

HELLO

February

CYPRESS HOUSE

2135 SCOTT STREET

SWIFT CURRENT, SK.

S9H 5N2



We would like to thank Jen Meyer our Cypress House Manager, for all her hard work to keep the kitchen open and organized <3

You truly are doing a wonderful job at being the bigger chocolate chip in the cookie, meaning you are what holds us all together. Sooo we wanted to give you a shout out here for everyone to see, what a amazing job you're doing and thank you for being our Cypress House manager, we love your open minded, funny, caring self and, how You sparkle!

We Love your face
and THANK YOU!!





FEBRUARY GEMS

VIOLET CASWELL - 17TH

KARLEE FEHR - FEB 5TH

BRYN MOORE - FEB 15TH

The name “*amethyst*” derives from the Greek *amethystos*, which means “a remedy against drunkenness,” a benefit long ascribed to the purple birthstone. Because of its wine-like color, early Greek mythology associated the gem with Bacchus, the god of wine. Amethyst was also believed to keep the wearer clear headed and quick witted in battle and business affairs. Renaissance Europeans thought it calmed lovers overrun by passion



February Birthstone: Amethyst

WWW.FUTURESCOPFASTROLOGY.COM

Jim Friesen

November 11, 1926 ~ January 24, 2023 (age 96)

Obituary & Services Obituary

The Funeral Service for James “Jim” Friesen of Swift Current and formerly of Schoenfeld will take place on Monday, January 30, 2023 at 11:00 am from Rhineland Christian Fellowship Church, Rhineland, SK with Pastor Tim Knelsen officiating. The service is being livestreamed from the church's YouTube page, click [here](#) to view.

Those wishing to pay their respects may do so Sunday, January 29, 2023 at 7:00 p.m. at the Swift Current Funeral Home or prior to the service at the church on Monday, January 30, 2023 from 10:00 – 10:45 am.

The Interment Service for Mr. Jim Friesen will take place immediately following the service from the Rhineland Cemetery, Rhineland, SK.

There will be a luncheon following the interment service.

of Jim Friesen,



Services

VISITATION

Sunday

January 29, 2023

7:00 PM to 9:00 PM

Swift Current Funeral Home

233 Lorne Street East

Swift Current, SK S9H 1V3

[Directions](#)[Text Details](#)[Email Details](#)

VISITATION

Monday

January 30, 2023

10:00 AM to 10:45 PM

Christian Fellowship Church

R.R.1

Wymark, SK S0N 2Y0

Obituary -

The Funeral Mass for Mrs. Frances Wagner of Cabri will take place on Friday, February 3, 2023 at 11:00 am from Community Hall in Cabri, SK with Father Jules Adator serving as Celebrant.

The Interment Service for Mrs. Frances Wagner will take place immediately following the Funeral Mass from the Cabri Cemetery, Cabri, SK.

There will be a luncheon following the interment at the Community Hall.

In memory of Frances Wagner, donations made to the Cabri Hospital Auxiliary would be appreciated by the family.

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Frances Wagner, age 94, of Cabri passed away on Wednesday, January 11, 2023 at Cypress House, Swift Current, SK. Frances is survived by two sisters, Sally Wagner and Elizabeth Sannes; her brother, Greg Bonogofsky; her sisters-in-law, Marj Bonogofsky and Anne Bonogofski; her brother-in-law, Tony Heck; her sister and brother-in-law, Teresa "Teri" & Don Taylor; and by many nieces, nephews, and very special friends.

Frances was predeceased by her husband, Remigius "Rem" Wagner, in December of 2014; her parents, Isidor & Dorothea Bonogofski; her parents-in-law, Anton Sr. & Clara Wagner; five sisters, Christina, Barbara, Anne Hagel, Mary Guckert, and Agnes Heck; six brothers, Joe, Ole, Zack, Anthony, Isidore, and Peter; four sisters-in-law, Betty Bonogofski, Shirley Bonogofsky, Anne Wagner, and Fanny Guckert; six brothers-in-law, Peter Hagel, Frank Wagner, Mike Guckert, Jack Guckert, Roy Wagner and Don Sannes; her nephews, Richard Guckert, Ken Bonogofski, Charles Bonogofski, Lesley Bonogofski, Harvey Guckert, and Wes Taylor; and by her nieces, Eileen Bonogofski and Marlene Thares.

Frances was the eighth child born to Isidor & Dorothea Bonogofski on February 1, 1928. She attended Herman school and Prelate school. In 1945, Frances enrolled in Normal School in Moose Jaw, SK and in 1946, she accepted her first teaching position at Jordon, SK — a country school north of Ernfold, SK.

In 1948, Frances married Rem Wagner of Dirksburg District, while teaching. They moved to Cabri in 1949 and called Cabri home. Frances & Rem did not have children of their own, but enjoyed their nieces and nephews, their great-nieces and nephews, and all the children of the Cabri community.

After 35 years of teaching, Frances retired and chose to enjoy her leisure time. Frances enjoyed baking (which she shared throughout the town of Cabri), gardening, crocheting, and was a fan of the Cabri Bulldog hockey team — not of Wayne Gretzky. Frances enjoyed coffee row with her friends daily followed by a drive around the town. She loved to play cards, doing crossword puzzles, and watching game shows. She was an avid sports fan and she seldom missed curling or a Blue Jays game on tv.

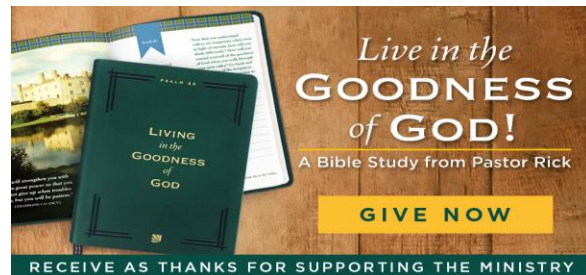
Despite her advanced age, Frances never lost her wit, knowledge, or independence. She will be greatly missed by her many friends and family.





When you put  
your life in  
God's hand,  
**he promises**  
he will hold on  
to you forever.

 PASTOR RICK'S  
DAILY HOPE



## God Won't Let Go of Your Hand

BY RICK WARREN — JANUARY 29, 2023  
FROM [LIVING IN THE GOODNESS OF GOD](#)

*“My sheep listen to my voice; I know them, and they follow me. I give them eternal life, and they will never die, and no one can steal them out of my hand.”*

### **John 10:27-28 (NCV)**

You can't save yourself—but you don't have to! All you need to do is put your hand in God's hand and say, “God, I surrender it all to you—all the good and bad parts of my life. I'm not perfect, but you are, and so I'm accepting your gift of salvation.”

When you do that, you can relax in your salvation.

But some days, you'll want to let go of God's hand. You'll want to pull back and say, “I don't even know what I believe.” But God is never going to let go of your hand, because he loves you too much.

Jesus says, *“My sheep listen to my voice; I know them, and they follow me. I give them eternal life, and they will never die, and no one can steal them out of my hand. My Father gave my sheep to me. He is greater than all, and no person can steal my sheep out of my Father's hand”* (John 10:27-29 NCV).

The “eternal life” God gives you begins the moment you put your hand in his, and you can't lose it once you've got it. Why? Because your salvation is not based on having more good works to outweigh your bad works. It's based on the merits of Jesus Christ.

If you could get to heaven simply by being a nice person, then Jesus dying on the cross was a total waste of suffering, sorrow, sadness, and pain. If there was any other way for you to get into heaven except by Jesus Christ, God would have chosen it. But there was no other way.

Jesus *“came to seek and to save the lost”* (Luke 19:10 NIV), which means the world is lost. Everyone is not going to heaven. If everyone was automatically going to heaven, Jesus did not need to come to Earth, live a perfect life, and then carry *“our sins in his body to the cross, so that we might die to sin and live for righteousness”* (1 Peter 2:24 GNT).

When you put your life in God’s hand, he promises he will hold on to you forever. This is why you can relax in your salvation. If you truly trust in Christ and know that you’re not getting to heaven on your own efforts, then nothing can steal your salvation from you—not Satan, sorrow, sickness, or society. You’re in the hand of the Good Shepherd.

[PLAY today’s audio teaching from Pastor Rick](#)

## **Talk It Over**

- When you try to “help” God with your salvation, what does it say about your understanding of grace?
- What would change about your life if you “relaxed” in your salvation?
- Psalm 23:1 says, *“The LORD is my shepherd; I have all that I need”* (NLT). What else do you feel like you need in life besides Christ?

**If you want the security of God's unwavering love and unbreakable promises,** then place yourself under the Good Shepherd's care.

You can start by praying this simple prayer: "Dear God, I know I'm a sinner, and I ask for your forgiveness. I believe Jesus Christ is your Son. I believe he died for my sin and that you raised him to life. I want to trust him as my Savior and follow him as Lord. Jesus, please come into my life and change my priorities, my values, my purpose, and my direction. Transform me into the person you want me to be. In Jesus' name I pray. Amen."





## When is Valentine's Day?

First, a quick refresher: Valentine's Day *always* falls on February 14. Valentine's Day 2023 is Tuesday, February 14, and Valentine's Day 2022 fell on a Monday. (For those wanting to make big plans, Valentine's Day 2024 will be Wednesday, February 14.)



At the end of the 5th century, Pope Gelasius declared February 14 [St. Valentine's Day](#), and since then, February 14th has been a day of celebration—though it was generally more religious than romantic.

## How did Valentine's Day start?

Valentine's Day is a fixed day on the calendar that got lumped into a mid-February holiday on the ancient Roman calendar called Lupercalia—which some historians believe is what led to Valentine's Day being all about love. Lupercalia celebrated fertility, and may have included a ritual in which men and women were paired off by choosing names from a jar. In Ancient Greece, people observed a mid-winter celebration for the marriage of the god Zeus and the goddess Hera.

## Why is Valentine's Day celebrated on February 14th?

In general, early Christians often opted to celebrate holidays on days that coincide with existing festivals and celebrations (like Christmas and winter solstice), so they placed Valentine's Day on February 14th, while Lupercalia was celebrated on February 15th.

## Who was Saint Valentine? (And what does he have to do with chocolate hearts?)

Not much, it turns out. St. Valentine's Day was a feast day in the Catholic religion, added to the liturgical calendar around 500 AD. The day was commemorated for martyred saints named—you guessed it—Valentine. Differing legends celebrate three different saints called Valentine or Valentinus, but since very little was known about these men and there were

conflicting reports of the St. Valentine Day story, the feast day was removed from the Christian liturgical calendar in 1969.

But even though not much is known about the real history of the Saint Valentines on whom the holiday is based, the legend of Saint Valentine has several tellings. One legend says that Saint Valentine refused to convert to paganism and was executed by Roman Emperor Claudius II. Prior to his execution, he was able to miraculously heal the daughter of his jailer, who then converted to Christianity along with his family. Another legend says a bishop called Saint Valentine of Terni is the true namesake of the holiday; this Saint Valentine was also executed.

But according to others—and this is how Saint Valentine became affiliated with a love-focused holiday—Saint Valentine was a Roman priest who performed weddings for soldiers forbidden to marry, because of a Roman emperor's edict decreeing married soldiers did not make good warriors and thus young men could not marry. This Saint Valentine wore a ring with a Cupid on it—a symbol of love—that helped soldiers recognize him. And, in a precursor to greeting cards, he handed out paper hearts to remind Christians of their love for God.

Because of this legend, Saint Valentine became known as the patron saint of love. The Saint Valentine prayer asks Saint Valentine to connect lovers together, so that two become one, and the couple remembers their devotion to God.

While the Saint Valentine story set the groundwork for establishing the day as a holiday for romantic love, what truly solidified the connection between Saint Valentine and love was a poem by medieval author Geoffrey Chaucer in 1381, which historians consider the origin of the "modern" celebration of Valentine's Day, where we celebrate our romantic partnership with one other person.

## **Why do we celebrate Valentine's Day?**

Chaucer lived in the Middle Ages, the era of courtly love, when broad, romantic statements of devotion—poems, songs, paintings—celebrated partnership. By the end of the 15th century, the word "valentine" was being used to describe a lover in poems and songs of the day, and in the 18th century, a book called *The Young Man's Valentine Writer* was published in England. By the mid-19th century, mass-produced paper Valentine's Cards were being created (though [DIY Valentine card ideas](#) are still worth trying), and Valentine's Day as we know it was born.

BUYENLARGE/GETTY IMAGES

The truth about Valentine's Day history is that the romantic holiday isn't immune to tragedy. During Prohibition in Chicago, seven men were killed by a gang organized by Al Capone on Feb. 14, 1929. The Valentine's Day Massacre became a flashpoint in Prohibition history, with police and lawmakers going after the gangs and mobs that had formed in cities to control then-illegal substances like alcohol.

## **What is Galentine's Day, and how is it related to Valentine's Day?**

A modern (and fun!) take on Valentine's Day, Galentine's Day seems to have been popularized by Amy Poehler's character Leslie Knope on *Parks and Recreation*. It's a day to celebrate the friends that you love. It's celebrated on February 13 (leaving you plenty of time to celebrate your mate on official Valentine's Day the following day). [Galentine's Day gifts](#) have become a nice way to celebrate the people who mean so much to you.

## **Is Valentine's Day a holiday?**

While many people celebrate Valentine's Day in all kinds of different ways, it's no longer an official Catholic holiday—and unfortunately for all the romantics out there, it's not an official bank holiday or day off (though you can always take the day off for a special day with your significant other!).

[6 Ways to Make Your Valentine's Day Celebration at Home Special](#)

## **What is the meaning of Valentine's Day?**

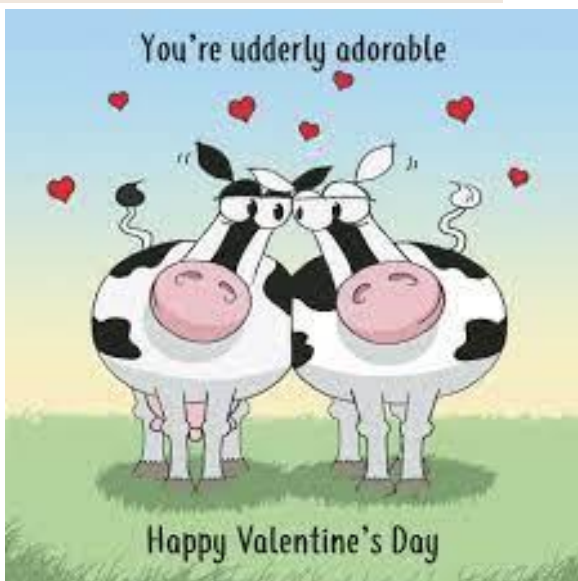
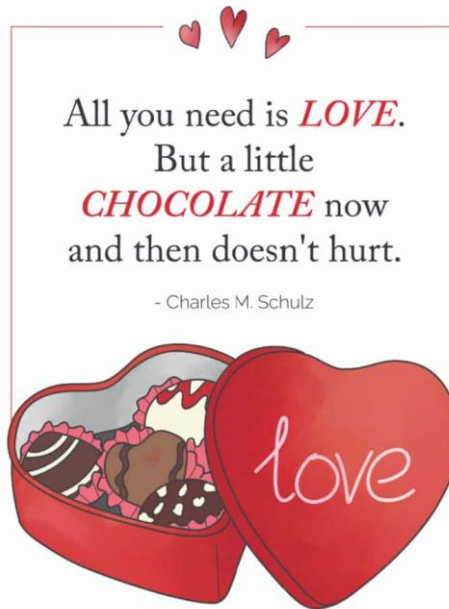
Over the years (and centuries), Valentine's Day has been a religious celebration, an ancient ritual day, and a commercial holiday. All that change means the meaning of Valentine's Day is truly whatever you want it to be: You can skip the celebrations completely, buy yourself some chocolate or flowers, or express your love and appreciation for the people in your life, whether they're co-workers, romantic partners, friends, or family members.

# Home Care Wellness Foot Care

February 20th, 2023



\$5.00 Per appointment.  
Make Arrangements with  
Lokesh or the nurse on duty po



Podiatry apts. made with

Lokesh or nurse on duty



# GRANDPARENTS

bedtime \* are forever

negotiable CHOCOLATE

storytellers WONDERFUL

RESPECT  
TRADITIONS  
RECIPES

spoilt rotten

HOMEMADE COOKING

Lots of dessert GOOD  
OL DAYS

SHARE, FUN, HUGS, TREATS & LAUGHS

SLEEPOVERS

NO RULES Cuddles  
& KISSES \*

nana & papa CARD  
GAMES

HEAPS OF cookies always SMILE

# FEBRUARY

ARROWS  
BALLOONS  
CANDY  
CARDS  
CHOCOLATE  
CUPID  
FLOWERS  
FRIENDSHIP

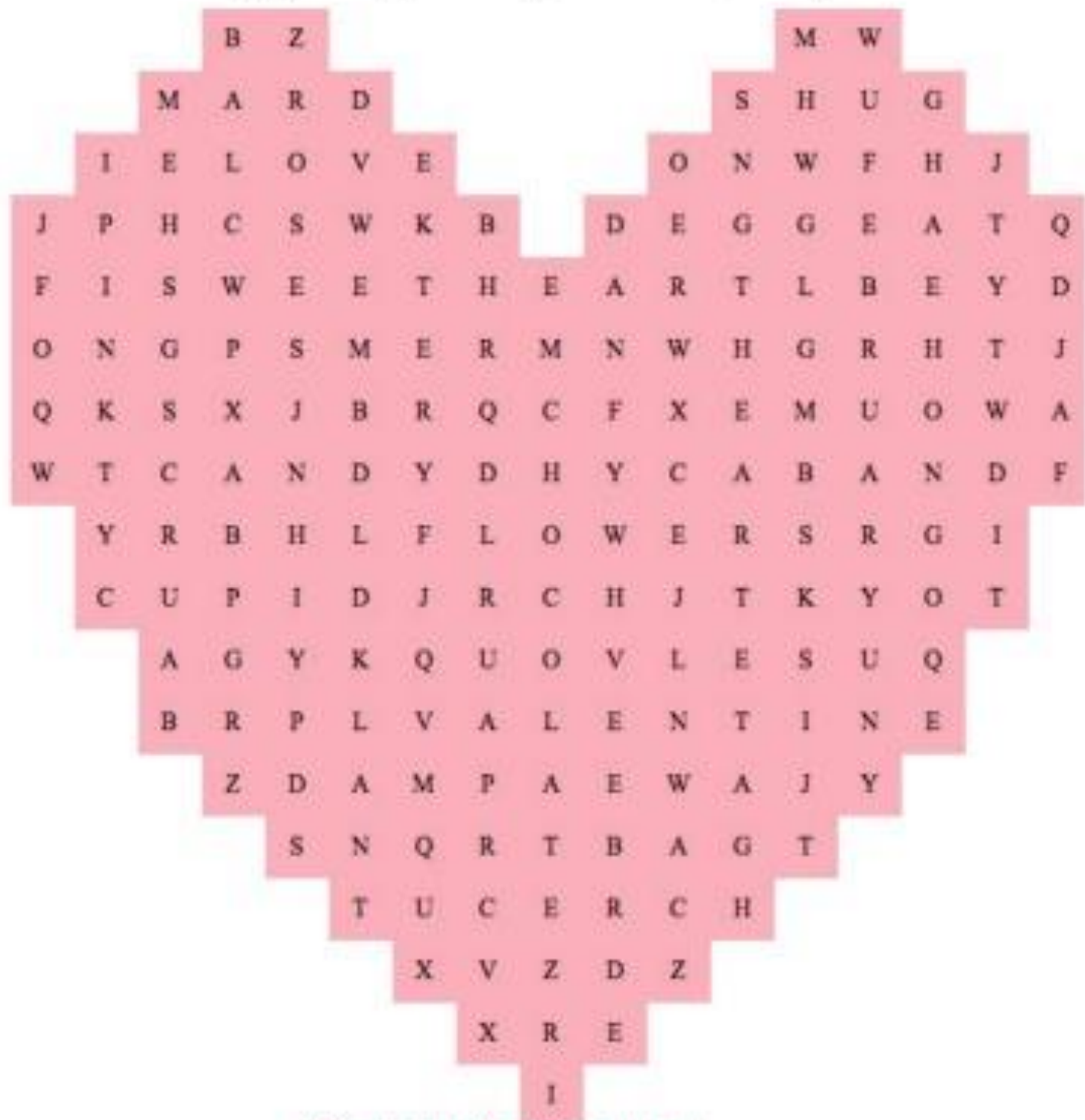
GROUNDHOG  
HEARTS  
LOVE  
PRESIDENTS  
RELATIONSHIP  
SUGAR  
SWEETS  
VALENTINE



F V A L E N T I N E C R O F R  
S L P I H S N O I T A L E R A  
W C O Y D N A S A B R S W I G  
E A Y W C H C U P I D L L E U  
E R D S E O C O L A S O E N S  
T S N S T R A E H T E V N D P  
S W A I R F S S R E O L F S U  
E O C N D S E T A L O C O H C  
G R O U N D H O G H I P W I D  
U R N D S T N E D I S E R P G  
B A L L O O N S H G O L V O R



# Valentine's Day Word Search



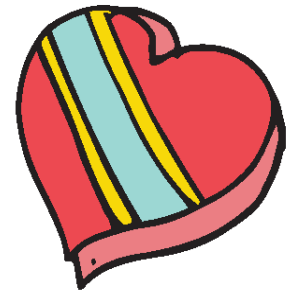
CouponsAreGreat.net

LOVE  
CHOCOLATE  
PINK  
VALENTINE  
ROSES

CUPID  
FEBRUARY  
RED  
HUG  
FLOWERS

CANDY  
HEART  
SWEETHEART  
CARD  
SWEET

Name: \_\_\_\_\_



# Valentine Word Search

version 3

Y Q V E J R W B J D W D I E M  
J E A I Z A G O B C J I I W L  
E S L O V E U D R W A P Q P B  
E A E M X F Z D K R G U I E P  
H W N P T P Y Y D N A C P H N  
K F T O I R Q J G S A L V E C  
E N I B F H A D R D S F Y V B  
D I N O I W S E P R T Q R B H  
G N E Q C T N D H C F K A D U  
H G J S A V E S N U I F U T L  
D H G M E Y G X S E G O R J Z  
I S P L G S Q Z T R I S B Z I  
O I O T T X O O V G C R E L O  
D P I N N O S R E W O L F G H  
E Y N Q P C C H O C O L A T E

arrow  
candy  
chocolate  
cupid  
envelope

February  
flowers  
friendship  
gifts  
heart

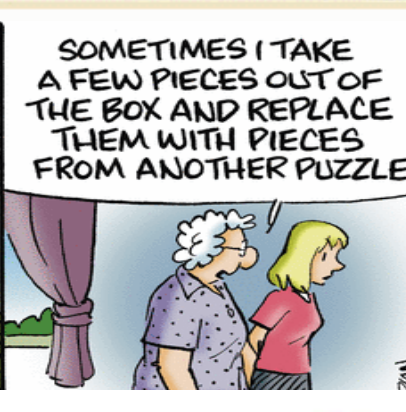
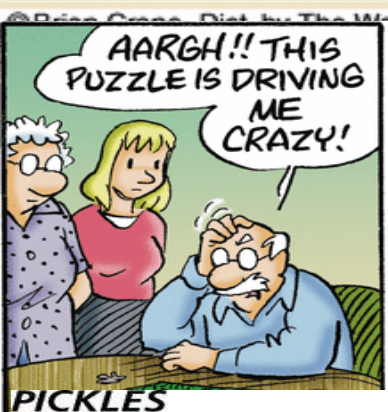
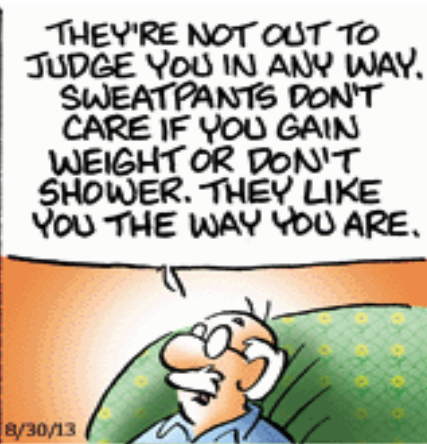
hugs  
love  
roses  
stamp  
Valentine

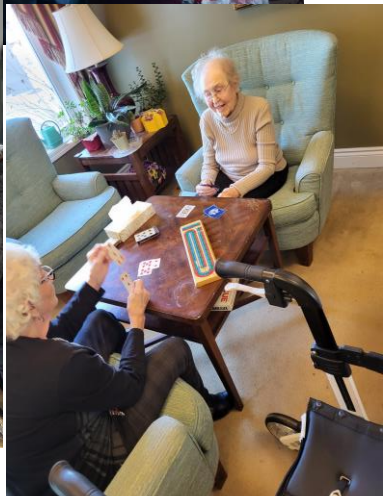
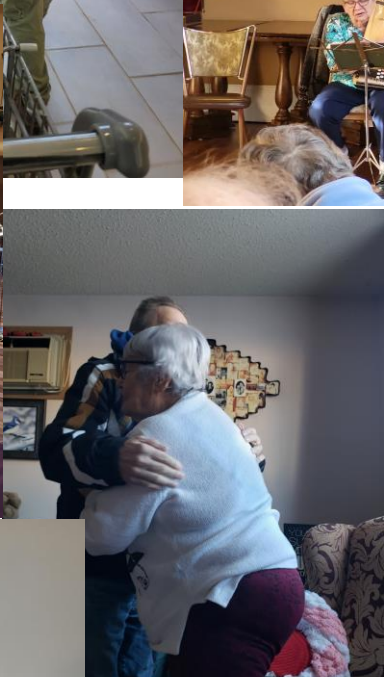
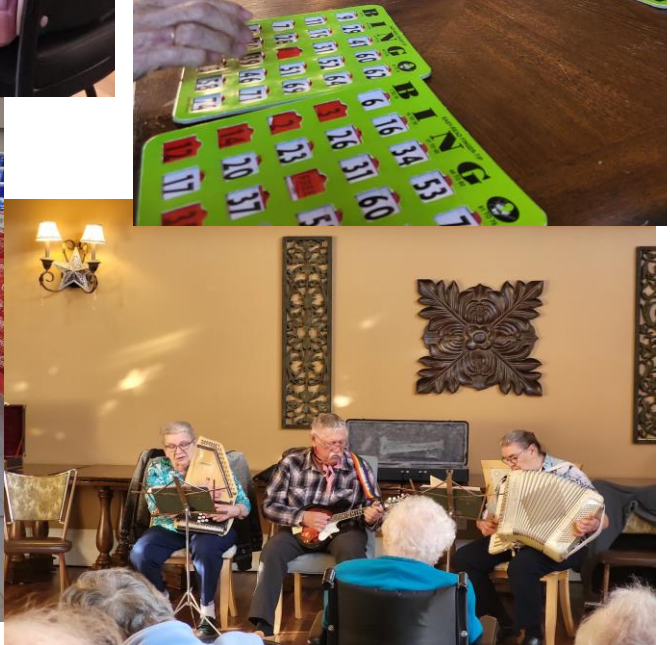
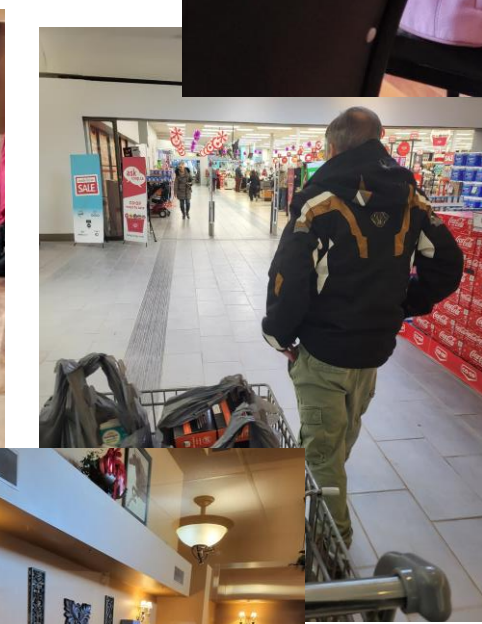
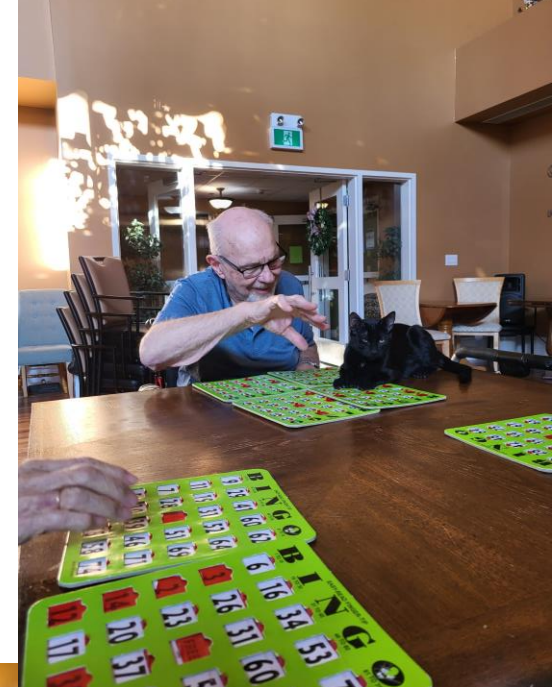




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***Please join us to enter your name  
into our monthly snack basket  
draw***



***Draw Box is on the located main  
floor across from office.***



A Gentle Reminder to Families: if you have any questions regarding your loved one's Medications or Care Plans, Please call the office to arrange an appointment with The Nurse. Thank You!

Please remove all muddy Outdoor footwear , For the safety of our residents thank you very much.



**DRAW BOX IS LOCATED ON THE SIDE BOARD  
CUPBOARD ACROSS FROM THE PUBLIC WASHROOM**

Clip out your entry form to win. Place your name in the draw.

Entry Form

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Residents Name

February, 2023 Draw Entry Form

Open to Residents of Cypress House only.

box to win our monthly prize.