







October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 1:30 <i>Student Activities</i>	2 9:30- Chair Yoga 10:30- Farmer Bingo 1:30- Games Room Social 3:00- Visits H1	3 9:30- Forever Young Fitness 10:30- Uno Flip 1:30- Card Bingo 2:30- Happy Hour	4 9:30- Forever Young Fitness 10:30- Dump-a-tile 1:30- What are you thankful for?	5 9:30- F.Y Fitness 10:30- Curling 1:30- Piano Playing & Happy Hour 3:00- One-One	6 9:30- Forever Young Fitness 10:30- Town Hall Games 1:30- Sing-a-long	7 1:30 <i>Student Activities</i>	
8 10:30 Worship with Joan & Leone	9  HAPPY Turkey Day!	10 9:30- Forever Young Fitness 10:30- Uno 1:30- Card Bingo 2:30- Happy Hour	11 9:30- Chair Yoga 10:30- Fall Bingo 1:30- Afternoon Drive 3:00- One-One	12 9:30- F.Y Fitness 10:30- Journey In Praise 1:30- Curling 3:00- One-One 	13 9:30- Forever Young Fitness 10:30- Town Hall Games 1:30- Sing-a-long 3:00- One-One	14 1:30 <i>Student Activities</i> 	
15 1:30 <i>Student Activities</i>	16 9:30- Chair Yoga 10:30- Massage Chair 1:30- Lets Paint 3:00- Visits H2	17 9:30- Forever Young Fitness 10:30- Uno Flip 1:30- Card Bingo 2:30- Happy Hour 	18 9:30- Forever Young Fitness 10:30- Reg. Bingo 1:30- Hot Chocolate Social 3:00- One-One	19 9:30- F.Y Fitness 10:30- Pastor Diane 1:30- 3 Of Us 3:00- One-One	20 9:30- Forever Young Fitness 10:30- Town Hall Games 1:30- Sing-a-long 3:00- One-One	21 1:30 <i>Student Activities</i> 	
22 10:30 Worship with Joan & Leone	23 9:30- Chair Yoga 10:30- Dump-a-tile 1:30- Tim Horton Social 3:00- Visits H3	24 9:30- Forever Young Fitness 10:30- Uno 1:30- Card Bingo 2:30- Happy Hour 	25 9:30- Chair Yoga 10:30- Halloween Bingo 1:30- Halloween Craft 3:00- One-One	26 9:30- F.Y Fitness 10:30- Curling 1:30- Afternoon Drive 3:00- One-One	27 9:30- FY Fitness 10:30- Town Hall Games 1:30- Roberta Nichol 	28 1:30 <i>Student Activities</i>	
29 1:30 <i>Student Activities</i> 	30 9:30- Chair Yoga 10:30- Halloween Bingo 1:30- Pumpkin Carving 3:00- Visits H4	31 Happy Halloween  9:30- Forever Young Fitness 10:30- Uno Flip 1:30- Card Bingo 2:30- Happy Hour	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p><i>Ruth- October 12th</i></p> <p><i>Joyce- October 17th</i></p> <p><i>Johnny- October 24th</i></p> <p><i>Adeline- October 29th</i></p> </div> <div style="width: 10%; text-align: center;">  </div> <div style="width: 45%;"> <p><i>Helen P- October 14th</i></p> <p><i>Richard- October 21st</i></p> <p><i>Eileen- October 27th</i></p> </div> </div>				

