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|  | · October 2023 · | | | | |  |
| ∙ **Sunday** ∙ | ∙ **Monday** ∙ | ∙ **Tuesday** ∙ | ∙ **Wednesday** ∙ | ∙ **Thursday** ∙ | ∙ **Friday** ∙ | ∙ **Saturday** ∙ |
| |  | | --- | | **1** | |  |   9:30am Catholic Devotion & Communion (GR  )    3:00pm Bible Fellowship Service (GR) | |  | | --- | | **2** |   10:00am Strength Training (GR)  10:45am Hymn Singing (GR)  2:00pm Apple Cider Social (GR)  2:30pm Bingo (GR) | |  | | --- | | **3** |   10:00am Chair Cardio (GR)  10:45am hymn singing (GR)  2:00pm Bible Study & Hymn Singing (GR) | |  | | --- | | **4** | |  |   10:00am Chair Yoga & Guided Meditation (GR)  1:30pm Rosary with Jane (GR)    1:30pm Baking with Wanda (H4)  3:15pm Sing Along with Al (GR) | |  | | --- | | **5** | |  |   10:00am Chair Drumming with Little Learner’s (GR)  10:45am Hymn Singing (GR)  2:00pm Did You Know? Animal Facts (H3 & H5) | |  | | --- | | **6** |   No Morning Activities  2:00pm Entertainment by DonLin Country (GR) | |  | | --- | | **7** | |
| |  | | --- | | **8** | | |  | | --- | | **9** | |  |   Happy Thanksgiving  No Activities Today | |  | | --- | | **10** |   10:00am Chair Cardio (GR)  10:45am hymn singing (GR)  2:00pm Thanksgiving Social (GR) | |  | | --- | | **11** |   10:00am Chair Yoga & Guided Meditation (GR)  1:30pm Rosary with Jane (GR)  2:00pm Riddles & Brain Teasers  (H3 & H6)  3:15pm Sing Along with Al (GR) | |  | | --- | | **12** |   10:00am Chair Dancing: Disco (GR)  10:45am Hymn Singing (GR)  2:00pm Travel Cinema: Spain (GR) | |  | | --- | | **13** |   10:00am Core & Balance (GR)  10:45am Hymn Singing (GR)  2:00pm Entertainment: Don Balzer (GR)  3:30pm Catholic Communion with Father Peter (GR) | |  | | --- | | **14** | |
| |  | | --- | | **15** |   9:30am Catholic Devotion & Communion (GR)    3:00pm Diamond House Fellowship Service (GR) | |  | | --- | | **16** |   10:00am Strength Training (GR)  10:45am Hymn Singing (GR)  2:00pm Hot Chocolate Social (GR)  2:30pm Bingo (GR) | |  | | --- | | **17** |   10:00am Chair Cardio (GR)  10:45am hymn singing (GR)  2:00pm Bible Study & Hymn Singing (GR) | |  | | --- | | **18** |   10:00am Chair Drumming with Little Learners’ (GR)  10:45am Hymn Singing (GR)  1:30pm Rosary with Jane (GR)    1:30pm Baking with Wanda (H5)  3:15pm Sing Along with Al (GR) | |  | | --- | | **19** |   10:00am Chair Yoga & Guided Meditation (GR)  2:00pm Travel Cinema: Alaska (GR) | |  | | --- | | **20** |   10:00am Core & Balance (GR)  10:45am Hymn Singing (GR)  2:00pm Balloon Badminton (GR)    2:30pm Happy Hour (GR) | |  | | --- | | **21** | |
| |  | | --- | | **22** | | |  | | --- | | **23** |   10:00am Strength Training (GR)  10:45am Hymn Singing (GR)  2:00pm Coffee Social (GR)  2:30pm Bingo (GR) | |  | | --- | | **24** |   10:00am Chair Cardio (GR)  10:45am hymn singing (GR)  2:00pm Tik Tok: Diamond House Crew (GR) | |  | | --- | | **25** | |  |   10:00am Chair Yoga & Guided Meditation (GR)  1:30pm Rosary with Jane (GR)    2:00pm Poetry Club: October Poems (H4 & H5)  3:15pm Sing Along with Al (GR) | |  | | --- | | **26** |   10:00am Resident Birthday Party & Bingo (GR)  H1, H3 & H5 | |  | | --- | | **27** |   10:00am Core & Balance (GR)  10:45am Hymn Singing (GR)  2:00pm Entertainment: The Old Time Rhythm Makers (GR) | |  | | --- | | **28** | |
| |  | | --- | | **29** | |  |     3:00pm Diamond House Fellowship Service (GR) | |  | | --- | | **30** |   10:00am Little Learner’s Halloween Party (GR)  2:00pm Tea Social (GR)  2:30pm Bingo (GR) | |  | | --- | | **31** | |  |   10:00am Little Learner’s Halloween Party (GR)  2:00pm Bible Study & Hymn Singing (GR) | **Little Learner’s Preschool**  Monday – Thursday  9:30am – 11:30am  House 1 | | | |