

JANUARY /2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|---|---|--|
| | 1 <i>Happy New Year</i> | 2 9:30- Forever Young Fitness 10:30- Uno Flip 1:30- Card Bingo & Happy Hour  | 3 9:30- Chair Yoga 10:30- New Years Bingo 1:30- Hot Chocolate Social | 4 9:30- Forever Young Fitness 10:30- Dump-a-Tile 1:30- Happy Hour & Piano Playing  | 5 9:30- Forever Young Fitness 10:30- Town Hall Games 1:30- 3 Of Us  | 6 1:30 Student Activities  |
| 7 1:30 Student Activities | 8 9:30- Forever Young Fitness 10:30- Massages & Christmas Take Down! | 9 9:30- Forever Young Fitness 10:30- Uno Flip 1:30- Card Bingo & Happy Hour | 10 9:30- Chair Yoga 10:30- Winter Bingo 1:30- Winter Craft | 11 9:30- Forever Young Fitness 10:30- Journey In Praise 1:30- Wine & Cheese | 12 9:30- Forever Young Fitness 10:30- Town Hall Games 1:30- Dave Lowey | 13 1:30 Student Activities |
| 14 10:30 Worship with Joan & Leone 1:30 Student Activities | 15 9:30- Forever Young Fitness 10:30- New Years Bingo 1:30- Winter Canvas | 16 9:30- Forever Young Fitness 10:30- Uno Flip 1:30- Card Bingo & Happy Hour | 17 9:30- Chair Yoga 10:30- Dump-a-tile 1:30- Games Room Social | 18 9:30- Forever Young Fitness 10:30- Pastor Diane 1:30- Afternoon Drive | 19 9:30- Forever Young Fitness 10:30- Town Hall Games 1:30- Sing-a-long | 20 1:30 Student Activities |
| 21 1:30 Student Activities | 22 9:30- Forever Young Fitness 10:30- Massages 1:30- Tim Hortons Social | 23 9:30- Forever Young Fitness 10:30- Uno Flip 1:30- Card Bingo & Happy Hour | 24 9:30- Chair Yoga 10:30- Winter Bingo 1:30- On Cloud Wine | 25 9:30- Forever Young Fitness 10:30- Cribbage 1:30- Rock The House | 26 9:30- Forever Young Fitness 10:30- Town Hall Games 1:30- Roberta Nichol | 27 1:30 Student Activities |
| 28 10:30 Worship with Joan & Leone 1:30 Student Activities | 29 9:30- Forever Young Fitness 10:30- # Bingo 1:30- Ice Cream Floats | 30 9:30- Forever Young Fitness 10:30- Uno Flip 1:30- Card Bingo & Happy Hour | 31 9:30- Chair Yoga 10:30- Dump-a-tile 1:30- Afternoon Drive | Alfred McMillian- Jan 2nd Mona Maierhoffer- Jan 4th Walter Schmidt- Jan 5th Bill Howden- Jan 6th  | | |

