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|  | · October 2023 · |  |
| ∙ **Sunday** ∙ | ∙ **Monday** ∙ | ∙ **Tuesday** ∙ | ∙ **Wednesday** ∙ | ∙ **Thursday** ∙ | ∙ **Friday** ∙ | ∙ **Saturday** ∙ |
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| **1** |
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9:30am Catholic Devotion & Communion (GR)3:00pm Bible Fellowship Service (GR) |

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| **2** |

10:00am Strength Training (GR)10:45am Hymn Singing (GR)2:00pm Apple Cider Social (GR)2:30pm Bingo (GR) |

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| **3** |

10:00am Chair Cardio (GR)10:45am hymn singing (GR)2:00pm Bible Study & Hymn Singing (GR)  |

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| **4** |
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10:00am Chair Yoga & Guided Meditation (GR)1:30pm Rosary with Jane (GR)1:30pm Baking with Wanda (H4)3:15pm Sing Along with Al (GR) |

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| **5** |
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10:00am Chair Drumming with Little Learner’s (GR)10:45am Hymn Singing (GR)2:00pm Did You Know? Animal Facts (H3 & H5) |

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| **6** |

No Morning Activities2:00pm Entertainment by DonLin Country (GR) |

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| **9** |
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Happy ThanksgivingNo Activities Today |

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| **10** |

10:00am Chair Cardio (GR)10:45am hymn singing (GR)2:00pm Thanksgiving Social (GR) |

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| **11** |

10:00am Chair Yoga & Guided Meditation (GR)1:30pm Rosary with Jane (GR) 2:00pm Riddles & Brain Teasers (H3 & H6)3:15pm Sing Along with Al (GR) |

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| **12** |

10:00am Chair Dancing: Disco (GR)10:45am Hymn Singing (GR)2:00pm Travel Cinema: Spain (GR) |

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| **13** |

10:00am Core & Balance (GR)10:45am Hymn Singing (GR)2:00pm Entertainment: Don Balzer (GR)3:30pm Catholic Communion with Father Peter (GR) |

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| **14** |

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| **15** |

9:30am Catholic Devotion & Communion (GR)3:00pm Diamond House Fellowship Service (GR) |

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| **16** |

10:00am Strength Training (GR)10:45am Hymn Singing (GR)2:00pm Hot Chocolate Social (GR)2:30pm Bingo (GR) |

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| **17** |

10:00am Chair Cardio (GR)10:45am hymn singing (GR)2:00pm Bible Study & Hymn Singing (GR) |

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| **18** |

10:00am Chair Drumming with Little Learners’ (GR)10:45am Hymn Singing (GR)1:30pm Rosary with Jane (GR)1:30pm Baking with Wanda (H5)3:15pm Sing Along with Al (GR) |

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| **19** |

10:00am Chair Yoga & Guided Meditation (GR)2:00pm Travel Cinema: Alaska (GR) |

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| **20** |

10:00am Core & Balance (GR)10:45am Hymn Singing (GR)2:00pm Balloon Badminton (GR)2:30pm Happy Hour (GR) |

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| **21** |

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| **22** |

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| **23** |

10:00am Strength Training (GR)10:45am Hymn Singing (GR)2:00pm Coffee Social (GR)2:30pm Bingo (GR) |

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| **24** |

10:00am Chair Cardio (GR)10:45am hymn singing (GR)2:00pm Tik Tok: Diamond House Crew (GR) |

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| **25** |
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10:00am Chair Yoga & Guided Meditation (GR)1:30pm Rosary with Jane (GR) 2:00pm Poetry Club: October Poems (H4 & H5)3:15pm Sing Along with Al (GR) |

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| **26** |

10:00am Resident Birthday Party & Bingo (GR)H1, H3 & H5  |

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| **27** |

10:00am Core & Balance (GR)10:45am Hymn Singing (GR)2:00pm Entertainment: The Old Time Rhythm Makers (GR) |

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| **28** |

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| **29** |
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3:00pm Diamond House Fellowship Service (GR) |

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| **30** |

10:00am Little Learner’s Halloween Party (GR)2:00pm Tea Social (GR)2:30pm Bingo (GR) |

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| **31** |
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10:00am Little Learner’s Halloween Party (GR)2:00pm Bible Study & Hymn Singing (GR) | **Little Learner’s Preschool** Monday – Thursday 9:30am – 11:30amHouse 1 |