



August 2022

HAPPY BIRTHDAY TO...



August 7 – Lorraine Oxelgren

August 8 – Don May

August 21 – Inge Scholz

August 26 – Jean Michel

We will be celebrating our resident birthdays on Wednesday, August 31 at 3:00pm!



Canteen Cart

We have a mobile canteen that comes to your room every Monday (except holidays) at 1:00! Items on the cart are \$1.00 each and we accept Hill Top Manor Dollars or cash!



Saskatchewan Day is a civic holiday that falls on the first Monday in August. It came into effect in March 1975 and it is a day that's not meant to have any specific celebrations, instead it's a time for people to get together to appreciate the beautiful lands of Saskatchewan and each other.

Fun Facts about Saskatchewan!

- The name 'Saskatchewan' is derived from 'Kisiskatchewanisipi', The Cree name for Saskatchewan River, which translates to "big, swift-flowing river".
- Our population is currently at around 1,200,000 people (2 people per square km).
- Saskatchewan officially became a province on September 1, 1905.
- The highest point in the province is Cypress Hills, standing at 4,567 ft high.
- Saskatchewan is the sunniest province in Canada!
- We are also among the most tornado-active provinces, averaging about 12 to 18 tornadoes per year. The deadliest tornado in Canada occurred in Regina in 1912.
- The largest documented hailstone in Canada fell in Cedoux, SK in 1973. It was the size of a grapefruit and weighed almost 300 grams.
- The largest T-Rex ever discovered in the world was found near Eastend in 1991. 67 million-year-old "Scotty" is 13 m long and weighs over 8 tons. It is currently on display at the Royal Saskatchewan Museum in Regina.
- There are more roads in Saskatchewan than in any other province in Canada.

Cinnamon Buns

We spent a beautiful summer afternoon baking cinnamon buns! The ladies had a nice visit while the buns baked, and it smelled delicious in here! They were ready just in time for coffee, so we shared them with everyone in the family room!



Collect Hill Top Manor Buck's!

Hill Top Manor Buck's can be earned through participating in various activities on our calendar, and they can be redeemed at both the canteen cart and at the hair salon!

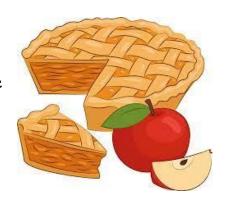


"August is like the Sunday of Summer"

National Homemade Pie Day - August 1

Did you know ...?

Ancient Egyptians are thought to have been the first to make pies from a pastry of oats or wheat around a honey filling. The Pilgrim Fathers and early settlers brought their pie recipes with them to America, adapting to the ingredients and techniques available to them in the New World. Their first pies were based on berries and fruits made known to



them by Native Americans. Pumpkin pie was first introduced to the holiday table at the Pilgrim's second Thanksgiving in 1623.

According to a survey by the American Pie Council: One out of five (19%) of people prefer apple pie, followed by pumpkin (13%), pecan (12%), banana cream (10%) and cherry (9%). How do you rank (in order) your favorite pies?

Other National Days in August 2022...

- * August is National Postcard Month
- * August 2 Ice Cream Sandwich Day
- * August 3 National Watermelon Day
- * August 4 National Chocolate Chip Cookie Day
- * August 7 National Sisters' Day
- * August 11 National Son's and Daughter's Day
- * August 13 International Left-Hander's Day
- * August 26 National Women's Equality Day
- * August 28 National Red Wine Day

August Heat

In August, when the days are hot, I like to find a shady spot
And hardly move a single bit
And sit and sit



Keep In Touch With Your Loved Ones!

We have a **PRIVATE** Facebook page.

This page is for the family members of our residents. To gain access on Facebook, go to **Hill Top Manor Weyburn** and request to join the group. Once approved, you will have access to information and pictures showing your loved ones in their daily activities. We hope to see you there soon!





Family members are welcome to share your photos to the group! You may also share them by emailing them to <u>activities.htm@sasktel.net</u>

Weyburn Public Library Outreach Program



The Public Library visits us on the 3rd Thursday of each month, between 2:15 – 3:00pm to drop books off and pick up books that are ready to be returned. To take part in the Outreach Program, all you need is a library card, then you can fill out a form with the types of books you enjoy reading and the library will bring them here for you!

*Outreach forms are available in the Activities Department in House 3.

We also have books, games and puzzles available to you in the sunroom at each house! If you need help finding these, just ask any staff member and we would be happy to show you!



Let's Talk About... The Weather!!!

According to folklore, there are unusual ways to predict the weather;

- Evening red and morning gray are sure signs of a fine day.
- Evening gray and morning red, put on your hat or you'll wet your head.
- Pigs gather leaves and straw before a storm.
- Flowers close up before a storm.
- Wolves always howl louder before a storm.
- When small clouds join and thicken, expect rain.
- Dandelion blossoms close before a storm.
- Birds on a telephone wire indicate the coming of rain.
- When spiders weave their webs by noon, fine weather is coming soon.
- If wasps build their nests high, the winter will be long and harsh.
- A severe summer denotes a windy autumn.
- A windy winter denotes a rainy spring.
- A warm Christmas means a cold Easter.
- If a rooster crows at night, there will be rain by morning.
- If a dog starts to whine for no reason, you can expect a major storm and perhaps a tornado.

Rain or shine,
Join us on Friday, August 19 at 4:00pm
for Hill Top Manor's Annual Family BBQ!
Please extend this invitation to your family members, and remind them to bring lawn chairs!



We created some beautiful artwork at a recent painting session!



We will be painting again on Friday, August 5 at 1:30 in House 3. We'll have birdhouses, jewelry boxes and flower pots ready for painting, as well as canvases. Everyone is welcome to join us!





CHERRY LACKEY

Cherry (Mann) Lackey was born on September 22, 1927 in Regina, Saskatchewan. Her parents, Marjorie and Percy Mann, immigrated from England as young adults. Her father, Corporal H.E.P. Mann, was a member of the RCMP, so Cherry's family moved often & lived in several communities in Saskatchewan, including Regina, Fort Qu'Appelle, Radville, Willow Bunch & Fillmore.

Cherry had 3 brothers and has 3 sisters. All 3 of her brothers served in the military. Her English heritage and the family history of serving in the RCMP and military are very important to Cherry. In 2006, Cherry was chosen to be the War Mother for Remembrance Day Services in Weyburn. She was honoured to represent three generations of her family for their service & sacrifice for our country.

Cherry's family moved to Fillmore where she met and married Darwin Lackey on March 14, 1947. They have farmed in the Fillmore area since that time - 75 years! Their farm is one mile west of Fillmore. They moved from the farm to Weyburn in 1968 where for many years they owned & operated Lackey Real Estate and Insurance.

Cherry and Darwin have 5 married daughters, 18 grandchildren, 43 great grandchildren, and 4 great, great grandchildren. They currently have 95 in their immediate family!

Cherry is an accomplished seamstress and has sewn her "girls" dresses for every special occasion, including their wedding dresses. She is also an avid knitter. Cherry loves music and dancing, especially with her life time dance partner, Darwin. Her favorite music is from the 1940's and '50's, as well as gospel music.

Cherry & Darwin also love to travel. They were regularly venturing off on a road trip to visit family & friends throughout Canada & the USA. Each winter for the past 40 years they travelled to their home in Cathedral City California where they spent the winter.

Until her recent move to Hill Top Manor, Cherry & Darwin have lived in their own home in Weyburn. This has been possible by the incredible care provided by their full-time Continuing Care Assistant, Linda Pander, who has lived with them for the past 5 years.

Submitted by daughter Susan Knibbs

National Sisters' Day August 7, 2022



Sisters Rita and Beatrice

Every year on the first Sunday in August, Sisters are celebrated on National Sisters' Day. We have a set of sisters here at Hill Top Manor – Rita Sidloski (nee, Nimegeers) and Beatrice Sidloski (nee, Nimegeers). Are you confused as to why these two married sisters have the same last name? That's because they married brothers, Roy Sidloski and John Sidloski! Beatrice and John moved in to Hill Top Manor a few months ago in April, and Rita followed them soon after, in May. Before living here, the Sidloski's used to come regularly to entertain us with their music, and Beatrice can still often be found playing our piano, where her music is enjoyed by all!

***** THERE'S A NEW GAME ON THE CALENDAR – HORSE RACES! *****

Come on down to the race track and try a new game! Everyone who attends will be given \$3.00 in Hill Top cash and you can use your money to bet on your horse up to 3 times. By rolling the dice, your horse will race to the end of the track and the first horse to cross the finish line will win that round and all of the cash in the pot! See you there!



SUMMER FUN

Word Search Puzzle

W A T E R P A R K V A C A T I O N F R I E N D S W S T Z G H N A I G T S A Z Q P A B Q C N P N M D C S E W O N C L E C P C R Y O Z M C F O M P W I Z J M N E F J A A P R R U M E I F M A T L I U I G M O E I T I H G A C O K X C C B S N P A S D N D N D D A S D N D S M B K E H S M B O G W V F I I P X D R T R A I X E O O O U E R R O C O O K O U T C N E R A R P T L F U W S S C V Q L H G S A S D F O L E M O N A D E E T A B A A P E M N N W O I F A I R G R O U N D P X B M R R L W N F E K N B A S E B A L L X F B B B M Y P M V T D G I S W O R V



BAREFOOT BASEBALL BEACH BICYCLE CAMPING COOKOUT FAIRGROUND FIREWORKS

FLIP FLOPS
FRIENDS
FRISBEE
GAMES
ICE CREAM
LEMONADE
OUTDOORS

FISHING

PICNIC POPSICLE ROAD TRIP SPRINKLERS SUNSHINE SWIMMING VACATION WATER PARK

Pree printable courtesy of PrintitFree.net

Summer Activities Word Scramble! **NGIDGNARE WMNMGISI INGIKH IKNGIB KNICCGIINP LPGINAY SRGTAANIGZ KWGLIAN**

NSHFIGI