

Cypress House
2135 Scott Street,
Swift Current, Sask.
S9H 5N2
306-778-3500





Cecilia Fiddler - June 1st

Helen McGovern - June 15th

Thurza Hayes – June 24th

Margaret Schapansky – June 27th

Faye Sonders – June 28th

John Barbier – June 30th



June is one of only three months (the others are August and December) that has three birthstones, giving you a variety of beautiful birthstone choices. The June birthstones are pearl, alexandrite and moonstone.

You are Invited!



*To our Father's Day
Tea*

When: Friday June 16th

Where: Cypress House Grand Room

What Time? doors open just before 2 pm

Happy Father's Day



Origins of Father's Day

The campaign to celebrate the nation's fathers did not meet with the same enthusiasm—perhaps because, as one florist explained, “fathers haven't the same sentimental appeal that mothers have.”



On July 5, 1908, a West Virginia church sponsored the nation's first event explicitly in honor of fathers, a Sunday sermon in memory of the 362 men who had died in the previous December's explosions at the Fairmont Coal Company mines in Monongah, but it was a one-time commemoration and not an annual holiday.

The next year, a Spokane, [Washington](#), woman named Sonora Smart Dodd, one of six children raised by a widower, tried to establish an official equivalent to Mother's Day for male parents. She went to local churches, the YMCA, shopkeepers and government officials to drum up support for her idea, and she was successful: Washington State celebrated the nation's first statewide Father's Day on June 19, 1910.

Slowly, the holiday spread. In 1916, President Wilson honored the day by using telegraph signals to unfurl a flag in Spokane when he pressed a button in [Washington, D.C.](#) In 1924, President [Calvin Coolidge](#) urged state governments to observe Father's Day.

Today, the day honoring fathers is celebrated in the United States on the third Sunday of June: Father's Day 2021 occurs on June 20.

In other countries—especially in Europe and Latin America—fathers are honored on St. Joseph's Day, a traditional Catholic holiday that falls on March 19

Father's Day: Controversy and Commercialism

Many men, however, continued to disdain the day. As one historian writes, they “scoffed at the holiday’s sentimental attempts to domesticate manliness with flowers and gift-giving, or they derided the proliferation of such holidays as a commercial gimmick to sell more products—often paid for by the father himself.”

During the 1920s and 1930s, a movement arose to scrap Mother’s Day and Father’s Day altogether in favor of a single holiday, Parents’ Day. Every year on Mother’s Day, pro-Parents’ Day groups rallied in [New York City](#)’s Central Park—a public reminder, said Parents’ Day activist and radio performer Robert Spere, “that both parents should be loved and respected together.”

Paradoxically, however, the [Great Depression](#) derailed this effort to combine and de-commercialize the holidays. Struggling retailers and advertisers redoubled their efforts to make Father’s Day a “second [Christmas](#)” for men, promoting goods such as neckties, hats, socks, pipes and tobacco, golf clubs and other sporting goods, and greeting cards.

When [World War II](#) began, advertisers began to argue that celebrating Father’s Day was a way to honor American troops and support the war effort. By the end of the war, Father’s Day may not have been a federal holiday, but it was a national institution.

In 1972, in the middle of a hard-fought presidential re-election campaign, [Richard Nixon](#) signed a proclamation making Father’s Day a federal holiday at last. Today, economists estimate that Americans spend more than \$1 billion each year on Father’s Day gifts.

Footprints

*"Walk a little slower, Daddy,"
said a child so small.
"I'm following in your footsteps
and I don't want to fall.*

*Sometimes your steps are very fast,
Sometimes they're hard to see;
So walk a little slower, Daddy,
For you are leading me.*

*Someday when I'm all grown up,
You're what I want to be;
Then I will have a little child
Who'll want to follow me.*

*And I would want to lead just right,
And know that I was true;
So, walk a little slower, Daddy,
For I must follow you."*

~ Author Unknown

 **Fun
Handprint Art**
blog.com



My Father Is A Christian

*My father is a Christian;
He leads our household well;
With instruction from the Bible,
Right behavior he'll compel.*

*Yet he steers us with compassion;
His gentle love is true;
He conforms to our Lord Jesus,
So we know just what to do.
He teaches us with purpose,
Guides us in all Godly ways,
So we will take the right path,
And serve our Lord with praise.*

*I'm glad you're a Christian, Dad;
You help me see things clearly.
I'll always look up to you,
And love you very dearly.*



Catherine A. Herbert RAW 05/29/2012

Father's Day Word Search



E	M	H	B	O	A	U	Y	M	B	X	W	A	B	L	C	T
B	S	L	S	N	B	X	L	D	Z	K	Q	U	I	W	L	U
G	T	E	L	C	N	U	A	A	W	M	C	P	Q	X	N	A
Q	S	F	K	P	B	O	G	D	M	F	G	R	M	K	G	M
T	A	J	N	P	R	K	G	D	O	J	O	O	H	X	V	O
N	S	P	H	H	A	D	D	Y	H	Z	L	V	P	C	O	E
E	F	D	W	X	V	T	M	S	C	D	F	I	G	X	F	B
R	H	R	F	U	E	C	N	E	A	X	A	D	L	A	G	T
A	E	I	T	K	C	E	N	V	E	C	T	E	I	D	R	Y
P	K	G	Y	A	N	T	I	O	T	N	H	U	K	A	A	I
L	N	J	W	A	Z	O	P	L	C	S	E	U	G	N	N	F
G	I	G	Z	B	W	R	U	Y	A	X	R	T	Y	J	D	I
W	N	N	G	P	E	P	O	L	G	N	I	L	J	B	P	N
Z	Q	O	Q	B	R	O	A	D	L	E	J	Q	W	T	A	I
B	S	R	P	Q	W	U	N	E	L	L	A	B	T	O	O	F
Q	V	T	K	C	E	N	R	E	S	P	E	C	T	O	B	N
X	T	S	V	C	A	H	U	J	V	Y	J	T	S	D	J	Z



DADDY
UNCLE
STRONG
GOLF
PROVIDE



FATHER
TEACH
BRAVE
FOOTBALL
PARENT



GRANDPA
RESPECT
NECKTIE
PROTECT
LOVE



FATHER'S DAY

WORD SEARCH

N A S E M A E H T D A W L E T
O B M O D C O U R A G E O U S
G H T S N D R F A D A R V S T
T N E D I F N O C A G N I A R
R Y O R K S O E R T O O N M O
A D P E U B Z M A N S H G A N
M E R O L E M O D E L E S R G
S M O M R S A M E R E S T A M
S A T O D T O T F A M I L Y O
O H E R O S R D O P O G O N R
D N C A R G Y N A G E N S N C
A Y T R O P S I R H S I H U H
E N O M I R H S P A C R O F N
S G R A N D P A E U R A K R I
P R O X T L E M L A I C E P S



BEST
CARING
CONFIDENT
CORAGEOUS
DAD
FAMILY

FUNNY
GRANDPA
HERO
KIND
LOVING
PARENT

PROTECTOR
ROLE MODEL
SMART
SPECIAL
SPORTY
STRONG



FATHER'S DAY

WORD SCRAMBLE

1. HERAFT _____
2. ADD _____
3. YIMFAL _____
4. FHIGNSI _____
5. TPEARNS _____
6. TSSPRO _____
7. LEOV _____
8. NSGORT _____
9. GINCRA _____
10. LOER EMLDO _____
11. HOYAILD _____
12. RHALGTUE _____
13. CTPORET _____
14. CLAIESP _____
15. YNUNF _____



Connect with Pastor Rick Warren

Gentleness Calms Conflict

BY RICK WARREN — MAY 4, 2023
FROM [THE KEYS TO A BLESSED LIFE](#)

“A gentle answer turns away wrath, but a harsh word stirs up anger.”

Proverbs 15:1 (NIV)

Have you noticed that human beings have a tendency to mimic other people’s emotions, especially if we’re sitting or standing right across from them? The reason we do this is because of mirror neurons in our brains that allow us to sympathize and to mirror what other people feel.

For instance, if somebody gets angry with you, you get angry back. If somebody is really miserable and you hang around that person long enough, you get miserable too.

In the same way, when someone raises their voice against you, you usually raise your voice back. Then they raise *their* voice higher. Then you raise *your* voice higher. Then pretty soon things have escalated, and your emotions are out of control.

But the Bible offers a different way to respond: *“A gentle answer turns away wrath, but a harsh word stirs up anger”* (Proverbs 15:1 NIV).

Let me give you a little tip that will save you a lot of heartache and conflict in your marriage, in your parenting, in your friendships, and at work: When another person raises their voice, lower yours.

When you do that, you’re demonstrating strength under control.

Another word for strength under control is gentleness. Gentleness defuses conflict. It de-escalates anger. A gentle person does not overreact and is not driven by their emotions. A gentle person demonstrates strength under control.

The Greek word in the Bible for “gentleness” is the word *prautes*. Some older English translations of the Bible translate *prautes* as “meek.” The word “meek” isn’t used much anymore because meek has become a synonym for weak. But gentleness—or *prautes*—is anything but weak.

In fact, the word *prautes* was used to refer to a wild stallion that had been tamed. Think about that image. If you go out in the hills and find a wild stallion, it’s unbridled and even dangerous, with a strength that could kill you pretty quickly. But if you tame that stallion, it’s still just as strong, but the strength is brought under control. The strength is bottled up for the master’s use.

When you learn true gentleness as a man or woman of God, you don’t become weak. You just bring your strength under God’s control and use it for his purposes.

Talk It Over

- What is your normal reaction to raised voices, such as when your kids are misbehaving or you’re having a disagreement with your spouse or close friend?
- Why do you think responding in gentleness rather than anger is so disarming? Why does it get people’s attention?
- Look for ways to practice gentleness this week. How do people react when you respond to them with gentleness? You may even want to record your efforts and their effect and share it with your small group.

**A gentle person
demonstrates
strength under
control.**

A Gentle Reminder to Families: if you have any questions regarding your loved one's Medications or Care Plans, please call the office to arrange an appointment with The Nurse. Thank You!
Office ; 306-778-3500

Please remove all muddy Outdoor footwear, FOR the safety of our residents, thank you!



Wellness Foot Care
June 19th, 2023



5.00 PER Apt.
Make Arrangements with
Lokesh or the nurse on duty

*Cypress House Hair Dresser
Lori Dueck*



*Call or text - 306-741-6327
Hours – Tuesday and Fridays*

I'm not getting old.
I just can't remember stuff



Because my brain is full



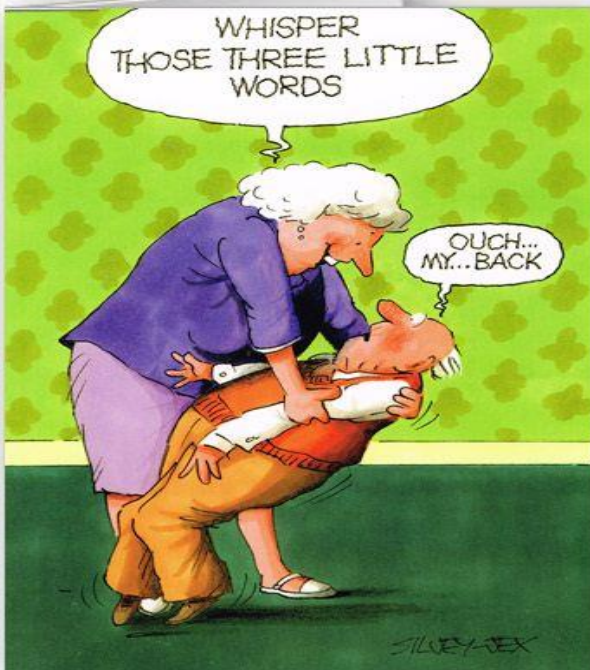
The Habnbers are going to be a handful today.



"I replace forgotten memories
with stuff I make up."



"You're early. What'cha do, catch
the three o'clock broom?"



WHISPER
THOSE THREE LITTLE
WORDS

OUCH...
MY...BACK



I'M THINKING
OF JOINING
A GYM.

WELL, AT LEAST
YOU'RE KEEPING
MENTALLY ACTIVE.