|  | **November 2022** | | | | |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
| \*\*This schedule is subject to change |  | 1 **Get Crackin’ H2**  **Individual Exercises**  **1:30**  **Baking H3**  [This Photo](http://cherishedhandmadetreasures.blogspot.com/2011/06/commom-substitutions.html) by Unknown Author is licensed under [CC BY-SA-NC](https://creativecommons.org/licenses/by-nc-sa/3.0/) | 2 **Get Crackin’ H3**  **Individual Exercises**  **10:30 Sit n’ Be Fit**  **1:30 Wine Makin’** | 3 **Get Crackin’ H4**  **Individual Exercises**  **10:00 Catholic Mass**  **{communion}**  **1:30**  **Dominoes H4** | 4  **Individual Exercises**  **10:30 Sit n’ Be Fit**  1:30 | 5 |
| 6 | 7 Get Crackin’ H1  **Individual Exercises**  **10:30 Sit n’ Be Fit**  **1:30 Cards & Games**  [This Photo](https://freepngimg.com/png/23507-free-card-clip-art-holding-hands) by Unknown Author is licensed under [CC BY-NC](https://creativecommons.org/licenses/by-nc/3.0/) | 8 **Get Crackin’ H2**  **Individual Exercises**  **10:00 Baking H4**  **1:30**  [This Photo](https://freepngimg.com/png/10774-birthday-cake-png-clipart) by Unknown Author is licensed under [CC BY-NC](https://creativecommons.org/licenses/by-nc/3.0/)  **Birthday Party H1** | 9 **Get Crackin’ H3**  **Individual Exercises**  **10:30 Sit n’ Be Fit**  **1:30 Aven Grace**  **Musical Entertainment** | 10 **Get Crackin’ H4**  **Individual Exercises**  **10:30 Crosswords H3**  **1:30**  [This Photo](https://freepngimg.com/png/10774-birthday-cake-png-clipart) by Unknown Author is licensed under [CC BY-NC](https://creativecommons.org/licenses/by-nc/3.0/)  **Birthday**  **Party H3** | 11 **No Rec** | 12 |
| 13 | 14Get Crackin’ H1  **Individual Exercises**  **10:30 Sit n’ Be Fit**  **1:30 Yahtzee** | 15 **Get Crackin’ H2**  **Individual Exercises**  **1:30**  [This Photo](https://freepngimg.com/png/23507-free-card-clip-art-holding-hands) by Unknown Author is licensed under [CC BY-NC](https://creativecommons.org/licenses/by-nc/3.0/)  **Cards**  **& Games** | 16 **Get Crackin’ H3**  **Individual Exercises**  **10:30 Sit n’ Be Fit**  [This Photo](https://www.coffeeaddictedwriter.com/2016/07/find-out-best-smart-dns-for-you.html) by Unknown Author is licensed under [CC BY-SA-NC](https://creativecommons.org/licenses/by-nc-sa/3.0/)  **2:00 The Old Timers** | 17 **Get Crackin’ H4**  **Individual Exercises**  **10:30 Crosswords H3**  [This Photo](http://fearoftheblackwolf.deviantart.com/art/Can-of-New-Coke-583998513) by Unknown Author is licensed under [CC BY-SA](https://creativecommons.org/licenses/by-sa/3.0/)  1:30  **Canteen** | 18  **Individual Exercises**  **10:30 Sit n’ Be Fit**  **1:30** | 19 |
| 20 | 21Get Crackin’ H1  **Individual Exercises**  **10:30 Sit n’ Be Fit**  **1:00 Deck the Halls** | 22 **Get Crackin’ H2**  **Individual Exercises**  **10:00 Baking H2**  **1:00 Gospel Hour @ Alliance Church** | 23 **Get Crackin’ H3**  **Individual Exercises**  **10:30 Sit n’ Be Fit**  **1:30**  **Wine Makin’** | 24 **Get Crackin’ H4**  **Individual Exercises**  **10:30 Crosswords H3**  **1:00 Deck**  **the Halls** | 25  **Individual Exercises**  **10:30 Sit n’ Be Fit**  **1:30** | 26 |
| 27 | 28Get Crackin’ H1  **Individual Exercises**  **10:30 Sit n’ Be Fit**  11:00 Wellness H1  12:30 Wellness H2  1:30 Deck the Halls  [This Photo](http://www.dailyclipart.net/clipart/category/christmas-clip-art/page/5/) by Unknown Author is licensed under [CC BY-ND](https://creativecommons.org/licenses/by-nd/3.0/) | 29 **Get Crackin’ H2**  **Individual Exercises**  11:00 Wellness H3  12:30 Wellness H4  1:30 Table  **Center Pieces** | 30 **Get Crackin’ H3**  **Individual Exercises**  **10:30 Sit n’ Be Fit**  **1:30 Wine Makin’** | Grace Drury Nov. 6th. 1925  Hazel Illingworth Nov.7th.1938  Bernadine Nash Nov. 24th. 1927 | | |