



NOVEMBER

LEST WE FORGET

Cypress House

2135 Scott Street

Swift Current, sk.

S9S 5N2



J=

Amy

Hector Ruest

Helen Lynn Sawyer

Phoebe Bennell

Helen Hermanson



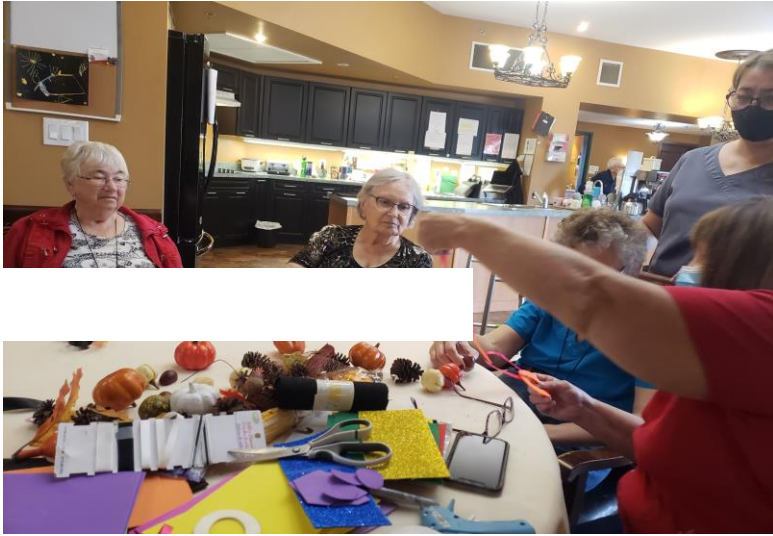
As you get older three things happen. The first is your memory goes, and I can't remember the other two.

- Sir Norman Wisdom

With Age comes skills
It's called MultiTasking
I CAN
LAUGH, COUGH,
SNEEZE, AND PEE ALL
AT THE SAME TIME.



October festivities.



oi







REMEMBRANCE DAY



The Registered Trademark Poppy

The Dominion Command of The Royal Canadian Legion has registered the trademark of the Poppy image to safeguard the Poppy insignia as a symbol of Remembrance. The People of Canada also provided enhanced protection to the Poppy insignia as a protected mark through an Act of Parliament in 1948.

Any proposed usage of the Poppy symbol must be submitted to Dominion Command as outlined below.

The Legion safeguards the Poppy trademark

Since 1921, the Poppy has stood as a national symbol of Remembrance. The Poppy is also the recognized symbol for the Legion's Poppy Campaign, which raises funds to support Veterans and their dependents.

The Legion ensures that the Remembrance Poppy is not used to commercialize, politicize, or dishonour those who served or to misrepresent the Poppy Campaign and the donations it raises.

The guidelines governing the use of the Poppy trademark is outlined in the [Legion Poppy Manual](#).

Elements included in the trademark

The Legion has registered many variations of the Poppy image (lapel poppy, Poppy logo, symbols and flower) as trademarks and also has registered the trademark POPPY. The ensuing rights prevent unauthorized use, especially in the context of Veterans, remembrance and fund-raising for each trademark.

The Poppy can never be used as a symbol of Remembrance by any organization, group, community, or individual for commercial, charitable, political or community display or public distribution without the express written permission of the Dominion Command Poppy and Remembrance Committee. Below are a few examples of unauthorized use.

The Remembrance Poppy CANNOT be used without authorization

- on consumer items such as products, apparel, art, or commemorative items or their packaging
 - on lawn signs and door decorations produced for distribution
 - in promotions or signage for a business, an offer, an event or group
 - in visual or multimedia displays, such as posters, websites, or videos for public viewing
 - as produced or crafted items for resale, to raise money, or for public distribution
 - on a commemorative Christmas decoration
 - incorporated into a logo
- The Remembrance Poppy CAN NEVER
- be placed where it can be walked on
 - be made as edible products

Requesting the use of the Poppy

The Legion has granted permission to organizations, communities and individuals to use the Poppy symbol for various initiatives that bring focus to Remembrance. Anyone wishing to use the Poppy symbol can request authorization as outlined below.

What is required to request use of the Poppy:

- Contact information for the individual or organization making the request
- A description of how and where the Poppy will be used or displayed (attach a draft design of image placement or size, if applicable)
 - An explanation of why the Poppy usage is requested
 - An indication of what period of time the Poppy will be used or displayed
- A disclosure, if intended for use on a product, of the selling cost of the item and a projection of the expected profit to be made
- If approved, 100% of the proceeds of sales must be given to the Legion Poppy Trust Fund.

Send requests to:Coordinator of the Poppy and Remembrance Committee
 The Royal Canadian Legion
 86 Aird Place
 Ottawa, ON K2L 0A1
 Fax: 613-591-9335
FChute@legion.ca

Personal use of the Poppy

The Royal Canadian Legion's [Poppy Store](#) offers a wide range of Poppy items to help Canadians honour and support Veterans year-round. All items have been approved through the Dominion Command Poppy and Remembrance Committee and proceeds from sales support Legion programs for Veterans and their families.

Individuals also are welcome to embrace the Poppy for personal use. Whether crafting a handmade Poppy to gift a Veteran, or drawing a Remembrance Poppy to display in the window, or painting Poppies on stones to place on Veterans' graves, there are many ways Canadians can continue the tradition of the Poppy.



The poppy is a symbol of Remembrance and hope, including hope for a positive future and peaceful world.

They are a show of support for the Armed Forces community, those currently serving, ex-serving personnel and their families; and a symbol of Remembrance for all those who have fallen in conflict.

John McCrae wrote the poem *In Flanders*

Fields which inspired the use of the poppy as a symbol of Remembrance.

In the spring of 1915, shortly after losing a friend in Ypres, a Canadian doctor, Lieutenant Colonel John McCrae wrote his now famous poem after seeing poppies growing in battle-scarred fields.



In Flanders Fields

The poem by John McCrae

In Flanders' fields the poppies blow
Between the crosses, row on row,
That mark our place: and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.
We are the dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders' fields.

Take up our quarrel with the foe;
To you from failing hands we throw
The torch; be yours to hold it high,
If ye break faith with us who die
We shall not sleep, though poppies
grow
In Flanders' Fields.

Remembrance Day 2022 in Canada

Author: [Supriya Kandwal](#) | Updated 10 Mar 2022,

Remembrance Day 2022 in Canada is celebrated on 11 November every year, and it is a public holiday in some regions of the country.

Let's talk about Remembrance Day from the [list of Holidays 2022](#). If you are unsure of when Remembrance Day in 2022 is to be celebrated, keep reading this article. You will get detailed insights about the celebration, when and why it is commemorated, and all that it entails.

Remembrance Day in Canada, also known as Armistice Day globally honours the moment when hostilities on the Western front were ceased, with the signing of the Armistice between Allies of World War I and Germany.

Is Remembrance Day In Canada A Public Holiday?

Remembrance Day in Canada is given the status of public holiday in three territories and six provinces, as per the [Holidays 2022 calendar](#). Most businesses, stores, and shops as well as all schools, universities, and government offices

remain closed in these regions. Public Transportations also do not follow their usual route. As for the other four provinces, three (except Quebec) do have some form of holidays, guided under the rules of their individual municipalities.

Remembrance Day in Canada History

The world has not yet forgotten the history that led to the formation of Remembrance Day. Remembrance Day or Armistice Day is observed in Canada and many other countries to remember the end of the malevolence that was the First World War in 1918. Moreover, Canada, as well as other Commonwealth countries, commemorate this day to acknowledge veterans who served in the Wars and the martyrs. Around 100,000 Canadian soldiers lost their lives in the First and Second World Wars. This day honours them. It also remembers the fallen of the Korean War and other conflicts of which the Canadian Army was a part.

In the early years (1921-1930), following the Armistice Day Act, [Thanksgiving](#) and Armistice Day were commemorated together, on the Monday of the week of 11 November. This was

amended in 1931, and Armistice Day was celebrated on 11 November ever since. Its name was changed during World War II, as several countries expanded the day to honour all martyrs, not just the fallen of WWI. As a result, Remembrance Day in Canada was formed.

Public Life on Remembrance Day in Canada

Remembrance Day is a public holiday in the three territories of Canada, namely, [Yukon](#), Northwest Territories, and Nunavut. Of the nine provinces, [British Columbia](#), Alberta, Saskatchewan, New Brunswick, Prince Edward Island, and Newfoundland and Labrador also commemorate the day.

However, of the other four, only [Nova Scotia](#) observes the day as a holiday with separate rules under the Remembrance Day Act. The day isn't an official holiday in Manitoba, but those working on 11 November have to be paid 1.5 times their regular wages. Additionally, everything except essential services is shut down from 9:00 am to 1:00 pm. It is not a statutory holiday in Ontario and isn't commemorated at all in Quebec. However, in both these places, employees working on this day get a higher wage

than on usual days.

The federal department of Veterans Affairs Canada runs a program called Canada Remembers. Its mission is to make the young Canadians understand what war is and the privilege of peace. It makes them realize what the veterans and people of those times sacrificed. The official ceremonies are held at the National War Memorial in Ottawa, including salutes (Viceregal and gun-salute), followed by two minutes of silence at 11:00 am. Afterwards, The Act of Remembrance is read, and then a flypast, 21-gun salute, laying of wreaths, and a march past ensues. A tradition of paying personal respects has also taken root in public life on Remembrance Day in Canada. Once the official ceremony is over, people honour the fallen with red poppies on the Tomb of the Unknown Soldier. Red Poppies are considered to be a symbol of remembering the martyrs of the war.

For the Fallen

By Laurence Binyon

With proud thanksgiving, a mother for her children,
England mourns for her dead across the sea.
Flesh of her flesh they were, spirit of her spirit,
Fallen in the cause of the free.

Solemn the drums thrill: Death august and royal
Sings sorrow up into immortal spheres.
There is music in the midst of desolation
And a glory that shines upon our tears.

They went with songs to the battle, they were young,
Straight of limb, true of eye, steady and aglow.
They were staunch to the end against odds uncounted,
They fell with their faces to the foe.

They shall grow not old, as we that are left grow old:
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them.

They mingle not with their laughing comrades again;
They sit no more at familiar tables of home;
They have no lot in our labour of the day-time;
They sleep beyond England's foam.

But where our desires are and our hopes profound,
Felt as a well-spring that is hidden from sight,
To the innermost heart of their own land they are known
As the stars are known to the Night;

As the stars that shall be bright when we are dust
Moving in marches upon the heavenly plain,
As the stars that are starry in the time of our darkness,
To the end, to the end, they remain.



10 Cool Facts about People Born in November

by [Shahrzad Warkentin](#) October 26, 2021

[Victoria Rodriguez via Unsplash](#)

Advertisement

Known for being happy and healthy, babies with a November birthday are also said to have the rarest birthdays of them all



If you know a few nonagenarians whose birthdays are in November, it might not be a coincidence. According to research, being born in November can result in having some of the longest life spans, among other unique traits. [Babies born in August](#) are known for their great positive attitudes, [babies born in September](#) are said to have strong bones, while [babies born in October](#) might be just a little bit taller. But people with November birthdays? Well, they stand out from the crowds and we'd like to tell you w



They Have Some of the Rarest Birthdays

Having a November birthday is unique in itself, as it is one of the most uncommon months to be born. In fact, according to [this handy chart](#) compiled using data from the U.S. National Center for Health Statistics and the U.S. Social Security Administration, six of the rarest birthdays of the year, including Thanksgiving Day, are in November. However, Christmas Eve, Christmas, and New Year's are the rarest of them all. People will do anything to avoid that combination Christmas/birthday gift! Fortunately, that's not a problem (or shouldn't be!) for those with that November birthday.

They Can Be Anything

November birthday babies are truly one-of-a-kind when it comes to career paths. Those born in November have held every job imaginable, from adventurers like Daniel Boone to singers like Lyle Lovett. They have even spent their lives as a member of a royal family, like Marie Antoinette, and saving the world as chemists, like Marie Curie. American political leaders such as 11th US president James Polk and current US president Joe Biden were also born in November. The future holds just about anything in store when you have a November birthday.

Related: [Why September Babies Are More Successful](#)

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They're Athletes

Not everyone can make the first string, but there are no bench warmers among this unique bunch. According to a study published in the *International Journal of Sports Medicine*, kids with a November birthday are fitter and more powerful than those born in other months when measured for cardiorespiratory fitness, handgrip strength and lower-body power. There's a clear physical advantage to those born in autumn, researchers indicated, while also using this information to explain some bias in sports selection, particularly those that use a September age cut-off date.

They're Healthy

More than 80 million Americans have some form of heart disease, but if you have a November birthday, chances are you won't be among them. While heart disease grows more common, a study published in the *Journal of the American Medical Informatics Association* found that those born in November are least likely to be diagnosed with cardiovascular disease. A look at 10 cardiovascular conditions showed that people born in autumn are more protected than those born in winter, which also suggests these fall babies will have longer life spans.



iStock

They're the Happiest

No matter what path a November baby chooses, they are likely to lead a happy life. According to [research](#), babies born during the fall, especially those with a November birthday, have the lowest rates of clinical depression. While there are countless things that affect a baby's development in the womb, gestation during wintertime (which November babies miss!) can lower a mother's serotonin levels, leading to seasonal affective disorder (SAD), which in turn can affect the baby.

They Live the Longest

It's pretty rare to live to be 100. Less [than 1 percent](#) of all Americans will make it to a full century, but if you're born in November, chances are pretty good that you'll be among the few. Researchers from the [University of Chicago](#) found that babies born from September to November are more likely to become centenarians (or 100-year-olds) than those born in any other month. Being female, having good genetics and a higher socioeconomic status can also help get you into the 100-plus birthday club, too!

Related: [October Babies Are Totally Winning At Life, According to Studies](#)

Advertisement

[Ben White via Unsplash](#)

November-Born Boys are More Likely to be Lefties

Left-handers make up just 10 percent of the population, and if you have a November birthday, chances are pretty good you're among the rare few. More specifically, boys born during November are more likely to be lucky lefties, according to [research published in Cortex journal](#). Scientists attributed these conclusions to the higher testosterone levels found in boys along with the seasons (like fall!) that people are more likely to be born lefties.



They're A-Listers

Just about every month has a few birthday claims to fame, but none quite as stellar as November birthdays. Celebrities born in November include Leonardo DiCaprio, Scarlett Johansson, Martin Scorsese, Jodie Foster and Ryan Gosling. With these A-Listers sharing this birthday month, it's pretty clear that November babies are destined to be among the rare, elite award-winners.

Related: [This Is the Most Popular Birthday in the US](#)

[Victoria Rodriguez via Unsplash](#)

They are Brave and Enthusiastic

If you or your child has a November birthday, that means you or they are either a Scorpio (birthdays through Nov. 21) or a Sagittarius (Nov. 22 on). The [ever-passionate Scorpio](#) is known for being intuitive, brave, and hard working, while [fun-loving Sagittarius kids](#) are recognized for their honesty, enthusiasm, and spontaneity. So, what does that mean? It means that if you're born in November, you must have a pretty great personality!

They are Cool as Cucumbers

November babies have two birthstones: the topaz, which symbolizes calmness, and the citrine, also known for its tranquil energy. The [stones both signify the serene](#), as well as prosperity, fortune and joy. No wonder people born in November are so cool! And both of these beautiful birthstones are more affordable than others, making a jewelry-related gift for people with November birthdays a bigger and better possibility.



NOVEMBER BIRTHSTONE

Those with November birthdays have two beautiful birthstones to choose from: topaz and citrine. Topaz comes in a rainbow of colors; citrine is prized for its charming yellow and orange hues. Both November birthstones are known to have calming energies while bringing fortune and warmth to the wearer. Most topaz and citrine birthstones are affordably priced, as good-quality gems are not as rare as for many of their counterparts. This means that those born in November have many options to choose from. Your challenge will be deciding which one to pick.



TOPAZ CITRINE

TOPAZ BIRTHSTONE

TOPAZ BIRTHSTONE MEANING & HISTORY

The variety of topaz hues includes colorless, light blue, yellow, orange, pink, violet, brown and, very rarely, red. The vast majority of blue topaz seen today is the permanent result of treating colorless topaz with irradiation and heating. The rainbow effect seen in “Mystic Topaz” is created by coating colorless topaz with a thin artificial film.

Some believe the word “topaz” comes from the Sanskrit word *tapas*, which means “fire.” Others trace it back to the Greek *topazos*. This November birthstone was long thought to have many benefits. The ancient Greeks believed that topaz gave them strength.

From the 1300s to the 1600s, Europeans thought it could thwart magic spells and dispel anger. For centuries, many people in India have believed that topaz worn above the heart assures long life, beauty and intelligence.

The distinctly pinkish orange Imperial topaz has aristocratic cachet. It is commonly believed that the name originated with the Russian royal family's insistence on keeping the finest colors of this gem, which was mined in Russia's Ural Mountains, exclusively for their use. An alternate explanation, especially popular in Brazil, is that it dates from an 1881 visit by Brazilian Emperor Pedro II to Ouro Preto—the town closest to Brazil's most productive topaz mines—and the gift of a reddish topaz to him.

Blue topaz is the gem of the [fourth wedding anniversary](#), and Imperial topaz is the gem of [the 23rd wedding anniversary](#).

One of the most sought-after November birthstones is this pinkish orange Imperial topaz. Photo: Robert Weldon/GIA

WHERE IS TOPAZ FOUND?

[Minas Gerais](#), a state in Brazil, is one of the most important sources for high-quality topaz, which has been mined there for more than two centuries. Yellow to orange, red, pink, violet and blends of red with orange or purple are some of the colors unearthed here. The nearby town of Ouro Preto is a fitting companion. In this UNESCO world heritage site, majestic colonial churches checker the skyline and quaint cobblestone streets crisscross the city.

Northwestern Pakistan is known for producing pink topaz. Ghundao Hill, close to the small town of Katlang, has been mined since 1972. The most sought-after shade of pink topaz from Katlang has a tinge of violet, which some in the gem trade call cyclamen pink. But even at Ghundao Hill, only rarely is this fine pink November birthstone found.

Hillside view in
Courtesy: Dr.
Collection



Katlang, Pakistan.
Edward J. Gübelin

Today, other major sources of this November birthstone include Namibia, Nigeria, Madagascar, Mexico, Myanmar, Sri Lanka and the United States, as well as the historic Russian localities.

TOPAZ BIRTHSTONE CARE & CLEANING

Topaz is an 8 on the Mohs scale of hardness, but it has poor toughness, so care is required to avoid chipping or cracking. To clean this November birthstone, do not use steam cleaning or [ultrasonic cleaners](#). Warm, soapy water works best. High heat or sudden temperature changes can cause internal breaks in topaz. The birthstone's color is generally stable to light, but prolonged exposure to heat or sunlight might cause fading in some yellow-to-brown gems. Topaz may be affected slightly by some chemicals.

The coating on Mystic Topaz can withstand normal wear, but abrasive cleaners or buffing wheels will remove it. Only a mild soap solution should be used to clean a topaz birthstone treated in this manner.



Here are some of the many colors of topaz. From left to right: a 9.21 carat (ct) colorless topaz from Nigeria, a 15.01 ct light blue topaz from Brazil, an 18.41 ct purplish pink topaz from Pakistan, and a 12.54 ct orange-red topaz from Brazil. Photo: Robert Weldon/GIA

TOPAZ BUYER'S GUIDE

CITRINE BIRTHSTONE

CITRINE BIRTHSTONE MEANING & HISTORY

This November birthstone is the transparent yellow to brownish orange variety of quartz, which has been used in jewelry for thousands of years. Citrine has been a popular gemstone since ancient times and has shared a history of mistaken identities with the other November birthstone, topaz. As a result, people thought citrine had the same powers as topaz. They believed the citrine birthstone could soothe tempers and calm the wearer.

The ancient Greeks carved rock crystal ornaments that glistened like permafrost. Roman pontiffs wore rings set with massive purple amethysts, and citrine has been reported in Roman jewelry. It was particularly popular in colorful Scottish jewelry from the Victorian era. Citrine, believed to derive from the French word for “lemon” (*citron*), is given for the thirteenth wedding anniversary.

Today, most of the citrine in the marketplace results from the heat treatment of amethyst. With its ready availability in a broad range of sizes, citrine birthstone is one of



the
most

affordable and desired yellow gemstones.

A fantasy cut unleashes the fire within this 43.49 ct citrine. Photo: Priscilla Dyer.
Courtesy: John Dyer & Co.

WHERE IS CITRINE FOUND?

The top sources for this November birthstone are Bolivia, Spain, Madagascar, Mexico and Uruguay. Amethyst that's typically heat treated to a citrine color is mined mostly in Brazil.

Deep in the world's largest freshwater wetland lies Bolivia's Anahí mine, an important source for natural, unheated citrine. Fields of wildflowers, brightly plumed birds, kaleidoscopes of butterflies, Howler monkeys and jaguars are some of the actors on this vast stage. The story of the mine is worthy of the setting. Discovered by a Spanish conquistador in the 1600s, it was given to him as dowry when he married Anahí, a princess from the Ayoreos tribe of Paraguay. The mine was lost for three centuries until it was rediscovered in the 1960s.



Thousands of crystals with both purple amethyst and yellow citrine have been recovered from the Anahí mine in Bolivia. Photo: Robert Weldon/GIA

The Anahí mine produces a unique combination of amethyst and citrine in the same crystal; when the two colors appear together in a fashioned gem, it is known as ametrine. The citrine birthstones produced at the Anahí mine typically range from orange-yellow to brownish/greenish yellow.



Faceting of the Anahí mine crystals produces citrine, amethyst and ametrine gems.
Photo: GIA & Tino Hammid

CITRINE BIRTHSTONE CARE & CLEANING

At 7 on the Mohs scale of hardness with good toughness, your citrine birthstone is usually durable enough for normal wear and care. It can be safely cleaned with warm, soapy water. While it is usually okay to clean your November birthstone in an ultrasonic machine, steam cleaning is risky since high heat could cause the stone to crack.

Orange citrine birthstone ring. Courtesy: Arya Esha



Now that you know a little bit more about the history of these two November birthstones and where they can be found, you just might be inspired to add them to your collection! Having topaz and citrine as your November birthstones gives you numerous choices, as they offer eye-catching colors and sizes. You'll find our [Topaz Buying Guide](#) and [Citrine Buying Guide](#) to be extremely helpful when looking for a November birthstone for yourself or a loved one.



GIA.edu



The Freedom to Talk to God

BY RICK WARREN — OCTOBER 28,
2022

FROM **RADICALIS: DEVELOPING
SPIRITUAL ROOTS**

“In [Christ] and through faith in him we may approach God with freedom and confidence.”

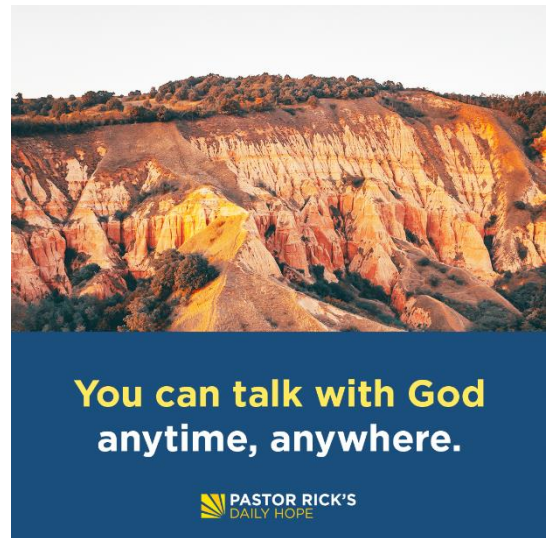
Ephesians 3:12 (NIV)

When you put your trust in Jesus as your Savior, he gives you four great freedoms. The first is a clear conscience. He forgives your sin and wipes away your guilt.

The second great freedom is personal access to God. You’re his child, part of his family, and you can talk with God anytime, anywhere—24 hours a day, seven days a week.

It’s a myth that the whole world has direct access to God. It’s just not true! God gives direct access to himself only through his Son, Jesus Christ.

The Bible says, *“In [Christ] and through faith in him we may approach God with freedom and confidence”* (Ephesians 3:12 NIV).



A few times I've gone to a concert where I was given an "all-access" pass. I was able to go backstage and hang out with anyone I wanted to. Nobody could stop me!

That's the kind of freedom you get when you're in the family of God. God gives you an all-access pass to him. You don't have to get an invitation or a special introduction. You don't have to have a big idea on your mind. Because you're his child, you've got direct access to God throughout the day, every day.

Sometimes people will say, "Rick, please pray for me," as if my prayers are better than their prayers. But that's not true. They have the same personal access to God that I have. They can talk to God anytime and for any reason.

You don't need to use fancy words, close your eyes, or end every prayer with "in Jesus' name." You just keep a running prayer going throughout the day, picking up where you left off. I do that with God all the time.

What an incredible freedom it is to know that we can *“feel free to come before God’s throne . . . And we can receive mercy and grace to help us when we need it”* (Hebrews 4:16 ICB).

When you become part of God’s family, you have the freedom of a clear conscience and personal access to God. Tomorrow we’ll look at the third freedom: the power to do what is right.

Talk It Over

- Why is it important for people to have direct access to God at all times?
- What might stop you from taking advantage of your personal access to God through prayer?
- In what ways do you complicate your prayers? In what ways do you struggle with the idea that you can talk to God in every situation?

Give hope, prayer, and encouragement below. Post a comment & talk about it.



NOVEMBER

CORNUCOPIA
FAMILY
FEAST
FOOD
GOURDS
HUNTING
INDIANS
MALZE

MEAL
PIE
PILGRIMS
POTATOES
SCARECROW
SHARING
THANKSGIVING
TURKEY

P T H S D R U O G F O O D A L
A I N D I A N S I G A S K N A
I V E I N G T U H R K M E Y E
P I L G R I M S R A A H I S M
O N H I S C A R E C R O W L P
C A U T E O I S P I L I T O Y
U A N M L A Z F E A S T N R G
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O T N D C R N U C O F G N I T
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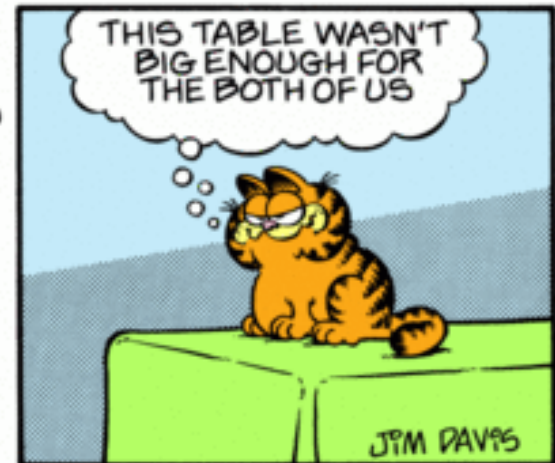
REMEMBRANCE DAY

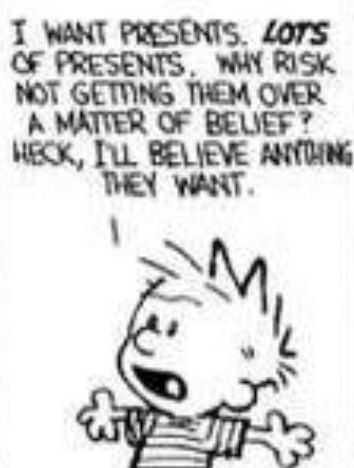



WORD SEARCH

R F W N P P P O P P Y
H R A O L O W F L A G
E E R V D P O D Y E S
R E M E M B R A N C E
O D R M R E L Y E V R
E O S B P C D F L A V
S M P E A C E C L G E
B A C R S Y M B O L R

NOVEMBER REMEMBRANCE PEACE WORLD DAY SYMBOL
POPPY FLAG WAR FREEDOM SERVE







A Gentle Reminder to Families: if you have any questions regarding your loved one's Medications or Care Plans, Please call the office to arrange an appointment with The Nurse. Thank You!

Please remove all muddy Outdoor footwear , For the safety of our residents thank you very much.



**DRAW BOX IS LOCATED ON THE SIDE BOARD
CUPBOARD ACROSS FROM THE PUBLIC WASHROOM**

Clip out your entry form to win. Place your name in the draw.

Entry Form

Residents Name

November 2022 Draw Entry Form

Open to Residents of Cypress House only.

box to win our monthly prize.

***Please join us to enter your name
into our monthly snack basket
draw***



***Draw Box is on the located main
floor across from office.***