00am Chair 10:00am Strength 7 10:00am Chair 10:00am Core & 9 10:00am Chair 10 11 Dancing: Pop Devotion & Yoga & Guided Training (GR) Balance (GR) Cardio (GR) Meditation (GR) Communion (GR) (GR) @ 2:00pm Shirley 2:00pm Temple Social (GR) Entertainment: Neil 2:00pm Creating 1:30pm Rosary with with Sanatanna: & Nancy (GR) 2:00pm Cinco de Flavoured Sugar Jane (GR) Mayo Social (GR) (GR) 2:30pm Bingo (GR) 3:30pm Catholic 3:15pm Sing Along Communion with Fr. Peter (GR) with AI (GR)

