















March 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Happy Birthday						
<p>Salley Gartner Mar. 1st, 1952 John Squire Mar. 12th, 1924 Meda King Mar. 13th, 1934 Rose Heidel Mar. 19th, 1937</p>	<p>Ann Woytiuk Mar. 19th, 1937 Wayne Warnock Mar. 22nd, 1939 Howard Matilla Mar. 24th, 1936 Helen Langley Mar. 25th, 1932</p>	<p>1 Get Crackin' H3 Individual Exercises 10:30 Sit N' Be Fit 1:30 <i>Coffee & Sing-A-Long Afternoon</i></p>	<p>2 Get Crackin' H4 Individual Exercises 10:00 Catholic Mass 1:30 <i>Canteen</i></p>	<p>3 Individual Exercises 10:30 Sit N' Be Fit 1:30 BINGO</p> 	<p>4</p> 	
<p>5</p> 	<p>6 Get Crackin' H1 Individual Exercises 10:30 Sit N' Be Fit 1:30 <i>Painting Class</i></p> 	<p>7 Get Crackin' H2 Group Exercises 1:30 <i>"International women's day Celebration"</i></p>	<p>8 Get Crackin' H3 Individual Exercises 10:30 Sit N' Be Fit 1:30 <i>"The Old Timers"</i></p> 	<p>9 Get Crackin' H2 Group Exercises 10:30 <i>Crosswords</i> 1:30 <i>Cards</i></p> 	<p>10 Individual Exercises 10:30 Sit N' Be Fit 1:30 BINGO</p> 	<p>11</p>
<p>12</p>	<p>13 Get Crackin' H1 Individual Exercises 10:30 Sit N' Be Fit 1:30 <i>Cribbage, Dominoes, Ring Toss & board games</i></p>	<p>14 Get Crackin' H2 Group Exercises 1:30 <i>Movie Time</i></p> 	<p>15 Get Crackin' H3 Individual Exercises 10:30 Sit N' Be Fit 1:30 <i>Entertainment</i></p>	<p>16 Get Crackin' H4 Group Exercises 10:00 <i>Bakin'</i> 1:30 <i>House 2 Birthday Party</i></p>	<p>17 Individual Exercises 10:30 Sit N' Be Fit 1:30 BINGO</p> 	<p>18</p> 
<p>19</p> 	<p>20 Get Crackin' H1 Individual Exercises 10:30 Sit N' Be Fit 1:30 <i>Gentlemen's Afternoon</i></p>	<p>21 Get Crackin' H2 Group Exercises 10:00 <i>Bakin'</i> 1:30 <i>House 4 Birthday Party</i></p>	<p>22 Get Crackin' H3 Individual Exercises 10:30 Sit N' Be Fit 1:30 <i>House 3 Birthday Party</i></p>	<p>23 Get Crackin' H4 Group Exercises 10:30 <i>Crosswords</i> 1:30 <i>Easter Table CenterPiece</i></p> 	<p>24 Individual Exercises 10:30 Sit N' Be Fit 1:30 BINGO</p> 	<p>25</p>
<p>26</p>	<p>27 Get Crackin' H1 Individual Exercises 10:30 Sit N' Be Fit 1:30 <i>Kaiser Tournament</i></p>	<p>28 Get Crackin' H2 Group Exercises 10:00 <i>Bakin'</i> 1:30 <i>Boards & Games</i></p>	<p>29 Get Crackin' H3 Individual Exercises 11:00 <i>Wellness H1</i> 12:30 <i>Wellness H2</i> 1:30 <i>Cards & Games</i></p>	<p>30 Get Crackin' H4 Group Exercises 11:00 <i>Wellness H3</i> 12:30 <i>Wellness H4</i> 1:30 <i>Cards & Games</i></p>	<p>31 Individual Exercises 10:30 Sit N' Be Fit 1:30 BINGO</p> 	<p>31</p>

