


# NEWSLETTER

## July 2023

Diamond House 700 Ballesteros Cres Warman SK S0K 4S4



**HAPPY FRIENDSHIP DAY!!!**

**FRIENDS 4 EVER**

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## July Trivia

July was named by the Roman Senate in honor of the Roman general, Julius Caesar, it being the month of his birth. Prior to that, it was called Quintilis.

Zodiac signs: **Cancer & Leo**  
Birthstone: **Rubies**  
Flower: **Water Lily**

## Quote of the Day

*Faith is the bird that feels the light when the dawn is still dark.*

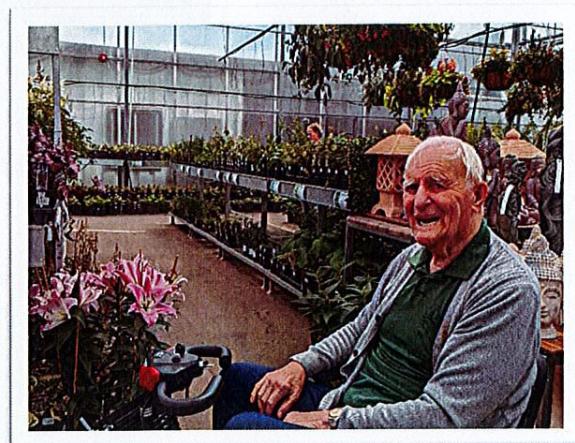
– Rabindranath Tagore



# June Highlights

## Dutch Growers Outing.

We had the pleasure of touring Arie's life's work and legacy. It was a beautiful treat.



## Resident gardens

The gardens are producing! Be sure to stop by one of the gardens and get a taste of success.

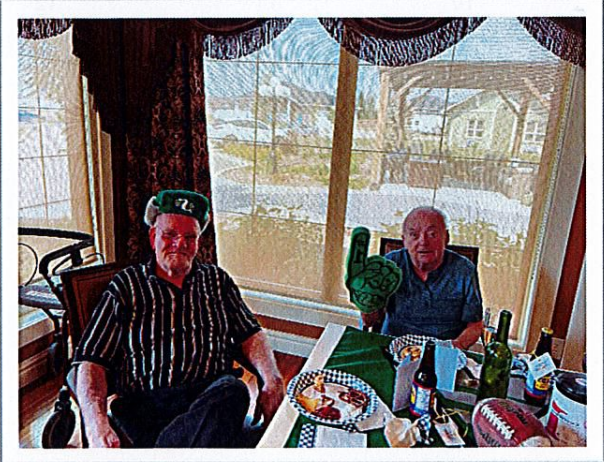
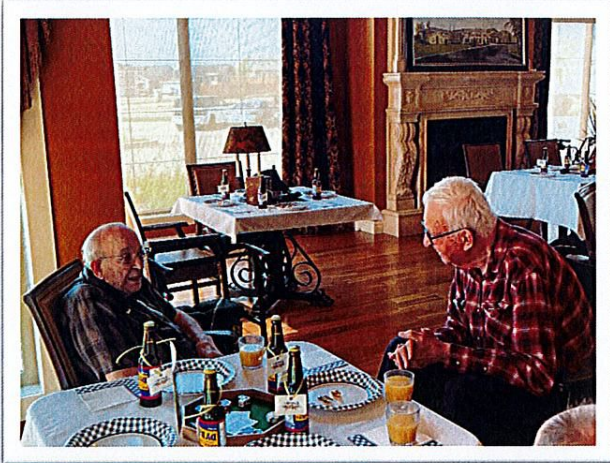
## Father's Day

We celebrated our fathers with unique centerpieces, snacks of all sorts, homemade doughnuts, drinks and of course jokes.

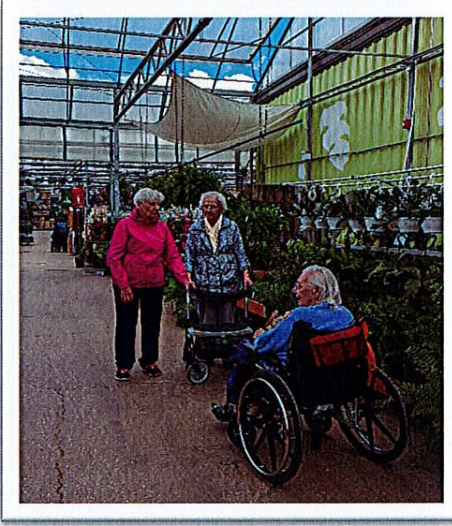
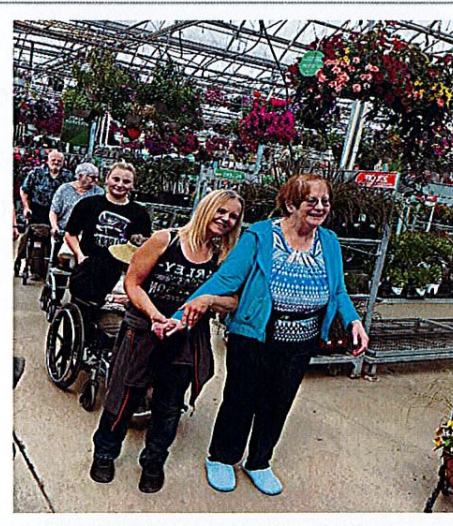
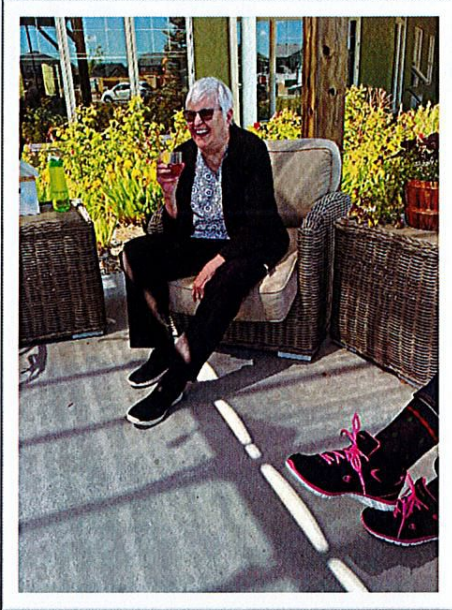
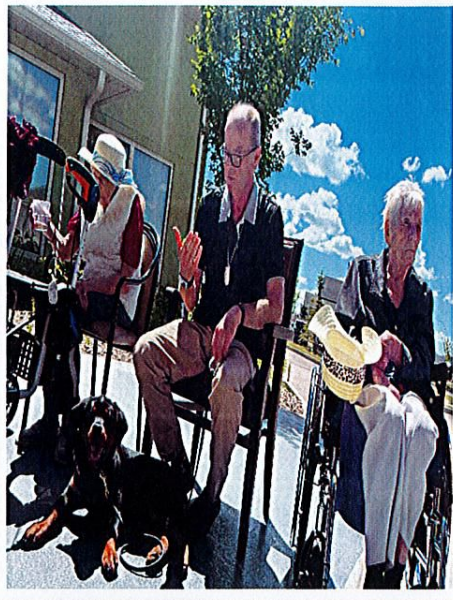
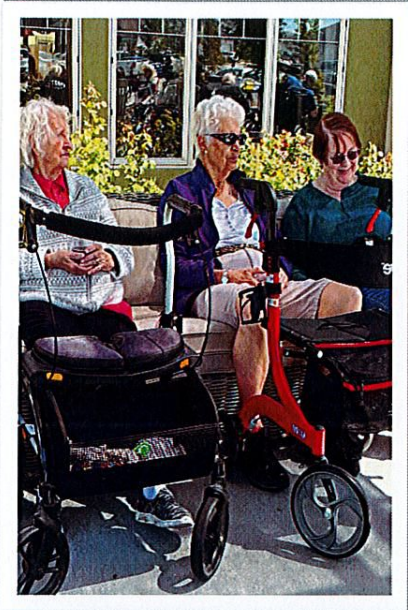




# Father's Day Celebration









# July Birthdays

In July, we celebrate birthdays with:

Leah A  
Bruce C  
Nadia W  
Marlene L  
Stacey R  
Agatha G  
George D  
Rose M  
Joan B  
Yvonne S

Please join us in the great room on July 27 at 2:00pm to celebrate!



Princess Diana, 1st of July 1961  
Olivia De Havilland, Actress, 1st July 1916  
Tom Cruise, Actor, 3rd July 1962  
Ringo Starr, Musician, 7th July 1940  
Tom Hanks, Actor, 9th July 1956  
Harrison Ford, Actor, 13th July 1942  
Stanley Kubrick, 26th July 1928  
Mick Jagger, 26th July 1943  
Arnold Schwarzenegger, Actor, 30th July 1947

## **Cancer (June 21 – July 22)**

Cancer personalities are very emotional and sensitive, and care deeply about matters of the family and their home.

## **Leo (July 23 – August 22)**

Leos are natural born leaders. They are able to achieve anything they commit to.

# Poems of Friendship

## Friendship

*Anon*

The best of friends can change a frown,  
Into a smile, when you feel down.

The best of friends, will understand,  
Your little trials, and lend a hand.

The best of friends, will always share,  
Your secret dreams, because they care.

The best of friends, worth more than gold,  
Give all the love, a heart can hold.

## On Friendship

*Anon*

Could we but draw back the curtain,  
That surrounds each other's lives,

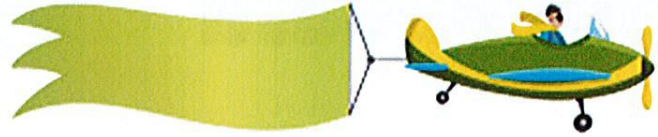
See the naked heart and spirit;  
Know what spur the action gives;

Often we would find it better,  
Purer than we think we would.

We would love each other better,  
If we only understood.



# Noticeboard



## IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- Ruby C
- Claire F

Diamond House

Video Recording and Photo Policy

**Just a friendly reminder 😊**

Family is not allowed to videotape or photograph in common areas if there are other residents around as per the rights and privileges. This also applies to videotaping or photographing staff unless staff have given permission. All residents and staff have the right to privacy if family want to video in the privacy of the resident's room the family can. The taking pictures of a nursing station is not allowed because there is HIPPA sensitive material in a nursing station that is protected under other legislation.

## FIND US AND GIVE US A FOLLOW

We have expanded our media presence!  
We can be found on:

Facebook: Diamond House

Instagram: Diamond\_Crew2016

TikTok: Diamond\_Crew2016



## Doctor and Lab

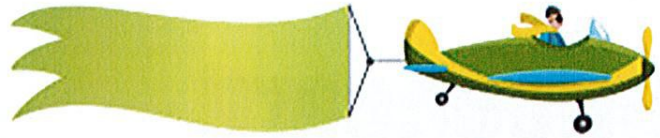
We offer in House Doctor appointments every Wednesday, as well as lab services.

If you would like a doctor's appointment or have lab service inquiries, please contact the Nurse on Duty.

**Phone 306-955-1300 Ext 3**



# Noticeboard



## **MASSAGE SERVICE**

We are pleased to offer in suit massage therapy by Self Wellness. Please contact Self Wellness directly to book your appointment.

Phone: 306-244-7873

## **PHYSIOTHERAPY**

We are pleased to offer in suit physiotherapy by Nova. Please contact Nova directly to book your appointment.

Phone: 306-382-3332



## **SALON**

WOMEN'S HAIR CUT - \$40.00  
SHAMPOO & SET - \$30.00  
PERMS - \$90.00  
HAIR COLOR - \$80.00  
MEN'S HAIR CUT - \$30.00

PAYMENT: CASH/CHEQUE/E-TRANSFER TO STYLIST OR CHARGED TO YOUR DIAMOND HOUSE COMFORT FUND ACCOUNT

TO MAKE AN APPOINTMENT:

TUESDAYS & THURSDAYS

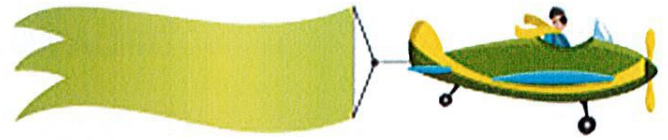
TRACY 306-222-9481

WEDNESDAYS

MARLENE 306-220-9895

**PLEASE NOTE SALON SERVICES ARE AN ADDITIONAL COST.**





## Video Call options

### Google Duo App

(Works with Android and iPhone/iPad)- you can call from any Android based phone/tablet to an Apple phone/pad or vice versa. Most recommended to use as it does not matter what type of phone/tablet you have.

Google Duo online – [www.duo.google.com](http://www.duo.google.com)

### FaceTime (only for iPhone and iPad's)

To arrange day and times to have a call, please contact the Activity Department Monday-Friday 9:00am-5:30pm in one of the following ways:

Phone: 306-955-1300 option 4

Email: [activity@diamondhouse.ca](mailto:activity@diamondhouse.ca)



## UPDATE IN SERVICE

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We are pleased to offer in suite foot care to our residents at Diamond House. We have added additional foot care support to enhance your foot care experience. Our foot care nurses do direct billing, insuite service, and have flexible booking options. Please contact your foot care specialist and book your appointment

## CRACKED SOLES

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Call Laura or Tanya to book your appointment.

Phone: (306)-715-7280

## ADVANCED FOOT CARE

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Call Megan to book your appointment.

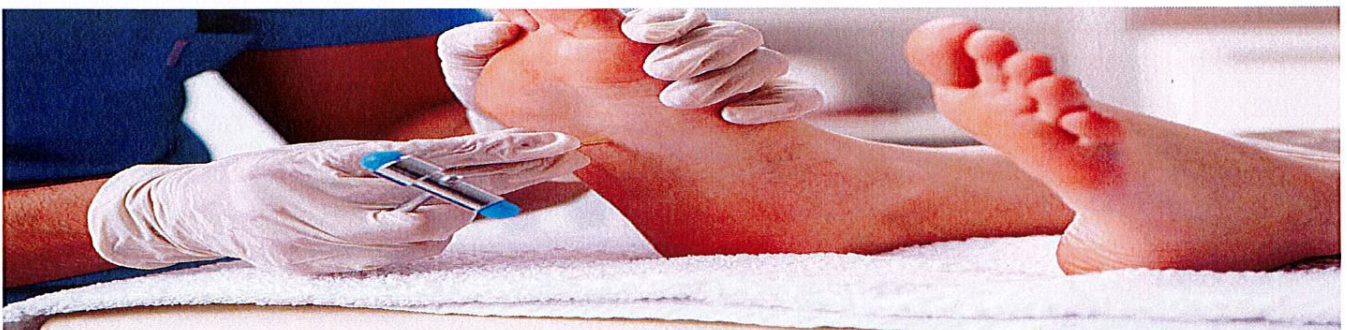
Phone: 306-914-3436

## BEYOND CARE HOME HEALTH

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Call to book your appointment.

Phone: (306)-715-3308





# Laughing Matters



## Makeover Gone Wrong

In surgery for a heart attack, a middle-aged woman has a vision of God by her bedside.

“Will I die?” she asks.

God says, “No. You have 30 more years to live.”

With 30 years to look forward to, she decides to make the best of it. Since she’s in the hospital, she gets breast implants, liposuction, a tummy tuck, hair transplants, and collagen injections in her lips. She looks great!

The day she’s discharged, she exits the hospital with a swagger, crosses the street, and is immediately hit by an ambulance and killed.

Up in heaven, she sees God. “You said I had 30 more years to live,” she complains.

“That’s true,” says God.

“So what happened?” she asks.

God shrugs. “I didn’t recognize you.”

## Short Jokes

Teacher: “Really, Tommy, your handwriting is terrible. You must learn to write better.”

Tommy: “Well, teacher, if I did, you would find fault with my spelling!”

Silence is golden until you have children, then silence is very suspicious.





## Mobile Canteen Prices

<u>Chocolate Bars</u>	
Aero Milk Chocolate	\$1.00
Aero Mint	\$1.00
Caramel	\$1.00
Coffee Crisp	\$1.00
Dairy Milk	\$1.00
Glossets Raisins	\$1.00
Hershey's Cookies & Cream	\$1.00
Hershey's Milk Chocolate	\$1.00
Hershey's Whole Almonds	\$1.00
KitKat	\$1.00
M&Ms	\$1.00
M&Ms Peanut	\$1.00
Mr. Big	\$1.00
Oh Henry	\$1.00
Reese's Peanut Butter Cups	\$1.00
Smarties	\$1.00
Twix	\$1.00

<u>Chips</u>	
All Dressed	\$1.00
BBQ	\$1.00
Cheetos	\$1.00
Doritos	\$1.00
Ketchup	\$1.00
Regular	\$1.00
Salt & Vinegar	\$1.00
Sour Cream & Onion	\$1.00

<u>Peanuts</u>	
BBQ	\$1.00
Honey Roasted	\$1.00
Salted	\$1.00
Almonds	\$2.00

<u>Candy</u>	
Mints - Spearmint	\$2.00
Mints - Peppermint	\$2.00

<u>Beverages</u>	
Coke	\$1.00
Cream Soda	\$1.00
Dr. Pepper	\$1.00
Grape Soda	\$1.00
Orange Crush	\$1.00
Pepsi	\$1.00
Root Beer	\$1.00
7-up	\$1.00

<u>Hygiene Products</u>	
Bar Soap	\$2.00
Handsoap	\$3.00
Shampoo	\$5.00
Conditioner	\$5.00
Ladies Bodywash	\$5.00
Men's Bodywash	\$5.00
Body Lotion	\$4.00
Regular Toothpaste	\$2.00
Sensodyne Toothpaste	\$4.00

<u>Other</u>	
Halls	\$1.00