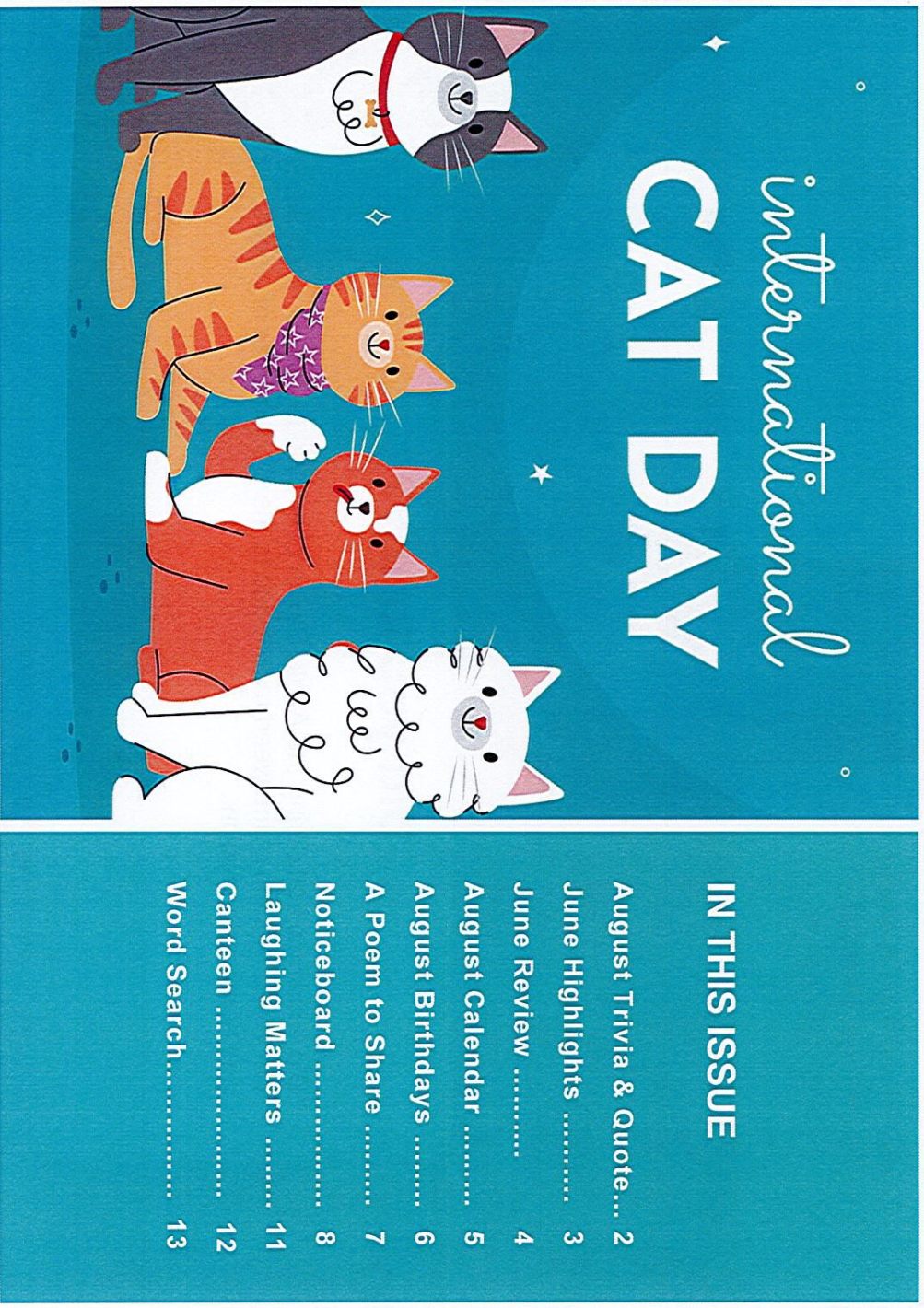


NEWSLETTER

August 2023

Diamond House 700 Ballesteros Cres Warman SK S0K 4S4



August Trivia

August was named in honor of Augustus Caesar. It has 31 days because Augustus wanted as many days as Julius Caesar's month of July had!

Zodiac signs: **Leo & Virgo**

Birthstone: **Peridot**

Flower: **Gladiolus**

Quote of the Day

Life is 10% what happens to you and
90% how you react to it.

- Charles R. Swindoll

Did you know?

Did you know that during the Anglo-Saxon period August was known as the Weed month or the weed month due to the rapid growth of weeds and herbs in the region.

June Highlights

Guest Speaker

Len Rempel came and spoke to us of his time and travels with Ten Thousand Villages. Len brought many items for us to try and enjoy.



Intro to Chess!

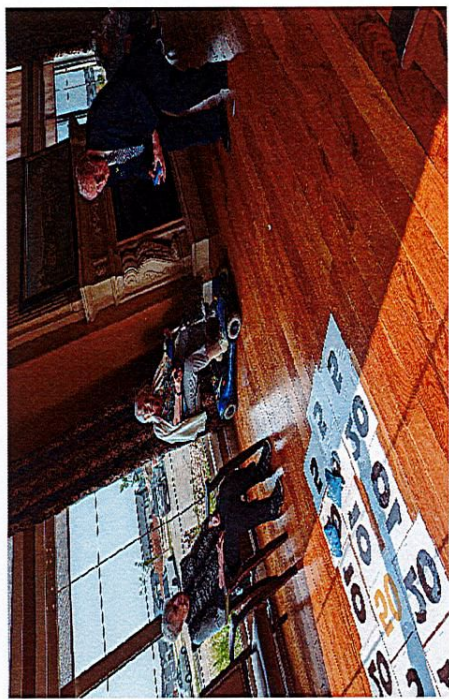
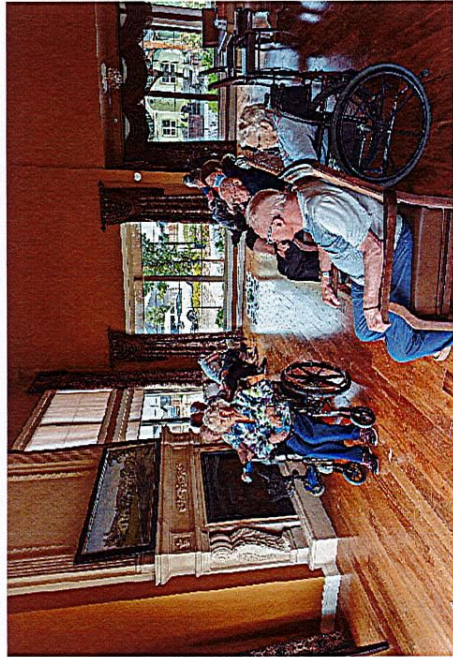
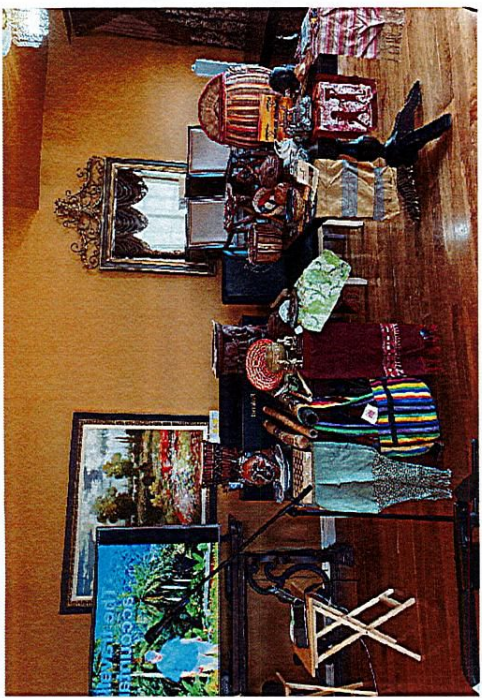
Nick, one of our volunteers came and showed us how to play chess. It was a fun way to learn the art of strategy.



Garden Bingo

We took advantage of the weather and enjoyed a few games of bingo in the garden.

June in Review



August 2023

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

		1 Forgiveness Day	2	3	4	5	6
							
7 Cat Day	8 						
14	15	16	17	18	19	20	
21	22	23	24	25 Dog Day	26 	27	
28	29	30	31	<p>“Any day in August is better than a day in January.” -Keith Vik</p>			

August Birthdays

In August, we celebrate birthdays with:

Martha T
Shirley M
Myrna H
Mildred W
Elizabeth D

Betty D
Darrell H
Roy S
Harvey H

Join us in the great room on August 31st at 10:00am & 2:00pm to celebrate!



Tony Bennett – Singer – 3rd of August, 1926
Dustin Hoffman, Actor, 8th August 1937
Melanie Griffith, Actor, 9th August, 1957
Magic Johnson, Basketball Player, 14th August, 1959
Madonna, singer, 16th August, 1958
Robert De Niro, Actor, 17th August, 1943
Patrick Swayze, Actor, 18th August 1952
Bill Clinton, 42nd President of the US, 19th August 1946
Sean Connery, Actor, 25th August, 1930
Michael Jackson, Singer, 29th August, 1958

Leo (July 22 -August 21)
Lovable Leos are famously known for their exuberance, loyalty and self-confidence.

Virgo (Aug 22 – Sep 22)
Virgos are logical, practical, and systematic in their approach to life. They are perfectionists at heart.

A Poem to Share

Hope is the thing with feathers

By Emily Dickinson

Hope is the thing with feathers
That perches in the soul,
And sings the tune without the words,
And never stops at all,

And sweetest in the gale is heard;
And sore must be the storm
That could abash the little bird
That kept so many warm.

I've heard it in the chilliest land,
And on the strangest sea;
Yet, never, in extremity,
It asked a crumb of me.

"Hope is the thing with feathers" by Emily Dickinson beautifully personifies hope as a bird that resides in the soul and uplifts the spirit. The poem suggests that hope is a constant companion, singing its tune regardless of the circumstances. It conveys the resilience of hope, even in the face of adversity, and emphasizes that hope requires nothing in return.

NEW RESIDENTS

A very warm welcome to:

- **Sheila A**

We hope that you enjoy your time here!

FIND US AND GIVE US A FOLLOW

We have expanded our media presence!
We can be found on:

Facebook: Diamond House
Instagram: Diamond_Crew2016
TikTok: Diamond_Crew2016



DOCTOR AND LAB

We offer the service of having an in-house doctor and lab services.

Our in-house doctor rounds are every Wednesday.

If you would like a doctor's appointment or require lab services, please contact the Nurse on duty.

Phone: (306)-955-1300 Ext 3

FRIENDLY REMINDER

Video recording and photo policy.

Family and friends are asked not to videotape or take photos in the common areas including the nurse's station if there are other residents and staff present. Please respect everyone's right to privacy.

VOLUNTEERS

If you want to volunteer your skills, abilities or talents please contact our activity department.

Noticeboard



MASSAGE SERVICE

We are pleased to offer in suit massage therapy by Self Wellness. Please contact Self Wellness directly to book your appointment.

PHYSIOTHERAPY

We are pleased to offer in suit physiotherapy by Nova. Please contact Nova directly to book your appointment.

Phone: (306)-382-3332

SALON

Woman's hair cut - \$40.00

Shampoo & Set - \$30.00

Perms - \$90.00

Hair Color - \$80.00

Men's hair cut - \$30.00

Payment can be cash, cheque, or e-transfer to your stylist, or you can charge your appointment to your comfort fund.

To make an appointment you can contact:

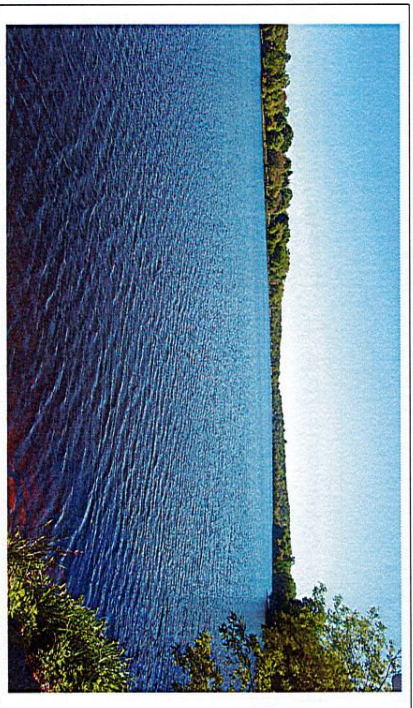
Tracey (306)-222-9481

Tuesday & Thursday – Tracy's availability

Marlene (306)-220-9895

Wednesdays – Marlene's availability

Please note that all salon services are an additional cost.



Noticeboard



Video Call Options

Google Duo App

This app works with Android, iPhone, and iPad – You can call from any Android based phone/tablet to an Apple phone/pad or vice versa. This is the most recommended to use as it doesn't matter what type of phone or tablet you have.

Google Duo online – www.duo.google.com

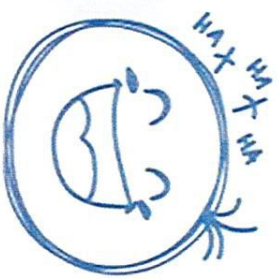
Face Time (this only works with Apple products)

To arrange a day and time to have a call please contact the Activity department Monday – Friday 9:00am – 5:30pm.

Phone: (306)-955-1300 Ext 4

Email: activity@diamondhouse.ca

Laughing Matters



The Celebrity

One day a famous old Celebrity went to a Nursing Home to see all of his friends again and see how everyone was doing.

When he got there he was immediately greeted by everyone because they recognised him instantly.

He said hi to all of his friends warmly but then noticed one man didn't say anything to him, or even give him a glance.

This was puzzling. Didn't the man know who he was? Surely he'd seen some of his movies or his TV show! He finally decided to talk to the man.

The Celebrity went up to the old man and stood in front of him, asking: "Do you know who I am"?

The old man looked at him and quickly said: "No, but you can go to the front desk and they'll tell you".

Missing

I've hunted near, I've hunted far,
I even looked inside my car,

I've lost my glasses, I'm in need,
To have them now so I can read.

I loudly swear, and I curse,
Did I leave them in my purse?

Are they behind the sofa or under the bed?
OH! there they are - on my head!

By Anne Scott



Diamond House
PERSONAL CARE HOME



Mobile Canteen Prices

<u>Chocolate Bars</u>	
Aero Milk Chocolate	\$1.00
Aero Mint	\$1.00
Caramel	\$1.00
Coffee Crisp	\$1.00
Dairy Milk	\$1.00
Glossets Raisins	\$1.00
Hershey's Cookies & Cream	\$1.00
Hershey's Milk Chocolate	\$1.00
Hershey's Whole Almonds	\$1.00
KitKat	\$1.00
M&Ms	\$1.00
M&Ms Peanut	\$1.00
Mr. Big	\$1.00
Oh Henry	\$1.00
Reese's Peanut Butter Cups	\$1.00
Smarties	\$1.00
Twix	\$1.00

<u>Chips</u>	
All Dressed	\$0.50
BBQ	\$0.50
Cheetos	\$0.50
Doritos	\$0.50
Ketchup	\$0.50
Regular	\$0.50
Salt & Vinegar	\$0.50
Sour Cream & Onion	\$0.50

<u>Beverages</u>	
Coke	\$1.00
Cream Soda	\$1.00
Dr. Pepper	\$1.00
Grape Soda	\$1.00
Orange Crush	\$1.00
Pepsi	\$1.00
Root Beer	\$1.00
7-up	\$1.00

<u>Hygiene Products</u>	
Bar Soap	\$2.00
Handsoap	\$3.00
Shampoo	\$5.00
Conditioner	\$5.00
Ladies Bodywash	\$5.00
Men's Bodywash	\$5.00
Body Lotion	\$4.00
Regular Toothpaste	\$2.00
Sensodyne Toothpaste	\$4.00

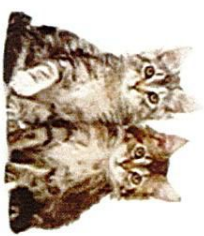
<u>Peanuts</u>	
BBQ	\$1.00
Honey Roasted	\$1.00
Salted	\$1.00
Trail Mix	\$1.00

<u>Other</u>	
Halls	\$1.00

<u>Candy</u>	
Mints - Spearmint	\$2.00
Mints - Peppermint	\$2.00

Word Search

CAT BREEDS



B O E H R D B I R M A N M T
U M A I N E C O O N Q Y O U
R B N M T L I B O B T A I L
M O G A P E R S I A N N A M
E M O L O E S P H Y N X Q J
S B R A G E T R B E N G A L
E A A Y J R A G D O L L S Z
B Y O A T B U R M I L L A M
L T B N T O N K I N E S E A
O S I B E R I A N V Y U U N
C M L G Y S N O W S H O E X
R U S S I A N B L U E C R A
D X C H A R T R E U X L A B
J T L S I A M E S E A K Z B

Siamese
Angora
Burmese
Chartreux
Burmilla

Ragdoll
Bengal
Bombay
Siberian
Tonkinese

Russian Blue
Himalayan
Toyger
Maine Coon
Bobtail

Sphynx
Birman
Manx
Snowshoe
Persian