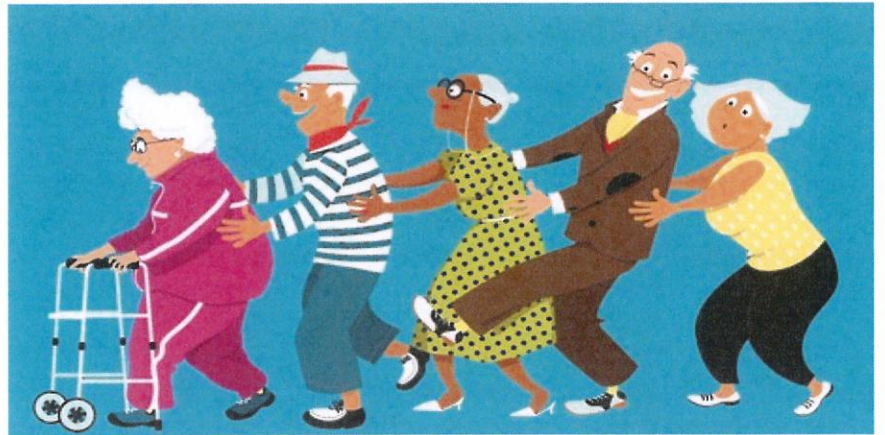


HILLVIEW MANOR NEWSLETTER 2023



ISSUE FIVE

There were no activities on the 22nd.

Catholic Mass and Trinity Lutheran Communion were held on the first Wed of the month.

Joy comes on Monday mornings to hold communion followed by manicures

For our folks who like to read the Library brings a selection of books to Hillview for the residents to go through and make their selections

A group enjoyed an outing to Walmart to pick up a few incidentals followed by a lunch at Blackbeards. It's always a good time with lots of laughter and joking.

A Mother's Day Tea was held on the 12th. A good time was had by all.



A Mother understands what a child does not say

Three of our lovely ladies celebrated a birthday in the month of May

May 9th....Pat Parent

May 21st....Clara Craigen

May 30th....Theresa Dukart



Pat is a Taurus. Taureans enjoy relaxing in serene environments, surrounded by soft sounds, soothing aromas and succulent flavours.

Clara and Theresa are Gemini's. They can be spontaneous, playful and erratic, driven by their curiosity.

May birth flowers are Lily of the Valley and Hawthorn

Susan Shephard came on the 25th to play and sing to our residents. Susan comes monthly to help celebrate our folks with birthday's for the month.

“To describe my mother would be to write about a hurricane in it's perfect power”

- Maya Angelo

Welcome to Leo Saccary

Leo was born July 11/1940 in Glace Bay, Nova Scotia. Its a mining town with the shafts going under the Atlantic Ocean. Fishing was also a mainstay of the town.

At the age of 17 he decided mining and fishing were not for him. He joined the RCAF. His time served was spent in seven different places across Canada and Europe. While stationed in Zweibrucken Germany he met his life partner Pat, where they were married.

While living in Trenton Ontario, they had two sons before transferring to Debert Nova Scotia where their youngest son was born. Leo retired from the military and moved to Winnipeg and Martensville while working for Northern Telecom. When the plant closed he was once again on the move. Estevan became home in 1986, working for Sask Power.

Leo worked with Beavers and Cubs when the boys were younger. Later becoming involved with Cadets here in Estevan for many years. He also coached the boys hockey. Leo loved to play hockey, ball, enjoyed gardening, camping and travelling in the motor home every summer.

I can love you for four days
Spring, Summer, Autumn, Winter
Maybe three days
Yesterday, Today, Tomorrow
How about two days?
Day and Night
One day is enough
Everyday

Tongue Twister: Betty bought butter but the butter was bitter,
so Betty bought better butter to make the bitter butter better

If practice makes perfect and perfect needs practice, I'm
perfectly practised and practically perfect

My Favourite Things

Maalox and nose drops and needles for knitting
Walkers and handrails and new dental fittings
Bundles of magazines tied up in string
These are a few of my favourite things.

Cadillacs and cataracts and hearing aides and glasses
Pacemakers, golf carts and porches with swings
These are a few of my favourite things.

When the pipes leak, When the bones creak,
When the knees go bad, I simply remember my favourite
things,
And then I don't feel so sad.

Hot tea and crumpets, and corn pads for bunions,
No spicy hot food or food cooked with onions,
Bathrobes and hot pads and hot meals they bring,
These are a few of my favourite things.

Back pains, confused brains and no fear of sinnin'
Thin bones and fractures and hair that is thinnin'.
And we won't mention our short shrunken frames,
When we remember our favourite things.

When the joint aches, when the hip breaks,
When the eyes grow dim,
Then I remember the great life I've had,
And then I don't feel so bad.

MOMISIMS

- If you make that face for too long, it will freeze that way
- Life isn't fair. Get over it
- I'm not asking you, I'm telling you
- Don't talk with your mouth full
- Don't make me come in there
- Beds are not made for jumping
- I don't care who started it
- I don't know it not an answer
- It's all fun and games until someone gets hurt
- Bob, Joe, Sue, Fido.....whatever your name is
- You won't be happy until you break that
- Remember to always wear clean underwear in case of an accident
- When you have kids of your own, you'll understand.

Mother's Day Word Search

M A M H O M O I C A R N C N G
A P A R E N T A A C O S H N E
S A L N A T H A R F A M I L Y
T R E O N G S T D M A T L O O
C H I L V D R E F L I L D A Y
E H O L D I A Y S E A S R T E
K C A L N D N G F L O W E R S
E T R Y I N S G L E C Y N Y M
B M O A F D M I W O A E R S O
R I O E Y O A N S R R F L O T
O T A M O A Y Y L E I W M B H
T H Y E A R C R A V N E A R E
E R A M O T C H I L G R Y A R
C E L E B R A T E M O Y J E R
A F I A M I L I S T M O N T S



CARD
CARING
CELEBRATE
CHILDREN
FAMILY
FLOWERS

HOLIDAY
LOVING
MAY
MOM
MOTHER
PARENT



Our gathering with our ladies to celebrate Mother's Day was held on the 12th. Jeanette set up and decorated the tables in the family room. It looked very nice. She even had a satin bag with chocolates at each setting.

As a surprise for the ladies Chris contacted each family and asked them write a letter to their mom. Everyone responded and took part. There were big smiles and tears...and not just from the residents. The letters were read by Kaila, Jeanette and Chris and then given to the ladies.

A special dessert was made for the occasion and enjoyed by the ladies.

It was a fun afternoon and we enjoyed celebrating with all these remarkable moms.



A Mother's hug lasts long after she lets go.

“Once I put a precious baby in her arms, she will never be the same. One day her children will grow up and move on, but she never will. As long as she lives, she will fight for her children, pray for them and sacrifice for them.” And so God made a mother.



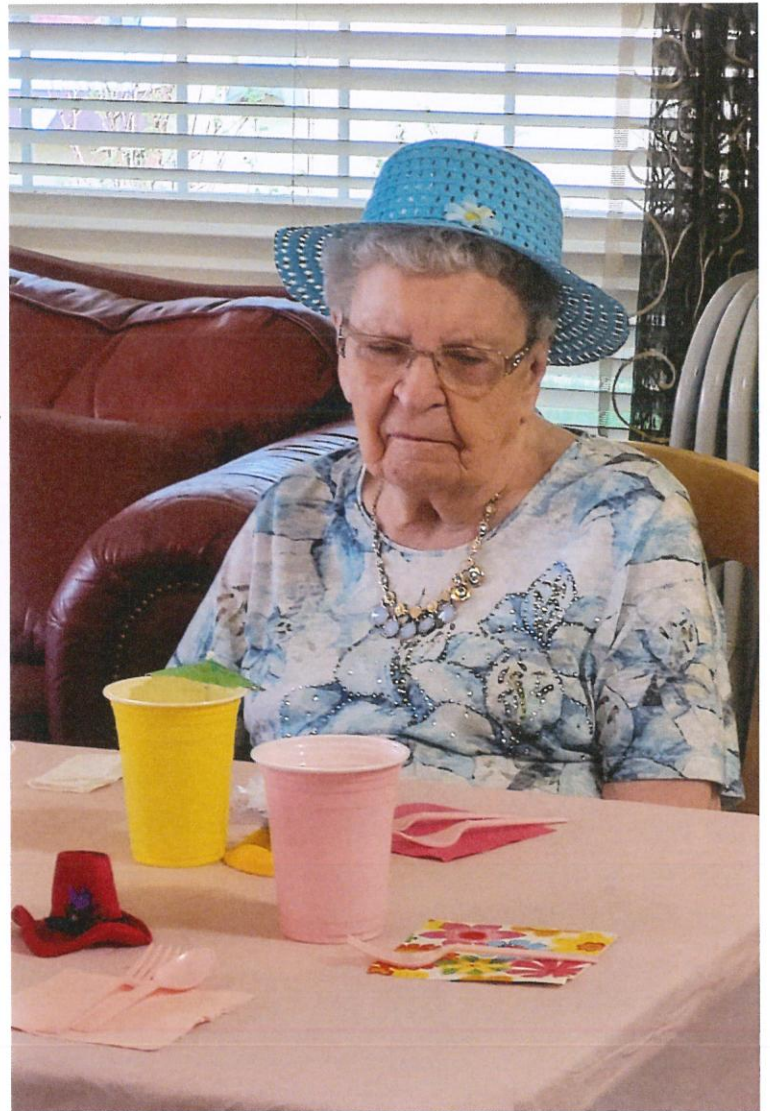
A Mother's arms are more comforting than anyone else's
- Princess Diana

Hugging Your Mom

When an adult child hugs their mom, it's so much more than a hug. It opens a memory box of years past. It takes her back to your childhood when you sat on her lap, when she kissed away your boo boos, and when she gently set you down for a nap. If she holds you tighter, she's keeping those days alive, remembering how she hugged you when you were little and how much joy and love it brought her. So when you hug your mother, embrace her deeply. Let her hold you a little longer. Let her cherish those beautiful days. After all, she loves you so much.



Mom sleep: the state of rest where your eyes are closed but you can still hear everything your kids were doing









	<h1>2023</h1>	<p>*Activities subject to change*</p>	<p>(J)-Jeannette (M)-Maggie (K)-Kaila (FR)-Family room (H)-House</p>	<p>10:30-Resident Council meeting 2:00- Card Bingo 3:45-Yahzee/SR</p>	<p>10:00-Exercise (J) 11:00-Bean Bag Toss 2:00- Bingo 3:45- Skipbo/SR</p>	
<p>4</p> 	<p>5</p> <p>10:30-Baking 11:00-Manicures 2:00-Card Bingo 3:45-SkipBo/SR</p>	<p>6</p> <p>10:00-Exercise (J) 11:00-Card Bingo 2:00--Public Library Visit and crafts with the library</p>	<p>7</p> <p>10:00- Catholic Mass 11:00-Card Bingo 1:15- Trinity Lutheran Communion 2:00- Exercises (M) 3:45-Devotions</p>	<p>8</p> <p>10:00-Exercise (J) 11:30-1:00-Golf Course Outing /Lunch 2:00-Card Bingo 4:30- Fair Parade</p>	<p>9</p> <p>10:00-Exercise (J) 11:00-Bowling 2:00-Bingo 3:45-SkipBo/SR</p>	<p>10</p> 
<p>11</p>  <p>Henry Lischka 94</p>	<p>12</p> <p>10:00-Communion 10:30- Exercise 11:00-Manicures 1:15-SR (H1&2) 2:00-Card Bingo 3:15-SR (H1&2) 3:45-SkipBo-(H3&4)</p>	<p>13</p> <p>10:00- Exercise (J) 1:15-SR (H1&2) 2:00-Card Bingo 3:15-One on one (H1&2) 3:45-Yahzee (H1&2)</p>	<p>14</p> <p>10:00-Exercise(J) 11:00-Card Bingo 1:15-SR (H1&2) 2:00- Ice Cream Social 3:15-SR (H1&2) 3:45-Devotions</p>	<p>15</p> <p>10:00-Exercise (J) 11:00-Card Bingo 1:15- SR (H1&2) 2:00- Walk around the block 3:15- SR (H1&2) (H1&2) 3:45-Crockinole (H3&4)</p>	<p>16</p> <p>10:00-Bingo 11:30 Fathers Day Lunch (FR) 1:00-Military Museum outing for Father's Day 3:15 SR (H1&2)- 3:45-Skipbo (H3&4)</p>	<p>17</p> 
<p>18</p>  <p>Gospel Chapel 1:30</p>	<p>19</p> <p>10:00-Communion 10:30-Exercise (J) 11:00-Manicures 1:30-Keith & Gary 3:45-SkipBo (H3&4)</p>	<p>20</p> <p>10:00-Exercise (J) 11:00- Bingo 2:00-3:00-Public Library Visit and crafts with the library 3:15- SR (H1&2) 3:45-Yahzee</p>	<p>21</p> <p>10:00- Exercise (J) 11:00-Card Bingo 1:30-Movie 3:45-Devotions</p> <p>First Day of Summer</p>	<p>22</p> <p>9:45-1:00- Walmart/Blackbeard's 2:00-Wilma & Val 3:45-Crockinole (H3&4)</p>	<p>23</p> <p>10:00- Exercise (J) 11:00-Magnetic Darts 1:15- SR (H1&2) 2:00-Bingo 3:15- SR (H1&2) 3:45-SkipBo (H 3&4)</p>	<p>24</p> 
<p>25</p> <p>FAMILY FUN DAY EVERYONE WELCOME 1:00-4:00PM Entertainment by Laurie Formwald, Fun for all</p>	<p>26</p> <p>10:00-Communion Monthly BPs 1:15-SR (H1&2) 2:00-Card Bingo 3:45-SkipBo (H3&4)</p> <p>Ed Fisher 86</p>	<p>27</p> <p>10:00- Exercise (J) 11:00-Card Bingo 1:15-SR (H1&2) 2:00- Bean Bag Toss 3:45-Crockinole (H3&4)</p>	<p>28</p> <p>10:00- Exercise (J) 11:00-Card Bingo 1:15- SR (H1&2) 2:00-Skipbo/Snakes and Ladders 3:15- SR (H1&2) 3:45-Devotions</p>	<p>29</p> <p>10:00- Exercise (J) 11:00-Card Bingo 1:15- SR (H1&2) 2:00-Susan Shepard 3:45-Yahzee</p>	<p>30</p> <p>10:00- Exercise (J) 11:00-Bowling 1:15- SR (H1&2) 2:00-Loonie Bingo 3:00-Wine & Cheese 3:45-Skipbo(H3&4)</p>	