

NEWSLETTER

June 2023

Diamond House 700 Ballesteros Cres Warman SK S0K 4S4

WORLD
ENVIRONMENT DAY



IN THIS ISSUE

May highlights	3
May Fun & Activities.....	4
Mother's Day	5
June Calendar	6
June Birthdays	7
A Poem to Share	8
Canteen.....	9
Noticeboard.....	10
Laughing Matters	14
Word Search	15

June Trivia

June is named for Juno, Roman queen of the gods

Zodiac signs: **Gemini & Cancer**
Birthstone: **Moonstone or Pearl**
Flower: **Rose or Honeysuckle**

Quote of the Day

*Don't let yesterday
take up too much
of today*

– Will Rogers

May Highlights

King Charles III Coronation

The residents took part of history as Prince Charles III became King Charles III. We celebrated with a coronation party!



Music and Art

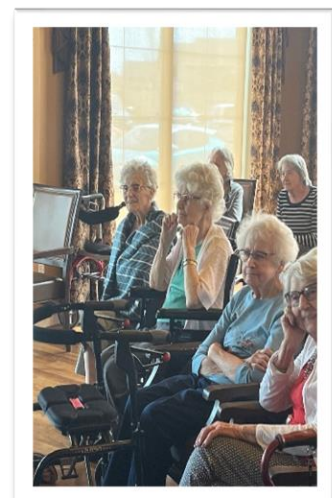
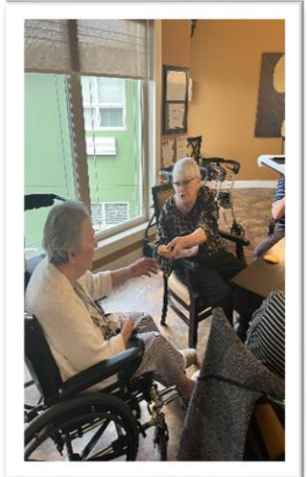
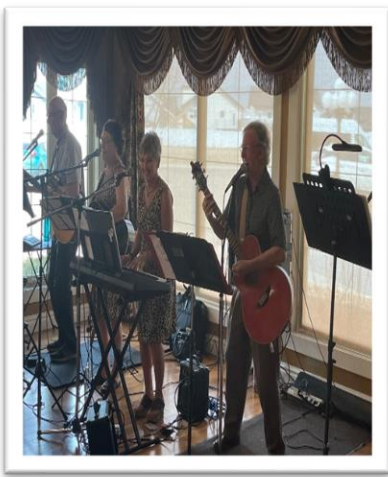
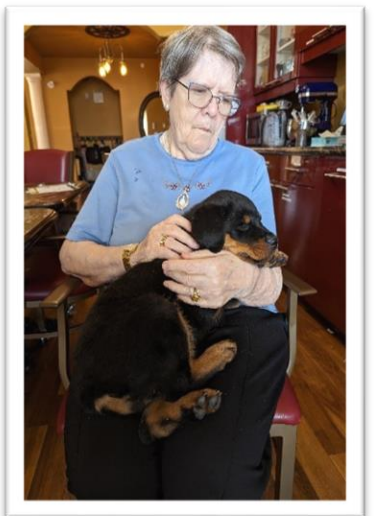
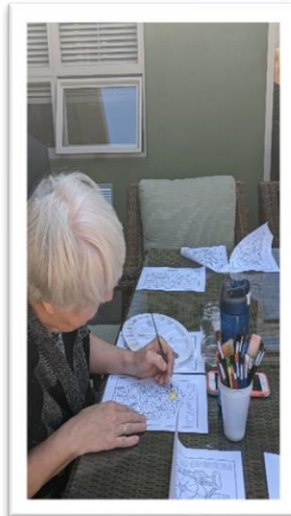
We are celebrating the beautiful weather with music and art outside.

Mothers Day

We celebrated our mothers with food, drinks, cards, and of course gifts!



May Fun and Activities



Mothers Day Celebration



June 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

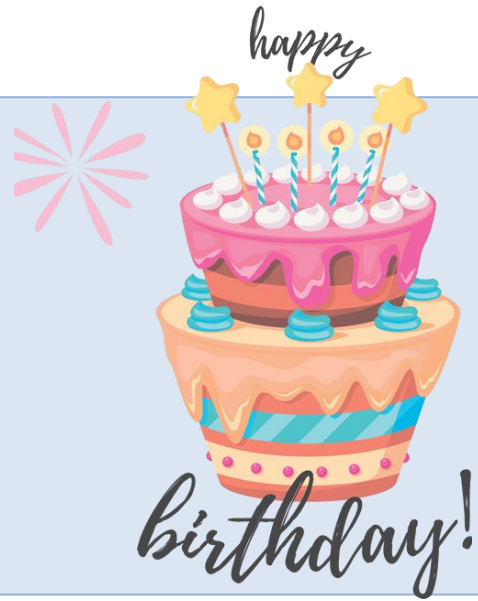
				1	2	3	4	
Water, weed, and enjoy your garden 😊								
5	D-Day	6	7	World Oceans Day 🐢	8	9	10	11
12		13	14	15	16	17	Fathers Day 🏆	18
19		20	21	22	23	24	25	
26	27	28	29	30	<p>"Keep your face always toward the sunshine—and shadows will fall behind you." -Walt Whitman</p>			

June Birthdays

In June, we celebrate birthdays with:

- Elmer K
- Bud B
- Mary J
- James S
- Iris V
- Ina C

Please join us in the great room on June 30 to celebrate!



- Marilyn Monroe, Actress, 1st June 1926
Morgan Freeman, Actor, 1st June 1937
Johnny Depp, Actor, 9th June 1963
Judy Garland, Actress, 10th June 1922
Prince Philip, Duke of Edinburgh, 10th June 1921
Donald Trump, Former President, 14th June 1946
Boris Johnson, Prime Minister, 19th June 1964
Nicole Kidman, Actress, 20th June 1967
Elon Musk, Entrepreneur, 28th June 1971
Mike Tyson, Boxer, 30th June 1966

Gemini (May 21 – Jun 20)

Geminis love to learn and they never stop wondering about the unexplained.

Cancer (June 21 – July 22)

Cancer personalities are very emotional and sensitive, and care deeply about matters of the family and their home.

WOW!

The First Manned Hot Air Balloon Launch

On June 4, 1783, the Montgolfier brothers launched the first untethered hot air balloon in France. This historic event marked the beginning of manned flight and opened up a new world of possibilities for exploration and travel, changing the course of history and inspiring future generations to reach for the stars and achieve the impossible.

Poem to Share

Invictus

William Ernest Henley

Out of the night that covers me,
Black as the pit from pole to pole,
I thank whatever gods may be
For my unconquerable soul.

In the fell clutch of circumstance
I have not winced nor cried aloud.
Under the bludgeonings of chance
My head is bloody, but unbowed.

Beyond this place of wrath and tears
Looms but the Horror of the shade,
And yet the menace of the years
Finds and shall find me unafraid.

It matters not how strait the gate,
How charged with punishments the scroll,
I am the master of my fate,
I am the captain of my soul.



Mobile Canteen Prices

<u>Chocolate Bars</u>	
Aero Milk Chocolate	\$1.00
Aero Mint	\$1.00
Caramel	\$1.00
Coffee Crisp	\$1.00
Dairy Milk	\$1.00
Glossets Raisins	\$1.00
Hershey's Cookies & Cream	\$1.00
Hershey's Milk Chocolate	\$1.00
Hershey's Whole Almonds	\$1.00
KitKat	\$1.00
M&Ms	\$1.00
M&Ms Peanut	\$1.00
Mr. Big	\$1.00
Oh Henry	\$1.00
Reese's Peanut Butter Cups	\$1.00
Smarties	\$1.00
Twix	\$1.00

<u>Chips</u>	
All Dressed	\$1.00
BBQ	\$1.00
Cheetos	\$1.00
Doritos	\$1.00
Ketchup	\$1.00
Regular	\$1.00
Salt & Vinegar	\$1.00
Sour Cream & Onion	\$1.00

<u>Peanuts</u>	
BBQ	\$1.00
Honey Roasted	\$1.00
Salted	\$1.00
Almonds	\$2.00

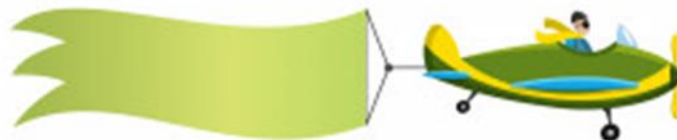
<u>Candy</u>	
Mints - Spearmint	\$2.00
Mints - Peppermint	\$2.00

<u>Beverages</u>	
Coke	\$1.00
Cream Soda	\$1.00
Dr. Pepper	\$1.00
Grape Soda	\$1.00
Orange Crush	\$1.00
Pepsi	\$1.00
Root Beer	\$1.00
7-up	\$1.00

<u>Hygiene Products</u>	
Bar Soap	\$2.00
Handsoap	\$3.00
Shampoo	\$5.00
Conditioner	\$5.00
Ladies Bodywash	\$5.00
Men's Bodywash	\$5.00
Body Lotion	\$4.00
Regular Toothpaste	\$2.00
Sensodyne Toothpaste	\$4.00

<u>Other</u>	
Halls	\$1.00

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- Ray M
- Elaine H
- Mic S

We hope that you enjoy your time

FIND US AND GIVE US A FOLLOW

We have expanded our media presence!
We can be found on:

Facebook: Diamond House
Instagram: Diamond_Crew2016
TikTok: Diamond_Crew2016



Diamond House

Video Recording and Photo Policy

Just a friendly reminder 😊

Family is not allowed to videotape or photograph in common areas if there are other residents around as per the rights and privileges. This also applies to videotaping or photographing staff unless staff have given permission. All residents and staff have the right to privacy if family want to video in the privacy of the resident's room the family can. The taking pictures of a nursing station is not allowed because there is HIPPA sensitive material in a nursing station that is protected under other legislation.

Thank you for your understanding.

Doctor and Lab

We offer in House Doctor appointments every Wednesday, as well as lab services.

If you would like a doctor's appointment or have lab service inquiries, please contact the Nurse on Duty.

Phone 306-955-1300 Ext 3

Noticeboard



IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- Harry S
- Theresa B
- Edith C

SALON

Women's Hair Cut - \$40.00
Shampoo & Set - \$30.00
Perms - \$90.00
Hair color - \$80.00
Men's Hair cut - \$30.00

Payment: Cash/cheque/e-Transfer to Stylist or charged to your Diamond House Comfort Fund Account

To make an appointment:

Tuesdays & Thursdays

Tracy 306-222-9481

Wednesdays

Marlene 306-220-9895

Please note Salon services are an additional cost.



MASSAGE SERVICE

We are pleased to offer in suit massage therapy by Self Wellness. Please contact Self Wellness directly to book your appointment.

Phone: 306-244-7873

PHYSIOTHERAPY

We are pleased to offer in suit physiotherapy by Nova. Please contact Nova directly to book your appointment.

Phone: 306-382-3332



Video Call options

Google Duo App

(Works with Android and iPhone/iPad)- you can call from any Android based phone/tablet to an Apple phone/pad or vice versa. Most recommended to use as it does not matter what type of phone/tablet you have.

Google Duo online – www.duo.google.com

FaceTime (only for iPhone and iPad's)

To arrange day and times to have a call, please contact the Activity Department Monday-Friday 9:00am-5:30pm in one of the following ways:

Phone: 306-955-1300 option 4

Email: activity@diamondhouse.ca

UPDATE IN SERVICE

We are pleased to offer in suite foot care to our residents at Diamond House. We have added additional foot care support to enhance your foot care experience. Our foot care nurses do direct billing, insuite service, and have flexible booking options. Please contact your foot care specialist and book your appointment

CRACKED SOLES

Call Laura or Tanya to book your appointment.
Phone: (306)-715-7280

ADVANCED FOOT CARE

Call Megan to book your appointment.
Phone: 306-914-3436

BEYOND CARE HOME HEALTH

Call to book your appointment.
Phone: (306)-715-3308



Laughing Matters



The Engagement

A woman died and found herself standing outside the Pearly Gates, being greeted by St. Peter. She asked him, "Oh, is this place what I really think it is? It's so beautiful. Did I really make it to heaven?"

St. Peter replied, "Yes, my dear, these are the Gates to Heaven. But you must do one more thing before you can enter."

The woman was very excited and asked St. Peter what she must do to pass through the gates.

"Spell a word," St. Peter replied.

"What word?" she asked.

"Any word," answered St. Peter. "It's your choice."

The woman promptly replied, "Then the word I will spell is love. L-o-v-e."

St. Peter congratulated her on her good fortune to have made it to Heaven and asked her if she would mind taking his place at the gates for a few minutes while he took a break.

"I'd be honored," she said, "but what should I do if someone comes while you are gone?"

St. Peter reassured her and instructed the woman simply have any newcomers to the Pearly Gates to spell a word as she had done.

So the woman is left sitting in St. Peter's chair and watching the beautiful angels soaring around her, when low and behold, a man approaches the gates, and she realizes it is her husband.

"What happened?" she cried, "Why are you here?"

Her husband stared at her for a moment, then said, "I was so upset when I left your funeral, I was in an accident. And now I am here? Did I really make it to Heaven?"

To which the woman replied, "Not yet. You must spell a word first."

"What word?" he asked.

The woman responded, "Czechoslovakia"

Word Search



RECYCLE REUSE REDUCE

E U K H M X C P L A S T I C
S E M I S S I O N S V H F K
O U C C W I S G M O S M R D
L J Q F L T U T C P T I G P
A R U G C O S G K L O O P O
R E O I H Y T X G I I S E Z
O C R N E D A H R R V N T O
T Y G C M M I H E P E B R N
R C A E I Y N T M S L B O E
A L N G C L A N D F I L L G
S E I Z A W B W V C N A V Q
H R C K L E L H Z C H Y Q P
G H I O S R E P A I R T A H
F R B G R E E N H O U S E O

Solar
Trash
Compost
Greenhouse

Water
Clothes
Chemicals
Repair

Emissions
Ozone
Sustainable
Landfill

Plastic
Organic
Petrol
Recycle