## March 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mo	earner's Pro on- Thursd Oam- 11:30 House 1	ay	10:00am Chair 1 Yoga & Guided Meditation (GR)  2:00pm Did You Know Facts (H1) 3:15pm Sing Along with Al (GR)	10:00am <b>2</b> Strength Training (GR) 10:45am Hymn Singing (GR) 2:00pm Go Fish Poker (H2)	10:00am Fun 3 Friday with Little Learner's (GR)  2:00pm Entertainment by Memory Lane (GR)	4
9:30am 5 Catholic Communion (GR)	10:00am Core 6 & Balance Exercises (GR) 10:45am Hymn Singing (GR)  2:00pm Bingo (H2) 2:45pm Ice Cream Social (H2)	10:00am Chair <b>7</b> Cardio 10:45am Hymn Singing (GR)  2:00pm Bible Study & Hymn Singing (GR)	10:00am 8 Entertainment by Capo (GR)  1:30pm Baking with Wanda (H1) 3:15pm Sing Along with Al (GR)	10:00am 9 Strength Training (GR) 10:45am Hymn Singing (GR) 2:00pm Brain Teaser's: What's That Smell? (GR)	10:00am 10 Chair Dancing: Zumba (GR)  2:00pm Shamrock Craft (GR) 3:30pm Catholic Communion with Father Peter (GR)	11

	Chair Dancing: Line Dancing (GR)  2:00pm Rodeo Fun in the Great Room (GR)	Chair Cardio 10:45 AM Hymn Singing (GR)  2:00pm Bible Study & Hymn Singing (GR)	Chair Yoga & Guided Meditation (GR)  2:00pm Reading Corner (H2) 3:15pm Sing along with Al (GR)	Strength Training (GR) 10:45 AM Hymn Singing (GR)  2:00pm Bingo (H2) 2:45pm Coffee Social (H2)	Friday with Little Learner's (GR)  2:00pm St. Patrick's Day Party (GR)	
Let's Laugh 19 Day 9:30am Catholic Communion (GR)	10:00 AM 20 Core &  Balance Exercises (GR) 10:45 AM Hymn Singing (GR)	10:00 AM 21 Chair Cardio 10:45 AM Hymn Singing (GR) 2:00pm Bible	10:00 AM 22 Chair Yoga & Guided Meditation (GR)  1:30pm Baking with Wanda (H4)	10:00 AM 23 Strength Training (GR) 10:45 AM Hymn Singing (GR) 2:00pm OBIE	10:00 AM 24 Hymn Singing with Emily (GR)  2:00pm Entertainment by Old Time	25 <b>:</b> ≣
3:00pm Warman Gospel Church Service (GR)	2:00pm Bingo (H1) 2:45pm Lemonade Social (H1)	Study & Hymn Singing (GR)	3:15pm Sing Along with Al (GR)	(H2) 2:30pm Hot Chocolate Social (H2)	Rhythm Makers (GR)	

26	10:00 AM <b>2</b>
	Core &
	Balance
	Exercises (GR)
	10:45 AM Hymr
	Singing (GR)
	2:00pm Bingo
	(H2)

2:45pm Coffee

Social (H2)

10:00 AM 28
Chair Cardio
10:45 AM Hymn
Singing (GR)
2:00pm Bible

Study & Hymn

Singing (GR)

2:00pm Coffee
Talk: History of
Diamond House
(H2)
3:15pm Sing
Along with Al

10:00 AM

Guided

Chair Yoga &

Meditation (GR)

29

10:00 AM 30
Strength
Training (GR)
10:45 AM Hymn
Singing (GR)

2:00pm Resident Birthday Party (GR) 10:00 AM Fun **31** Friday with Little Learner's (GR)

2:00pm Entertainment by Signs of His Grace (GR) GR- Great Room H1- House 1 H2- House 2

