






# August /2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		1 9:30- Forever Young Fitness 10:30- UNO Flip 1:30- Card Bingo & Happy Hour 	2 9:30- Forever Young Fitness 10:30- Massage Chair 1:30- Outdoor Social	3 9:30- Forever Young Fitness 10:30- Curling 1:30- Dave Lowey	4 9:30- Forever Young Fitness 10:30- Town Hall Games  1:30- Sing-a-long	5 1:30 Tea-Time	
6 10:30 Worship with Joan & Special Guest	7  CIVIC HOLIDAY	8 9:30- Forever Young Fitness 10:30- UNO 1:30- Card Bingo & Happy Hour 	9 9:30- Forever Young Fitness 10:30- # Bingo 1:30- Games Room Social	10 9:30- Forever Young Fitness 10:30- Journey In Praise 1:30- Lemonade Social	11 9:30- Forever Young Fitness 10:30- Dump-a-tile 1:30- Sing-a-long	12 1:30 Balloon Volleyball	
13 10:30 Bean Bag Toss	14 9:30- Forever Young Fitness 10:30- Summer Bingo 1:30- Sweet Treats Social (Patio H2) 	15 9:30 Forever Young Fitness 10:30- UNO Flip 1:30- Card Bingo & Happy Hour	16 9:30- Forever Young Fitness 10:30- Crafting 1:30- Afternoon Drive	17 9:30- Forever Young Fitness 10:30- Pastor Diane 1:30- Happy Hour & Piano Playing	18 9:30- Forever Young Fitness 10:30- Town Hall Games 1:30- 3 Of Us	19 1:30 Tea-Time	
20 10:30 Balloon Volleyball	21 9:30- Forever Young Fitness 10:30- Farmer Bingo 1:30- Tim Hortons	22 9:30- Forever Young Fitness 10:30- UNO 1:30- Card Bingo & Happy Hour	23 9:30- Forever Young Fitness 10:30- Lets Relax 1:30- Ice Cream Floats	24 9:30- Forever Young Fitness 10:30- Curling 1:30- Outdoor Adventures	25 9:30- Forever Young Fitness 10:30-Dump-a-tile 1:30-Roberta Nichol	26 1:30 Tea-Time	
27 1:30 Worship with Joan & Leone	28 9:30- Forever Young Fitness 10:30- Garden Bingo 1:30- Sangrias	29 9:30- Forever Young Fitness 10:30- UNO Flip 1:30- Card Bingo & Happy Hour	30 9:30- Forever Young Fitness 10:30- Lets Paint! 1:30- Afternoon Drive	Irene Mcdougall- August 1 <sup>st</sup> Fred Schoenroth- August 4 <sup>th</sup> Albert Rosom- August 8 <sup>th</sup> Lesia Keen- August 14 <sup>th</sup>			