



Hello March!

Cypress House
2135 Scott Street
Swift Current, Sk.
S9H 5N2
306 778 3500



MARCH

BIRTHDAYS THIS MONTH

Adelene Beisle – March 24th

Helen Levasseur – March 21st

Philip Schlamp - March 13th

Irene Sunby – March 15th



AQUAMARINE BIRTHSTONE Aquamarine's name comes from the Latin for seawater, and ancient mariners claimed the gem would calm waves and keep sailors safe at sea. This March birthstone was also thought to bring happiness in marriage. Beryl was believed to give the wearer protection against foes in battle and litigation. It was also thought to make the wearer unconquerable and amiable, and to quicken the intellect.

Aquamarine is not only the birthstone for March, but the gem is also given as a present on the [19th wedding anniversary](#). As for famous ones, in 1936 the government of Brazil gave First Lady Eleanor Roosevelt a dark blue rectangular step cut aquamarine that weighed 1,298 carats (ct). It was the larger of two stones faceted from a piece of aquamarine rough that itself weighed an impressive 2.9 pounds (1.3 kilograms). It is now housed at the Franklin D. Roosevelt Presidential Library and Museum in Hyde Park, New York. A celebrated attraction at the Smithsonian Institution is the 10,363 ct (about 4.6 pounds) Dom Pedro Aquamarine – believed to be the largest faceted aquamarine in the world. The approximately 14 inch (36 centimeter) high obelisk was fashioned by acclaimed German lapidary Berndt Munsteiner using the [fantasy cut technique](#).



An Old Irish Blessing

MAY LOVE AND LAUGHTER LIGHT YOUR DAYS,
AND WARM YOUR HEART AND HOME.
MAY GOOD AND FAITHFUL FRIENDS BE YOURS,
WHEREVER YOU MAY ROAM.
MAY PEACE AND PLENTY BLESS YOUR WORLD
WITH JOY THAT LONG ENDURES.
MAY ALL LIFE'S PASSING SEASONS
BRING THE BEST TO
YOU AND YOURS!

CelebratingEverydayLife.com



WWW.BELLABLEUE.COM

MAY YOU ALWAYS BE BLESSED
WITH WALLS FOR THE WIND.
A ROOF FOR THE RAIN.
A WARM CUP OF TEA BY THE FIRE.
LAUGHTER TO CHEER YOU.
THOSE WHO LOVE YOU NEAR YOU.
AND ALL THAT YOUR
HEART MIGHT DESIRE.

www.bellableue.com

--IRISH BLESSING



Home Care Wellness Foot Care

March 20th, 2023



**\$5.00 Per appointment.
Make Arrangements with
Lokesh or the nurse on duty**



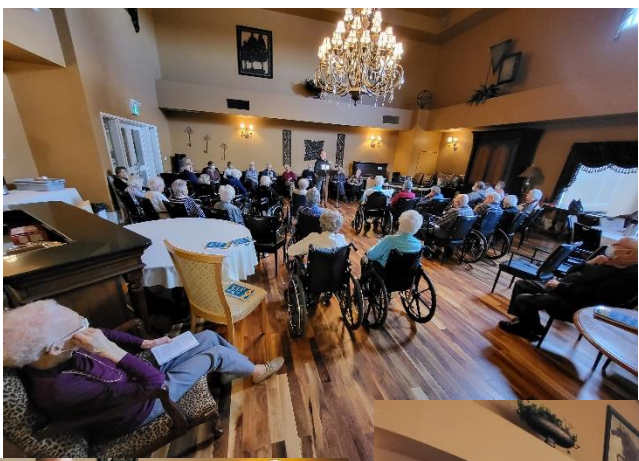
St. Patrick's day

Smash



March 17th 2023





MARCH

L T R K C O R M A H S S E A S
R E S O S L C G R E E N E R U
E V P E H R S P A R I E I N G
L S R R O E L E I B B A R O C
B N I E E A K R N Y C K I N C
B O N G S C E U B O H Y S S L
O L G D S A H S O M R C H K O
C W O D B N I A W L I O N G V
I R L A M B A E U R N E E R E
S O H I L O N R L N A M B L R
G S E K C I R T A P T N I A S



CLOVERS
COBBLER
COINS
GOLD
GREEN
IRISH
LAMB
LEPRECHAUN

LION
RAINBOW
SAINT PATRICK
SHAMROCK
SHOES
SNEAKY
SPRING
TREASURE

Saint Patrick's Day Word Search

V G D H V C T Z K Q W P V A R
X Z L U S I F O S Y O C Q D Q
Y C E Q B P A N O T B N B R Z
L E P E H L A H O Q N J V A K
N L R U K K I F S E I X C C O
A T E J E C G N E I A M I L I
N I C S X O I R P Y R R T U D
F C H M L N G R V R T I N A S
A A A D J S I H E A H E I N N
N T U X Z M D F P M W P A V L
N D N E G E L W N B I U S U P
N T J W W K L Q U C H L Y U P
J B Q A P F Z O K U N Q O J X
I W I N B I R E L A N D G S Y
J D C K C O R M A H S Y B Z X



celtic
ireland
leprechaun
potofgold
shamrock

dublin
irish
limerick
rainbow
snakes

green
legend
patrick
saint



March Saints and Feast Days Word Search



**Directions: Search only for the parts of the saints names or feast days that are in bold print.*

St. **Katharine Drexel**

St. **Felicity**

St. **Joseph**

St. **Casimir**

St. **John of God**

St. **Cyril of Jerusalem**


St. **Perpetua**

St. **Patrick**

The **Annunciation** of
the Lord

Ivy Millar

February 20, 1930 ~ February 14, 2023 (age 92)

Obituary & Services
Tribute Wall 



Obituary

The Come and Go Tea for Mrs. Ivy Millar of Swift Current will take place on Monday, February 20, 2023 from 1:00 – 4:00 pm from the Great Room at Riverview Village Estates, Swift Current (1101 2nd Ave SE). The Private Family Interment Service for Mrs. Ivy Millar will take place at a later date. In Lieu of flowers, Rita's family would appreciate donations made to the Swift Current SPCA or the Alzheimer's Society.

Ivy Millar (nee Menke), age 92, passed away quickly and peacefully on Tuesday, February 14, 2023, at the Cypress Regional Hospital with her niece by her side. Ivy Frances Millar was born on February 20, 1930, in Chaplin, SK to Chris & Etta Menke. She was raised on a farm north of Shamrock, SK and was the oldest of six children (Irene, Larry, Lance and Richard). As a young child, before her siblings were born, she found life on the farm pretty lonely, and found companionship with the farm animals. As her siblings grew, Ivy and her sister, Irene, helped their mother with the boys by cooking dinner and baking treats for them. She especially enjoyed sleigh rides with friends and family in the winter.

Ivy learned her work ethic growing up on the farm. As a young person, she worked for neighbors doing childcare before moving to Saskatoon to train as a hairdresser. She became a lifelong hairdresser and could be found cutting or perming hair for family and friends in her kitchen. Initially, she worked as a hairdresser in Carrot River, SK, but it was too far from her beloved south Saskatchewan.

Returning to her roots, she met Bill Millar and they were married in October 1949, and had 67 years together. She became an active participant in building their family farm south of Chaplin, SK in the Droxford area, where they raised their two children, Clinton and Rita. She had a huge love of animals, and caring for the livestock was one of her greatest assets on the farm. She knew every cow and its history until the herd became too large. They had a fine herd of Charolais Cattle that they were proud of. She worked beside Bill milking cows, raising chickens and pigs, and farming their land. She always had a large garden and in her spare time sewed, knitted, and crocheted. She loved to go square dancing with Bill by her side and formed lifelong friends through the many dances they attended.

Ivy was a fantastic cook and baker, always having food on the table for whoever was visiting. Her grandchildren and great nieces and nephews especially enjoyed her gingerbread cookies – a welcome sight after a day running around the farm or a good game of capture the flag. Ivy & Bill were wonderful grandparents and spent many an hour at 4H events with their grandsons and they also enjoyed having their grandchildren from Calgary for two weeks every summer on the farm. She shared her love of games with them and often ended the day with a game of crib.

Ivy was an avid sewer. She learned to sew from her maternal grandmother and passed this skill on to her daughter, Rita, and her granddaughter, Alison. Over the years, she has made many square dance outfits. Ivy was also known for her crocheted blankets and later also for the many quilts she would make for all members of her family. It became a great pastime in her later years while living in her beloved condo. There she developed an extended family who looked out for her in her last years.

Ivy is survived by her children, Rita (David) Beal and Clinton (Darlene) Millar; her four grandchildren, Ryan (Tina) Millar, Clayton (Kimberley) Millar, Alison (Kevin) Carter, and Kevin (Ashley) Beal; her three great-grandchildren, Tatem, Tylinn, and Octavia; her siblings, Irene Bender, Larry (Ann) Menke, Lance (Karen) Menke, Richard Menke, and Willy Allen; and by many nieces and nephews from both the Millar and Menke family. She was predeceased by her husband, Bill (2017); her parents, Chris (1989) and Etta (1992); her brother, Glennie Menke; and brothers and sisters-in-law, Ken (Ivy) Millar, Lena (Benny) Hughes, Chris Bender, and Gloria "Daphne" Allen.

The family would like to thank the residence of Bridle Run and The Meadows who made her condo an enjoyable place to spend her last season of her life, and the Home Care ladies who cared for Ivy and became friends that she enjoyed seeing every day. We also wish to extend our gratitude to the nurses at Cypress House and the Cypress Regional Hospital that cared for Ivy in her final hours.

The Private Family Interment Service will take place at a later date. In memory of Ivy Millar, and in lieu of flowers, donations made to the Swift Current SPCA or the Alzheimer's Society would be appreciated by the family. Funeral arrangements were in care of Swift Current Funeral Home, Swift Current, SK.

Assiniboia, Saskatchewan

Phyllis Joan Robertson
Tribute Wall Obituary & Events

Obituary

Phyllis Robertson

(nee Fletcher)

of Kincaid, Saskatchewan

passed away on Friday, February 17, 2023

at the age of 99 years

wife of the late John Alexander "Alex" Robertson (1981)

mother of Donna Johnson, Delmar Robertson, Jean Langford,

John Robertson, Jim Robertson and Laura Loverin

Funeral Service

Monday, April 10, 2023

1:00 P.M.

Glencaid United Church

Kincaid, Saskatchewan

Interment

Kincaid Cemetery



Quiet Time With God

Bible in a Year: [Exodus 19-20](#), [Matthew 18:21-35](#)

He makes me to lie down in green pastures; He leads me beside the still waters. —[Psalm 23:2](#)



Psalm 23

The word connected captures our contemporary experience of life. Many people rarely go anywhere without a cell phone, iPod, laptop, or pager. We have become accessible 24 hours a day. Some psychologists see this craving to stay connected as an addiction. Yet a growing number of people are deliberately limiting their use of technology. Being a “tech-no” is their way of preserving times of quiet, while limiting the flow of information into their lives.

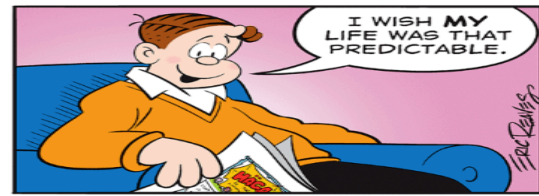
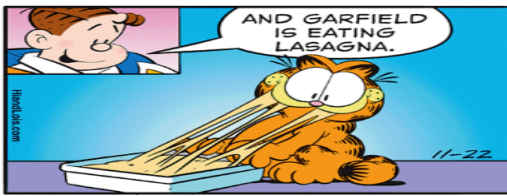
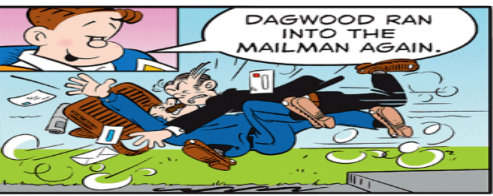
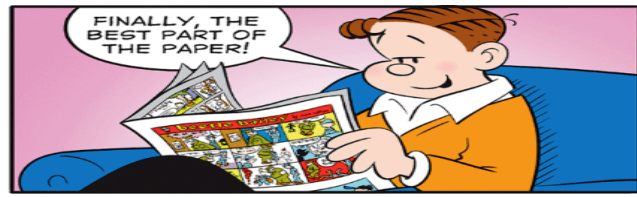
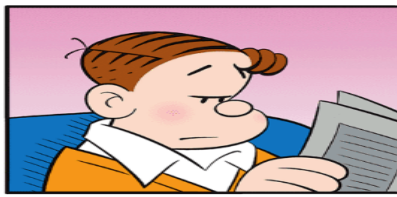
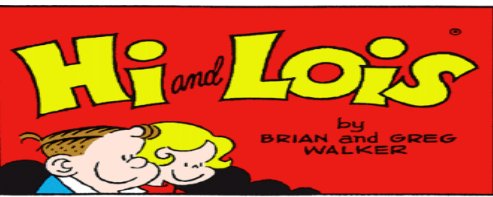
Many followers of Christ find that a daily time of Bible reading and prayer is essential in their walk of faith. This “quiet time” is a disconnection from external distractions in order to connect with God. The “green pastures” and “still waters” of [Psalm 23:2](#) are more than an idyllic country scene. They speak of our communion with God whereby He restores our souls and leads us in His paths (v.3).

All of us can make time to meet with God, but do we? In Robert Foster’s booklet “7 Minutes With God,” he suggests a way to begin: Start with a brief prayer for guidance, then read the Bible for a few minutes, and close with a short time of prayer that includes adoration, confession, thanksgiving, and supplication for others. It’s vital to take time today to connect with the Lord, who is our life. By: [David C. McCasland](#)

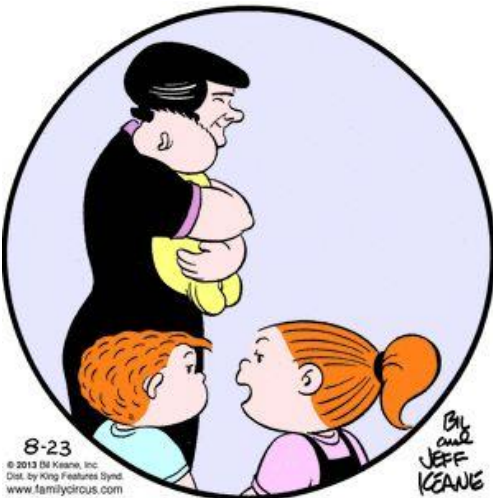
Reflect & Pray

We need to set aside the time To read God’s Word and pray, And listen for the Spirit’s voice To guide us in His way. —Sper

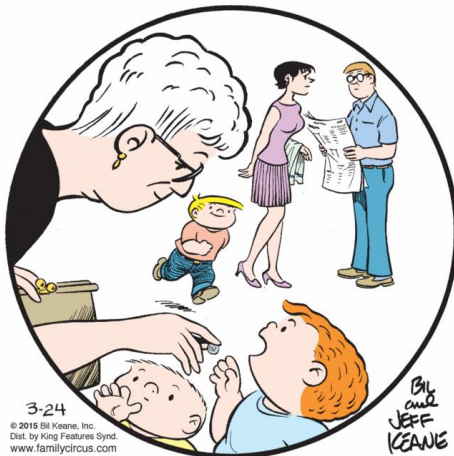
Time spent with God is time well spent.



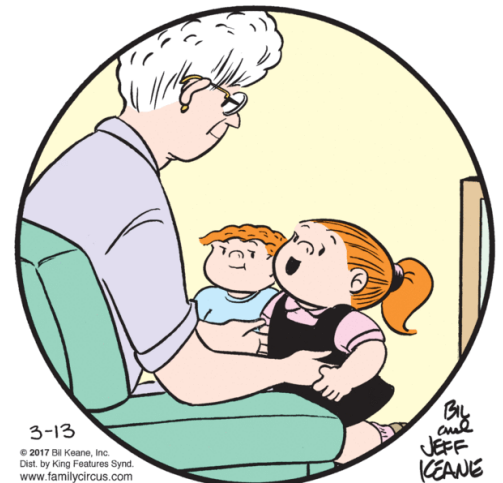
Laughter is the best Medicine



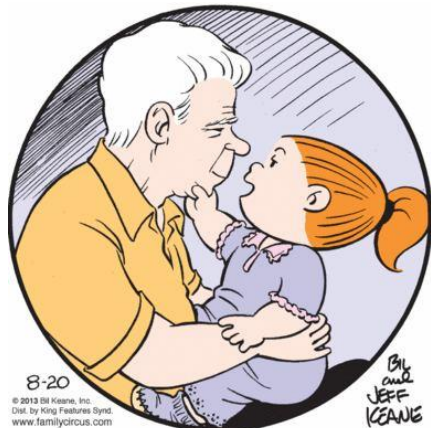
"Grandmas are good at hugging because they've had years and years of practice."



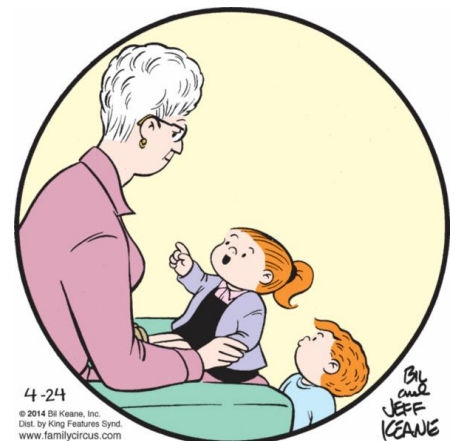
"I like you visitin', Grandma, even if you didn't bring me something."



"I don't think Mommy would mind if you wanted to spoil us, Grandma."



"Our other grandfather is in heaven, but I'm glad we have a grandfather who art on earth."



"Grandma, did I ever tell you what my very favorite kind of cookie is?"

YOU
KNOW YOU'RE
A
GRANDPARENT
IF...

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...YOU THINK
"SPOILING"
IS YOUR
NUMBER ONE
JOB
DESCRIPTION

BETTER START
WORKING ON
A SECOND
BATCH!!

8-8
ARMSTRONG



MY GRANDMA LOVED
TAKING PICTURES
BUT SHE COULDN'T
AFFORD A CAMERA.



SO SHE WOULD
TAKE "PICTURES"
WITH HER EYES.



PEOPLE ALWAYS
THOUGHT SHE WAS
WINKING AT THEM.



IN FACT, THAT'S
HOW SHE MET
MY GRAMPA.

© Brian Crane.



NELSON, YOU LEFT YOUR
MUDDY SHOES ON
THE KITCHEN
FLOOR!



DO YOU THINK IT'S MY JOB
TO TAKE CARE OF THEM?

NO.



WELL THEN, GO TAKE THEM
OUTSIDE AND CLEAN THEM
OFF AND PUT THEM AWAY.



DO YOU NEED SOME
CHOCOLATE, GRAMMA?



WHY... YES,
I THINK
I DO...



YOU'RE GOING TO DO
WELL IN LIFE,
SON.

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***Please join us to enter your name
into our monthly snack basket
draw***



***Draw Box is on the located main
floor across from office.***



A Gentle Reminder to Families: if you have any questions regarding your loved one's Medications or Care Plans, Please call the office to arrange an appointment with The Nurse. Thank You!

Please remove all muddy Outdoor footwear , For the safety of our residents thank you very much.



**DRAW BOX IS LOCATED ON THE SIDE BOARD
CUPBOARD ACROSS FROM THE PUBLIC WASHROOM**

Clip out your entry form to win. Place your name in the draw.

Entry Form

Residents Name

March 2022 Draw Entry Form

Open to Residents of Cypress House only.

box to win our monthly prize.

