


March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Individual Exercises 10:30 Sit N' Be Fit 1:30 BINGO 	2 
3 	4 Get Crackin' H1 Individual Exercises 10:30 Sit N' Be Fit 1:30 Card & Games 	5 Get Crackin' H2 09:30 Group Exercises 10:00 United Church 1:30 Birthday Party H4	6 Get Crackin' H3 Individual Exercises 10:30 Sit N' Be Fit 1:30 Movie Afternoon	7 Get Crackin' H4 09:30 Group Exercises 10:00 Catholic Church 1:30 Int'l Women's Day "Erin Foreman"	8 Individual Exercises 10:30 Sit N' Be Fit 1:30 BINGO 	9 
10 	11 Get Crackin' H1 Individual Exercises 10:30 Sit N' Be Fit 1:30 St. Patrick Decoration	12 Get Crackin' H2 09:30 Group Exercises 1:30 100 th Birthday Celebration "John Squire" H2	13 Get Crackin' H3 Individual Exercises 10:30 Sit N' Be Fit H3 1:30 Canteen	14 Get Crackin' H4 09:30 Group Exercises 10:00 Crossword 1:30 Kaiser 1:30 Cribbage	15 Individual Exercises 10:30 Sit N' Be Fit 1:30 BINGO 	16 
17 	18 Get Crackin' H1 Individual Exercises 10:30 Sit N' Be Fit H2 1:30 Card & Games 	19 Get Crackin' H2 09:30 Group Exercises 10:30 Crossword 1:30 Birthday Party H3	20 Get Crackin' H3 Individual Exercises 10:30 Sit N' Be Fit 1:30 Easter Decoration	21 Get Crackin' H4 09:30 Group Exercises 10:30 Crossword 1:30 Wine Makin' 1:30 Kaiser H2	22 Individual Exercises 10:30 Sit N' Be Fit 1:30 BINGO 	23 
24 	25 Get Crackin' H1 Individual Exercises 10:30 Sit N' Be Fit 1:30 Memorial Service	26 Get Crackin' H2 09:30 Group Exercises 11:00 Wellness H1 12:30 Wellness H2 1:30 Bingo 	27 Get Crackin' H3 Individual Exercises 10:30 Sit N' Be Fit H2 11:00 Wellness H3 12:30 Wellness H4 1:30 Bible Study	28 Get Crackin' H4 09:30 Group Exercises 10:30 Crossword 1:30 Card & Games 	29 No Recreation	30 
31 	<div style="display: flex; justify-content: space-between;"> <div style="text-align: center;">  <p>HAPPY BIRTHDAY</p> </div> <div style="text-align: center;"> <p>Fred Schmidt March 05, 1928 John Squire March 12, 1924 Meda King March 13, 1934 Rose Marie Heidel March 19, 1937 Howard Matilla March 24, 1936</p> </div> <div style="text-align: center;">  <p>HAPPY BIRTHDAY</p> </div> </div>					

