

Diamond House

January 2023

700 Ballesteros Cres, Warman SK S0K 4S0



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New Year's Resolution Jumble



Oh, resolutions! You come along and try to ruin a perfectly good holiday like New Year's. This year, have a little fun with your resolutions by picking them out from our jumbled list below.

We have all of your favorites, and, to make it a little more challenging, all but one include multiple words (total number noted in parenthesis) incorporated into one jumble. Answers below.

- | | |
|----------------------|--------------------------------|
| 1. XRALE (1) | 6. DEBGMEZRRAONIOE (3) |
| 2. HLTEEOIWGS (2) | 7. YTSAOUVIIFCOGTEIRNRN (4) |
| 3. MSYVONEAE (2) | 8. LLEANRAKISWLEN (4) |
| 4. GQSIINOKMUT (2) | 9. LYDNEREOFTMSPIEMHTMIAIW (5) |
| 5. NRMOFOEADREET (3) | 10. GETBETTERATWORDJUMBLES (5) |

Answers:
1. Relax
2. Lose weight
3. Save money
4. Quit smoking
5. Read more often
6. Be more organized
7. Visit a foreign country
8. Learn a new skill
9. Spend more time with family
10. Get better at word jumbles

January Trivia

January was named after the Roman god Janus; the god of beginnings & transitions.

Zodiac signs: **Capricorn & Aquarius**

Birthstone: **Garnet**
Flower: **Carnations**

Quote of the Day

You can't help getting older, but you don't have to get old.

– George Burns

Christmas 2022





January 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30	31	Appointment Calendar				

Appointment Calendar

January Birthdays

In January, we celebrate birthdays with:

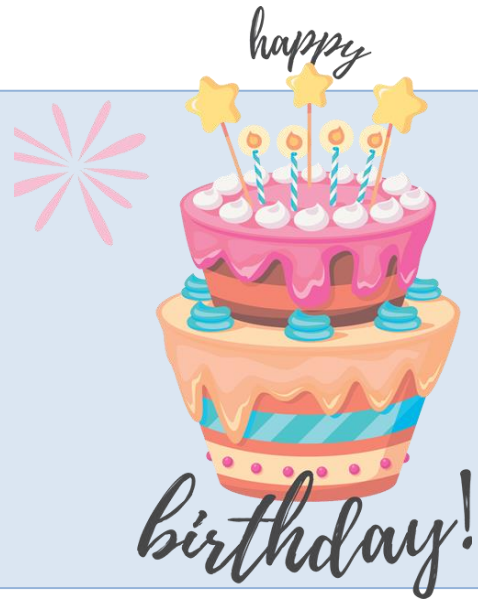
Arie V – January 4

Miriam B – January 7

Brian P – January 8

Rosella S – January 12

Helen T – January 14



Elvis Presley, Singer, 8th January 1935
Stephen Hawkins, Physicist, 8th January 1942
David Bowie, Singer, 8th January 1947
Martin Luther King Jr., Activist, 15th January 1929
Muhammad Ali, Boxer, 17th January 1942
Betty White, Actress, 17th January 1922
Michelle Obama, First Lady, 17th January 1964
Kevin Costner, Actor, 18th January 1955
Janis Joplin, Singer, 19th January 1943
Neil Diamond, Rock Singer, 24th January 1941
Virginia Woolf, Novelist, 25th January 1882

Capricorn (Dec 22 – Jan 19)

Capricorns are responsible, disciplined and have good managers

Aquarius (Jan 20 – Feb 18)

Aquarians are shy & quiet deep thinkers who love helping others.

WOW!

There are more twins now than ever before.

In 1915, one in every 50 babies born was a twin – this has now increased to 1 in 30. Scientists believe this trend is due to the fact that older women tend to have more twins, and women are choosing to start families later. Fertility treatments such as in-vitro fertilization likely also play a role.

Word Search



SNOWSTORM WORD FINDER

L M A R S H M A L L O W S G
Y C T S S N O W S H O V E L
F W I N D C H I L L S R J A
U S N O W S U I T Q V F I H
Z V B S L E D D I N G R G O
Z T E F O R E C A S T E S T
Y F M L S C A R V E S E A C
S T O B O G G A N V T Z W O
O I C E S K A T I N G I B C
C X F I R E P L A C E N T O
K S N O W F L A K E Q G Y A
S W M D F A H R E N H E I T

Wind Chill
Toboggan
Ice Skating
Marshmallows

Snowflake
Hot Cocoa
Fahrenheit
Fireplace

Sledding
Snow Shovel
Snowsuit
Fuzzy Socks

Jigsaw
Forecast
Scarves
Freezing

January Quiz

Question	Answer
1 What is January's birthstone?	:
2 What flowers are commonly associated with January?	:
3 Who added the month of January to the Calendar? a) The Romans b) The Greeks	:
4 Which astrological sign is represented between January 20th and February 18th?	:
5 Which star sign covers December 22nd to January 19th?	:
6 January has 31 days, what are the names of other months that have 31 days?	:
7 Which famous British Rock Band performed for the last time on a rooftop in London in January 1969? Clue: Their name is an insect	:
8 What is the name of the painting by Leonardo da Vinci exhibited in the US for the first time in January 1963? Clue: The Mona _____	:
9 What do the words Auld Lang Syne mean?	:
10 The singer with the nickname "Old Blue Eyes" has a birthday in January. Who is he?	:
11 Cassus Clay was born on January 17th 1942, what is he also known as?	:
12 If you are born in the first 19 days of January what star sign are you?	:
13 Who wrote the famous song Auld Lang Syne?	:
14 Where is New Years Eve known as Hogmanay?	:
15 In which Australian city is one of the largest New Year celebrations held?	:

Answers on page 10

Irish Coffee – Non-alcoholic, can be served hot or chilled.

Ingredients

- Brandy or Rum flavouring
- Sugar
- 1 ½ cups (12 ounces) of coffee
- Whipped cream

Directions

- Place 1 teaspoon of Brandy or Rum flavouring into a tall glass
- Pour 1 ½ cup coffee into the glass, leaving 1 inch at the top for cream
- Add 3 teaspoon sugar and stir
- Add whipped cream on top (do not stir)

Super-food Hot Chocolate – caffeine free

Ingredients

- Milk
- Raw Cacao powder
- Malt syrup
- Cinnamon powder

Directions

- Place one cup of milk in a saucepan
- Add one tablespoon of raw cacao powder
- Add ½ tablespoon Malt (or to taste)
- Add one teaspoon of cinnamon.
- Warm over low heat, stirring until combined.

Waterless snow globes



Making water-filled snow globes can be tricky – and messy! These [waterless globes](#) are adorable and easy to craft, making the possibilities endless. To get started, you'll need a few basic supplies, including glass jars, artificial snow, glitter, a hot glue gun, and some decorative elements like little trees, snowmen, or other winter figurines. Then, you can glue your decorative elements upside-down to the jar lid, add artificial snow and glitter to the jar, put the lid back on, and flip it over. It's that simple!

Word Search

SNOWSTORM WORD FINDER



L M A R S H M A L L O W S G
 Y C T S S N O W S H O V E L
 F W I N D C H I L L S R J A
 U S N O W S U I T Q V F I H
 Z V B S L E D D I N G R G O
 Z T E F O R E C A S T E S T
 Y F M L S C A R V E S E A C
 S T O B O G G A N V T Z W O
 O I C E S K A T I N G I B C
 C X F I R E P L A C E N T O
 K S N O W F L A K E Q G Y A
 S W M D F A H R E N H E I T

Wind Chill
 Toboggan
 Ice Skating
 Marshmallows

Snowflake
 Hot Cocoa
 Fahrenheit
 Fireplace

Sledding
 Snow Shovel
 Snowsuit
 Fuzzy Socks

Jigsaw
 Forecast
 Scarves
 Freezing

Answer

- 1 Garnet
- 2 Carnations and snowdrops
- 3 a) The Romans
- 4 Aquarius
- 5 Capricorn
- 6 March, May, July, August, October, December
- 7 The Beatles
- 8 Lisa
- 9 For old times sake
- 10 Frank Sinatra
- 11 Muhammed Ali
- 12 Capricorn
- 13 Robert Burns
- 14 Scotland
- 15 Sydney

Video Call Options:

Google Duo App (works for Android and iPhone/iPad)- you can call from any Android based phone/tablet to an Apple phone/pad or vice versa. Most recommended to use as it does not matter what type of phone/tablet you have.

Google Duo online –
www.duo.google.com

FaceTime (only for iPhone and iPad's)

To arrange day and times to have a call, please contact the **Activity Department (Amanda or Cassandra)** Monday-Friday 9:00am-5:30pm in one of the following ways:

Phone: 306-955-1300 option 4

Email: activity@diamondhouse.ca

If you are wanting to arrange for a weekend call, please make sure to let us know by Fridays at 5:30pm. If you call after hours during the week, leave a message and we will get back to you the next available weekday 😊

The following information is for if you would like to contact Father Peter Directly (For last Rites):

Immaculate Heart of Mary parish priest

Father Peter Ebidero

Phone: 306-321-2364

Email: darebidero94@gmail.com

Church: 306-931-1111

Noticeboard

Services offered at

Diamond House

We offer in House Doctors, Mobile Lab, Foot Care Nurse, Hairdresser and Last Rites. If any of these services are required for a Resident, you can contact one of the following: **(Please note that Foot Care Nurse and Salon is offered at additional costs)**

Activity Department for Foot Care Nurse

306-955-1300 option 4

Nursing Department for Doctor's appointments: 306-955-1300 option 3 or if visiting the home, ask for the Nurse on Duty

Cracked Soles Foot Care

Prices:

Initial appointment: \$50.00

Follow up appointments: \$43.00

SALON

Women's Hair Cut - \$40.00

Shampoo & Set - \$30.00

Perms - \$90.00

Hair color - \$80.00

Men's Hair cut - \$30.00

Payment: Cash/cheque/e-Transfer to Stylist or charged to your Diamond House Comfort Fund Account

To make an appointment:

Tuesdays & Thursdays

Tracy 306-222-9481

Wednesdays Marlene 306-220-9895

Visitor Information

Visitors are now welcome into the home again. Visiting hours are Sunday-Saturday 9:30am-11:00pm

We do still require the following:

- + You must still sign in on the sheet provided at the Front Entrance **(This is for Fire Safety)**
 - When entering we need your name, contact phone number, and who you are visiting. (Resident name & house, Home administrator, Home Coordinator, Activity Department etc.)
- + You must change your mask to one of the medical masks that are provided.
- + You must sanitize your hands.
- + **When exiting the home after your visit, please sign out as well. This is just as important as signing in.**

Leaving with a loved one

There is a sign in/out form on the front entrance table that you need to fill out when leaving the home with a loved one, even if it is just to go for a walk around the block.

If leaving for a day trip: Please contact the home at least **an hour** before hand. This is so that we can have any medications or supplies ready that your loved one may need during their time away.

If leaving for more than a day: Please contact the home at **least 24hrs** in advance. This is so that we can have any medications or supplies ready that your loved one may need during their time away.